

THIS WEEK'S MENU

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

BREAKFAST

Continental Breakfast, Porridge, Cereals, Toast with Preserves, Fresh Fruit, Fruit Juice. Cooked Breakfast available upon request.

LUNCH SERVICE

<p>Chicken in a Mushroom & Leek Sauce ... OR ... Home Choice ... OR ... Tomato & Basil Penne Pasta ... SERVED WITH ... Mashed Potatoes Sauté Courgettes Sweet Corn</p> <p>Peach Crumble served with Custard</p>	<p>Fisherman's Pie ... OR ... Home Choice ... OR ... Mushroom Stroganoff with Rice ... SERVED WITH ... Broccoli Glazed Carrots</p> <p>Fruit Cheesecake & Cream</p>	<p>Roast Topside of Beef with Yorkshire Pudding ... OR ... Home Choice ... OR ... Salmon & Broccoli Quiche ... SERVED WITH ... Roasted Potatoes Sliced Green Beans Cauliflower Florets</p> <p>Lemon Sponge & Custard</p>	<p>Sausage Casserole with Sage Dumplings ... OR ... Home Choice ... OR ... Colcannon Jackets ... SERVED WITH ... Mashed Potatoes Garden Peas Baton Carrots</p> <p>Creamy Rice Pudding</p>	<p>Deep Fried Breaded Haddock ... OR ... Home Choice ... OR ... Roasted Vegetable Tart ... SERVED WITH ... Chips Peas Grilled Tomatoes</p> <p>Apple Pie served with Custard</p>	<p>Traditional Shepherd's Pie ... OR ... Brunch ... OR ... Leek & Potato Gratin ... SERVED WITH ... Mashed Swede Broad Beans</p> <p>Sultana Sponge & Custard</p>	<p>Roast Loin of Pork with Homemade Apple Sauce ... OR ... Home Choice ... OR ... Braised Vegetarian Sausages ... SERVED WITH ... Roasted Potatoes Broccoli Cauliflower Florets</p> <p>Traditional English Trifle</p>
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AFTERNOON TEA

Homemade Cake	Homemade Biscuits or Cookies	Homemade Sultana Scones	Danish Pastries	Homemade Cookies	Traditional Cream Tea	Homemade Biscuits or Cookies
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EVENING MEAL

<p>Homemade Cream of Lentil Soup</p> <p>Cornish Pasty ... OR ... Baked Beans & Chips ... OR ... Assorted Sandwiches</p> <p>Peach Crumble served with Custard</p>	<p>Homemade French Onion Soup</p> <p>Macaroni Cheese with Garlic Bread ... OR ... Assorted Sandwiches</p> <p>Banana Custard</p>	<p>Homemade Mushroom Soup</p> <p>Cold Meat & Croquette Potatoes ... OR ... Assorted Sandwiches</p> <p>Strawberry Blancmange & Cream</p>	<p>Homemade Carrot and Coriander Soup</p> <p>Fish Cakes & Chips ... OR ... Assorted Sandwiches</p> <p>Layers of Black Forest</p>	<p>Oxtail Soup</p> <p>Tuna Pasta Bake with Salad ... OR ... Assorted Sandwiches</p> <p>Crème Caramel</p>	<p>Homemade Cream of Tomato Soup</p> <p>Beef Burger in a Soft Bap ... OR ... Assorted Sandwiches</p> <p>Banoffee Pie</p>	<p>Homemade Cream of Vegetable Soup</p> <p>Chicken Goujons ... OR ... Assorted Sandwiches</p> <p>Arctic Roll</p>
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THIS WEEK'S MENU

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

BREAKFAST

Continental Breakfast, Porridge, Cereals, Toast with Preserves, Fresh Fruit, Fruit Juice - Cooked Breakfast available upon request.

LUNCH SERVICE

<p>Steak & Kidney Pie ... OR ... Home Choice ... OR ... Country Vegetable Pie ... SERVED WITH ... Mashed Potatoes Carrots Sliced Beans</p> <p>Rhubarb Crumble served with Custard</p>	<p>Gammon, Egg & Chips ... OR ... Home Choice ... OR ... Vegetable Chilli with Rice ... SERVED WITH ... Plum Tomatoes Peas</p> <p>Baked Apples & Custard</p>	<p>Roast Chicken with Sage & Onion Stuffing ... OR ... Home Choice ... OR ... Cauliflower Mornay ... SERVED WITH ... Roasted Potatoes Savoy Cabbage Carrots</p> <p>Orange Sponge served with Chocolate Sauce</p>	<p>Pork Casserole ... OR ... Home Choice ... OR ... Tomato & Onion Quiche ... SERVED WITH ... Mashed Potatoes Baton Carrots Broad Beans</p> <p>Creamy Tapioca topped with Jam</p>	<p>Deep Fried Battered Cod ... OR ... Home Choice ... OR ... Veg Lasagne ... SERVED WITH ... Chips Garden Peas Grilled Tomatoes</p> <p>Cherry Tart served with Custard</p>	<p>Light Puff Pastry Minced Beef and Onion Pie ... OR ... Brunch ... OR ... Vegetable Goulash ... SERVED WITH ... Mashed Potatoes Carrots Cut Green Beans</p> <p>Bread & Butter Pudding served with Cream</p>	<p>Roast Leg of Lamb with Mint Sauce ... OR ... Home Choice ... OR ... Nut Roast ... SERVED WITH ... Roasted Potatoes Broccoli Cauliflower</p> <p>Apple & Blackberry Pie and Custard</p>
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AFTERNOON TEA

