

# MEAL SOLUTIONS for Care Homes

Brakes Mini Vegetable Spring Rolls F 3928 1 x 90

Care home residents' needs don't always fit neatly into regular meal occasions: outings, home visits with family and medical appointments, as well as conditions like dementia, may mean residents want to eat at different times. Our meal solutions make it easy to manage these specific requirements, and ease pressure on chefs and kitchen staff when time and skills are limited.

- A complete range of prepared meals to save time, labour and cost
- Individual portions are ideal for out-of-hours service
- Ensure you always have food available for residents who have missed mealtimes due to family visits, hospital appointments, etc.
- Larger gastro-tray formats provide simple solution to staff shortages, chef absence and low skill levels

## Bestsellers

Our biggest-selling lines in care homes around the country – market-leading choice, availability and competitive pricing without compromising on quality, consistency or value.

- Brakes 3" Fully-Baked Yorkshire Puddings F 3090 1 x 60
- Brakes Baked Scottish Scotch Pies F 3590 36 x 147g
- Purée Meal Selection Pack F 30528 12 x 350g
- Brakes Puff Pastry Sheets 56x36cm F 4303 1 x 16
- Brakes Steak & Kidney Pudding F 3616 24 x 190g
- Brakes D Shaped Cheese & Onion Pasties F 3626 36 x 127g
- Brakes Sausage Rolls 3" F 3627 48 x 51g
- Brakes Nut Roast F 4294 12 x 120g
- Brakes Puff Pastry F 4308 4 x 1.5kg
- Brakes Creamy Vegetable Kiev's F 4060 12 x 125g
- Brakes Mini Vegetable Spring Rolls F 3928 1 x 90
- Brakes Vegetable & Cheese Country Bakes F 3720 20 x 110g

## Product Highlights

A selection of products from our range that are particularly suitable for care homes, helping you meet residents' needs and your practical, commercial and budgetary requirements.



**Brakes Vegetable Lasagne Verdi F 1246**  
2 x 1.75kg

Layers of green pasta filled with a vegetable and tomato sauce topped with cheese sauce and grated mozzarella, in ready-to-heat foil trays. Time-saving multi-portion meal that can be cooked by anyone; ideal if the chef is on holiday.



**Brakes Chicken Korma F 34359 12 x 300g**

Individual portions of marinated chicken breast pieces in a creamy coconut and yogurt sauce with spices.



**Brakes Broccoli & Cheese Bake F 32726**  
12 x 400g

Individual portions of broccoli florets with a rich cheese sauce topped with sauté potatoes and cheese. Ideal if a resident has missed a mealtime or wants to eat outside normal service.



**Purée Meal Selection Pack F 30528 12 x 350g**

One meal each of chicken casserole, lamb with gravy, lentil and pasta bolognese, bean and vegetable casserole, macaroni cheese, tuna with white sauce, fish in parsley sauce, fish in cheese sauce, minted lamb with gravy, beef and mustard with gravy, beef and basil in gravy, and lemon chicken in gravy. Reheat from frozen. Fully prepared individual meal offering consistent portion sizing, reduced waste, simple reheating... and loads of saved time!

## Supplier Stories

### Pin-It Pastry Ltd

Established in 1972, Pin-it Pastry is a well-known and respected brand supplying a wide range of high-quality frozen, ready-to-bake pastry products for Brakes own brand. The company's site at Bridgend in South Wales is a Higher BRC EFSIS A-grade approved site, and also holds both Roundtable on Sustainable Palm Oil (RSPO) certification and SEDEX membership.