

PRODUCE *for* Care Homes

Fruit and vegetables are essential to providing varied, healthy food for your residents. Our vast range of produce includes fresh lines that make it easy to follow the seasons, and frozen options to help you save time, waste and cost without compromising on flavour or nutritional value.

- An unrivalled range of fresh produce, available to Brakes customers in partnership with Fresh Direct, the UK's No. 1 greengrocer
- Prepared produce can save time, wastage and money over buying and prepping from scratch

Bestsellers

Further recommended products for care homes – market-leading choice, availability and competitive pricing without compromising on quality, consistency or value.

- Baking Potatoes C 10329 1 x 80
- Cucumbers C 124550 1 x 6
- Tomatoes MM C 450672 1 x 1.5kg
- Bananas C 10354 1 x 1.5kg
- Brakes Vegetable Stewpack F 4791 1 x 1.5kg
- Brakes Garden Peas F 4599 1 x 2.5kg
- Lockwoods Mushy Peas F 32907 1 x 1kg
- Brakes Fruits of The Forest Mix F 4111 1 x 1kg
- Brakes Sliced Carrots F 33453 1 x 2.5kg
- Brakes Potato Croquettes F 3919 1 x 2.5kg
- Salad Mix C 20063 1 x 500g
- Lemons C 114218 1 x 5 Pack

Product Highlights

A selection of products from our fresh and frozen range that are particularly suitable for care homes, helping you meet residents' needs and your practical, commercial and budgetary requirements.



Carrots C 10466 1 x 12.5kg

LEAF accredited. Class 2 product with some variation in size and shape, offering cost saving compared to Class 1. Large bag suitable for high-volume users.



KM Diced Swede F 106615 1 x 10kg

Reduced prep time and waste, ideal for lower-skilled staff; can work out more cost-effective than buying and prepping whole vegetable.

Also in 1kg (F 3358) and 2.5kg (F 4777) pack sizes.



Fresh Fruit Salad C 70932 1 x 2.5kg

Orange segments, green apple wedges, diced pineapple and honeydew melon. Familiar flavours, cost-effective; sugar syrup boosts

energy intake. Delivered chilled. Large, resealable tub keeps contents fresh and allows easy handling and precise portioning.



Brakes Mashed Potato F 3945 1 x 2.5kg

Pieces of lightly seasoned mashed potato, formed into 10g pellets to cook as required from frozen and offering easy portion control.

Microwavable; easy to fortify using Brakes Milk Powder (A 6462) or Millac Gold Double (C 120586) that has added vitamin D to help with the absorption of calcium; or use crumbled Cheddar (C 112827) to add flavour and calories.



Brakes Basic Grade Thick Cut Chips 9/16 F 33348 4 x 2.27kg

Great value everyday chips, made from washed and peeled whole potatoes. Can be stored in the fridge for up

to 5 days, saving valuable freezer space. Pre-fried in sunflower oil rather than palm oil, which is linked with serious environmental threats. Medium-cut (F 33351) also available.



Brakes Basic Grade Roasting Potatoes F 4625 1 x 2.5kg

Peeled half-cut potatoes, pre-fried and ready to roast from frozen, saving time and labour - perfect for your

all-important Sunday roast.

Supplier Stories

Fresh Direct

Fresh Direct has been delivering fresh produce to foodservice business of all kinds, from independent cafés, pubs and care homes to high-street chains, hotel groups and Michelin-starred restaurants, for over 50 years. Teams of expert buyers in the UK, France, Spain and Poland buy direct from leading growers in Europe and worldwide, ensuring a consistent supply of high-quality produce all year round. All suppliers are pre-approved by Brakes auditors, and all produce is fully traceable through our entire supply chain.

As a Brakes customer, you can order from Fresh Direct via your Brakes account – one order, one invoice, one delivery. All Fresh Direct orders placed through Brakes are backed by our no-quibble money-back guarantee: if you're unhappy with your fresh produce, for whatever reason, we'll refund you, no questions asked.