Homemade Muffins	Homemade Biscuits or Cookies	Homemade Scones	Homemade Cake	Homemade Biscuits	Homemade Cake	Homemade Biscuits or Cookies
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EVENING MEAL

<p>Homemade Cream of Mushroom Soup</p> <hr/> <p>Hot Dog & Onions ... OR ... Assorted Sandwiches</p> <p>Creamy Rice Pudding</p>	<p>Homemade Minestrone Soup</p> <hr/> <p>Cheese Pasty & Salad ... OR ... Assorted Sandwiches</p> <p>Chocolate Brownie with Toffee Sauce & Ice Cream</p>	<p>Homemade Spiced Parsnip Soup</p> <hr/> <p>Fish Fingers & Chips ... OR ... Assorted Sandwiches</p> <p>Lemon Meringue Pie</p>	<p>Homemade Chicken Soup</p> <hr/> <p>Corned Beef Hash & Salad ... OR ... Assorted Sandwiches</p> <p>Stewed Prunes & Custard</p>	<p>Homemade Leek & Potato Soup</p> <hr/> <p>Sausages & Beans ... OR ... Assorted Sandwiches</p> <p>Peaches & Cream</p>	<p>Homemade Tomato and Basil Soup</p> <hr/> <p>Bubble & Squeak ... OR ... Assorted Sandwiches</p> <p>Chocolate Mousse with Grated Chocolate</p>	<p>Homemade Cream of Vegetable Soup</p> <hr/> <p>Sardine Pâté ... OR ... Assorted Sandwiches</p> <p>Fruit Flan & Cream</p>
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THIS WEEK'S MENU

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

BREAKFAST

Continental Breakfast, Porridge, Cereals, Toast with Preserves, Fresh Fruit, Fruit Juice. Cooked Breakfast available upon request.

LUNCH SERVICE

<p>Liver & Bacon in a Red Onion Gravy ... OR ... Home Choice ... OR ... Quorn Cottage Pie ... SERVED WITH ... Mashed Potatoes Buttered Carrots Green Beans</p> <p>Black Cherry Pie served with Custard</p>	<p>Rich Beef & Vegetable Stew ... OR ... Home Choice ... OR ... Peppers stuffed with Savoury Rice ... SERVED WITH ... Mashed Potatoes Medley of Mixed Fresh Vegetables</p> <p>Lemon Sponge & Custard</p>	<p>Roast Loin of Pork with Homemade Apple Sauce ... OR ... Home Choice ... OR ... Vegetable Crumble ... SERVED WITH ... Roast Potatoes Sliced Carrots Broccoli Florets</p> <p>Sultana Sponge served with Custard</p>	<p>Shepherd's Pie & Gravy ... OR ... Home Choice ... OR ... Vegetable Curry & Rice ... SERVED WITH ... Sweet Corn & Peas</p> <p>Creamy Rice Pudding</p>	<p>Deep Fried Breaded Haddock Fillet ... OR ... Home Choice ... OR ... Cheese & Spinach Quiche ... SERVED WITH ... Chips Baked Beans Mushy Peas</p> <p>Pineapple Upside Down Cake served with Cream</p>	<p>Toad in the Hole with Onion Gravy ... OR ... Brunch ... OR ... Vegetable Gratin ... SERVED WITH ... Mashed Potatoes Peas Diced Swede</p> <p>Apple & Blackberry Crumble with Custard</p>	<p>Roast Topside of Beef with Yorkshire Puddings ... OR ... Home Choice ... OR ... Braised Vegetable Burger ... SERVED WITH ... Roasted Potatoes Carrots Roasted Parsnips</p> <p>Treacle Tart with Custard</p>
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AFTERNOON TEA

Homemade Cake	Homemade Cookies	Homemade Cake	Homemade Scones	Danish Pastries	Traditional Cream Tea	Homemade Cake
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EVENING MEAL

