The number of residents requiring vegetarian and vegan options is likely to increase in the coming years as people from the 'baby boomer' generation start to enter care homes; residents may also be influenced by their children and grandchildren's tastes and attitudes. Our range makes it easy to provide nutritious, enjoyable vegan and vegetarian food, whatever your kitchen facilities and skill levels.

brakes

Sysco company

Quorn Mince Chilli Please refer to Virtual Chef for recipe

→ A complete range of vegetable-based and vegetable protein-based products, as well as 'naturally' meat free items. Vegetable proteinbased products are created to replicate the taste and texture of meat for vegetarian and vegan residents seeking this experience

- On ME

- Wide choice of products from leading brands to suit your kitchen skill levels and price point
- Brakes own brand offer cost-effective alternatives, without compromising on quality, consistency, technical assurance or taste
- Helps you keep up with changes in residents' lifestyle preferences, as well as dietary requirements

Bestsellers

Our biggest-selling lines in care homes around the country – market-leading choice, availability and competitive pricing without compromising on quality, consistency or value.

- 🔶 🛛 Quorn Sausage F 34199 40 x 50g 📎
- → Quorn Mince F 30825 1 x 1kg ♥
- → Quorn Pieces F 4034 1 x 1kg ♥
- → Brakes Nut Roast F 4294 12 x 120g V

- 🔶 Linda McCartney VegeBalls F 32323 1 x 1.5kg 🛇 🕸
- → Quorn Sausage Patties F 112484 1 x 2kg I
- → Brakes Creamy Vegetable Kievs F 4060 12 x 125g V
- → Brakes Vegetable Sausages F 305791x 30 𝔇 𝔅
- 🔶 🛛 Linda McCartney VegeMince® F 4045 1 x 1kg 🛇 🕸
- → Brakes Glamorgan Sausages F 31203 1 x 30 V
- ≽ Linda McCartney Vegetarian Sausage F 46<u>1386 40 x 50g 🛇 🕸</u>
- Brakes Crispy Crumbed Vegetable Burger F 30507 30 x 57g V 2



Product Highlights

A selection of products from our range that are particularly suitable for care homes, helping you meet residents' needs and your practical, commercial and budgetary requirements.



Brakes Glamorgan Sausage F 31203 30 x 57g Leek, cauliflower, potato, Caerphilly & Welsh mature Cheddar cheese formed into a sausage, coated in breadcrumbs; ready to oven bake or deep fry from frozen. Cost-effective, ideal for breakfast or as a main meal centre-of-plate item.



Brakes Falafel & Spinach Burgers F 34053 24 x 113g 🔊 🕸

A blend of chickpea and leaf spinach, flavoured with cumin, coriander, lemon, garlic, chilli and formed into a sizeable gluten-free burger. Suitable for oven cooking from frozen.



The Meatless Farm Company Meat Free Mince F 129634 1 x 1kg 🕲 🕲

Made with soya, pea and rice proteins. A versatile and delicious meat free alternative to mince.



Quorn Vegan Fishless Fingers F 123480 80 × 20g 🛯 🕸

Nostalgic dish, small portion sizes; a versatile product that's great for lunches and snacks.

Supplier Stories

Linda McCartney

Linda McCartney has been supplying Brakes for over 20 years. Founder Linda McCartney believed in great-tasting, honest, meat free food: those involved in the brand today, including McCartney family members, are dedicated to sharing Linda's passion. The brand also takes social responsibility seriously: already 96.4% plastic free, they're committed to being 100% plastic free by 2021; the company has been a RSPO member since 2011 and uses only palm oil that supports certified plantations.

Quorn

Quorn has also been supplying Brakes for over 20 years. Their mission is to produce healthy protein for a healthy planet, recognising that the growing global population needs a sustainable diet that is also healthy. Quorn is the first global meatalternative brand to achieve third party certification of its carbon footprint figures, with over 50% of products achieving the Carbon Trust Footprint.