

# FAMILIAR FAVOURITES – MENU PLANNER

## WEEK ONE

Monday	Tuesday	Wednesday	Thursday	Friday
<b>HOMEMADE</b>				
Toad in the Hole, Creamy Mash & Caramelised Onion Gravy	Spaghetti Bolognese, Grated Parmesan, Garlic Flatbread	Rustic Steak & Ale Pie, Parmentier Potatoes, Fresh Market Vegetables	Mexican Chilli, Homemade Salsa, Steamed Rice, Homemade Nachos	Homemade Rosti Topped Fish Pie
<b>SIMPLER OPTIONS</b>				
Toad in the Hole, Mash & Gravy	Spaghetti Bolognese & Garlic Bread	Steak Pie, Mini Roast Potatoes & Veg	Beef Chilli, Rice, Nachos & Salsa	Fish Pie, Peas & Carrots
<b>HOMEMADE PLANT-BASED</b>				
Mushroom in the Hole, Creamy Mash & Caramelised Onion Gravy	Lentil Spaghetti Bolognese, Grated Parmesan, Garlic Flatbread	Vegetable Pot Pie, Parmentier Potatoes, Fresh Market Vegetables	Mexican Lentil Chilli, Homemade Salsa, Steamed Rice, Homemade Nachos (Ve)	Hand Battered Banana Blossom, Fresh Chips & Homemade Tartare Sauce (Ve)
<b>SIMPLER OPTIONS – PLANT-BASED</b>				
Toad in the Hole, Mash & Gravy	Quorn Spaghetti Bolognese & Garlic Bread	Cheese & Onion Slice Mini Roast Potatoes & Veg	Three Bean Chilli, Rice & Nachos	Fishless Fingers, Chips & Tartare Sauce (Ve)

## WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
<b>HOMEMADE</b>				
Homemade Pork & Apple Meatballs, Creamy Mash & Apple Gravy	Cauliflower Cheese Lasagne, Garlic Flatbread (Ve)	Cumberland Pie Topped with Cheddar Mash	Homemade Piri Piri Chicken & Pineapple Glaze, Grilled Corn & Paprika Rice	Hand Battered Cod, Fresh Chips & Homemade Tartare Sauce
<b>SIMPLER OPTIONS</b>				
Pork Meatballs, Creamy Mash & Gravy	Vegetable Lasagne & Garlic Bread	Cottage Pie & Gravy	Piri Piri Chicken Skewers & Vegetable Rice	Battered Cod, Chips & Tartare Sauce
<b>HOMEMADE PLANT-BASED</b>				
Homemade Meat Free Mince & Apple Meatballs, Creamy Mash & Apple Gravy (Ve)	Cauliflower Cheese Lasagne, Garlic Flatbread (Ve)	Lentil Cumberland Pie Topped with Cheddar Mash	Homemade Piri Piri Quorn Fillet & Pineapple Glaze, Grilled Corn & Paprika Rice (Ve)	Hand Battered Banana Blossom, Fresh Chips & Homemade Tartare Sauce (Ve)
<b>PLANT-BASED SIMPLER OPTIONS</b>				
Meatballs, Creamy Mash & Apple Gravy	Vegetable Lasagne & Garlic Bread	Cottage Pie & Gravy (Ve)	Piri Piri Vegetable Skewers & Vegetable Rice (Ve)	Fishless Fingers, Chips & Tartare Sauce (Ve)