<p>Oxtail Soup</p> <hr/> <p>Fish Cakes with Chips ... OR ... Assorted Sandwiches</p> <p>Semolina with Jam</p>	<p>Homemade Chicken Soup</p> <hr/> <p>Cornish Pasty with Baked Beans ... OR ... Assorted Sandwiches</p> <p>Pears with Chocolate sauce</p>	<p>Homemade Mushroom Soup</p> <hr/> <p>Sardines on Toast ... OR ... Assorted Sandwiches</p> <p>Strawberry Gateaux</p>	<p>Homemade Carrot & Coriander Soup</p> <hr/> <p>Sausage Roll & Spaghetti Hoops ... OR ... Assorted Sandwiches</p> <p>Winter Berry Pavlova</p>	<p>Homemade Lentil Soup</p> <hr/> <p>Tomato & Basil Pasta ... OR ... Assorted Sandwiches</p> <p>Bakewell Tart with Custard</p>	<p>Homemade Cream of Tomato Soup</p> <hr/> <p>Baked Potato topped with Coronation Chicken ... OR ... Assorted Sandwiches</p> <p>Sliced Peaches with Cream</p>	<p>Homemade Cream of Vegetable Soup</p> <hr/> <p>Scrambled Egg on Toast ... OR ... Assorted Sandwiches</p> <p>Traditional Fruit Trifle</p>
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THIS WEEK'S MENU

WEEK 4

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

BREAKFAST

Continental Breakfast, Porridge, Cereals, Toast with Preserves, Fresh Fruit, Fruit Juice - Cooked Breakfast available upon request.

LUNCH SERVICE

<p>Chicken and Ham Pie ... OR ... Home Choice ... OR ... Quorn Mince Chilli & Rice ... SERVED WITH ... Mashed Potatoes Peas & Carrots</p>	<p>Poached Fillet of Fish with a Cheese Sauce ... OR ... Home Choice ... OR ... Mushroom Quiche & Salad ... SERVED WITH ... New Potatoes Ratatouille</p>	<p>Roast Gammon with Parsley Sauce ... OR ... Home Choice ... OR ... Vegetable Stir Fry with Noodles ... SERVED WITH ... Mashed Potatoes Cabbage Carrots</p>	<p>Traditional Cottage Pie ... OR ... Home Choice ... OR ... Broccoli & Cheese Mornay ... SERVED WITH ... Sliced Green Beans Carrots Swede Mash</p>	<p>Deep Fried Battered Cod ... OR ... Home Choice ... OR ... Pasta Bolognaise ... SERVED WITH ... Chips Baked Beans Peas</p>	<p>Lamb Hot Pot ... OR ... Home Choice ... OR ... Vegetarian Sausages ... SERVED WITH ... Mashed Potatoes Glazed Carrots Sweet Corn</p>	<p>Roast Turkey & Stuffing ... OR ... Home Choice ... OR ... Braised Vegetarian Sausages ... SERVED WITH ... Roasted Potatoes Broccoli Honey Roast Parsnips</p>
Gooseberry Crumble with Custard	Sweet Cherry Pie with Cream	Chocolate Sponge & Custard	Creamy Semolina topped with Jam	Banana & Apricot Crumble with Custard	Apple Pie served with Custard	Fruits of the Forest Trifle

AFTERNOON TEA

Homemade Muffins	Homemade Cookies	Homemade Cake	Homemade Cookies	Homemade Cake	Homemade Cake	Homemade Scones
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EVENING MEAL

<p>Homemade Minestrone Soup</p> <hr/> <p>Beans on Toast ... OR ... Assorted Sandwiches</p>	<p>Homemade Minted Pea Soup</p> <hr/> <p>Corned Beef Hash ... OR ... Assorted Sandwiches</p>	<p>Homemade Leek & Potato Soup</p> <hr/> <p>Fish Fingers & Chips ... OR ... Assorted Sandwiches</p>	<p>Homemade Chicken Soup</p> <hr/> <p>Spanish Omelette ... OR ... Assorted Sandwiches</p>	<p>Homemade Mushroom Soup</p> <hr/> <p>Sliced Ham and Chips ... OR ... Assorted Sandwiches</p>	<p>Homemade Cream of Tomato & Basil Soup</p> <hr/> <p>Hot Dogs with Fried Onions ... OR ... Assorted Sandwiches</p>	<p>Homemade Cream of Vegetable Soup</p> <hr/> <p>Smoked Mackerel, Pea & Pesto Jackets ... OR ... Assorted Sandwiches</p>
Eves Pudding with Custard	Rice Pudding topped with Golden Syrup	Strawberry Gateaux	Pears with Chocolate Sauce	Glazed Fruit Flan with Cream	Chocolate Mousse with Whipped Cream	Peaches & Cream