

EDUCATION

Helping you deliver healthy, nutritious meals that enhance students' energy levels, concentration, behaviour and learning



PRIMARY SCHOOLS - SECONDARY SCHOOLS - ALLERGEN CATERING
SCHOOL FOOD PLAN SUPPORT - MENU SUPPORT AND INNOVATION - RANGE GUIDES

**WELCOME TO OUR NEW
EDUCATION SHOWCASE,
PROVIDING GUIDANCE,
EXPERT ADVICE AND
SUPPORT SPECIFICALLY
FOR PRIMARY AND
SECONDARY SCHOOLS.**

We have over 40 years' experience of working with state and independent primary and secondary schools and academies across the country. This Showcase includes a range of technical and menu support, and features products across all categories specifically selected by our education development chefs.

SHOP OUR FULL RANGE AT BRAKE.CO.UK

You can shop our full range of over 9,000 products, view your own prices and filter according to your particular requirements at brake.co.uk



For more information or to shop our range of over 9,000 products please

**VISIT BRAKE.CO.UK
OR CALL 0344 800 4900**

EDUCATION Showcase

Whether you are a Brakes customer or not the following information and product showcases are a great introduction to all the ways in which we can help and support you, and the benefits over and above our food and drink offer.

If you'd like any more help and information on anything in this brochure please speak to your usual Sales Contact or visit brake.co.uk/our-range

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ICON KEY



Vegetarian



Gluten-Free



Compostable



Vegan



Recyclable



FSC certified

TERMS & CONDITIONS

STANDARD TERMS & CONDITIONS Brakes standard terms & conditions of sale apply as shown at brake.co.uk/policies/terms-and-conditions. We reserve the right to substitute products subject to availability. The product names and descriptions within this publication are not intended to constitute the full legal description of the product. For full details please refer to the product packaging or alternatively please contact Customer Care on 0344 800 4900 (Option 2). All products are shown as serving suggestions.

NOBODY IS DOING MORE TO HELP YOU

SAVE MONEY. MAXIMISE MARGIN. MANAGE YOUR BUDGET.

As a Brakes customer, you'll benefit from our market-leading range, value and service, plus the massive investment, resources and buying power we have as part of Sysco, the world's leading foodservice company.

PROMOTIONS & OFFERS



GREAT VALUE EVERY DAY

- Regular price reductions and promotions across all categories
- Core and essential lines regularly price-tracked to ensure competitive pricing
- Trade discounts that increase in line with your spend
- Long-term price holds in line with the seasons to stabilise costs and help you plan
- MyBrakes Rewards gives access to personalised offers you can redeem for cashback, Brakes credit, gifts and much more



THE WIDEST RANGE IN UK FOODSERVICE, CONSISTENTLY AVAILABLE FROM STOCK

- All your food, drink, supplies and equipment from a single, trusted source
- Strong supply chain ensuring great availability
- Wide range of over 9,000 products to suit all kitchen, storage and skill levels
- Full allergen and nutritional data on all products to help you comply with legislation including Natasha's Law, and support safe, inclusive eating

FAST, FLEXIBLE, RELIABLE SERVICE

- Nationwide network, with consistent deliveries, on the days you need*
- Order online 24/7 or by phone Monday-Saturday
- Choice of payment methods to suit you
- MyBrakes account makes it easy to view, manage and amend online and phone orders 24/7
- Automatic email at 6am on delivery days, with details of substitutions or out-of-stock items to help your menu planning



*Subject to spend. Please contact us to discuss the best service package for you.



CONFIDENCE AND ASSURANCE THAT YOU'RE WORKING WITH BRITAIN'S LEADING FOODSERVICE WHOLESALER

- Foodservice Operator of the Year 2025-2026
- National Wholesaler of the Year 2025 (Grocer Gold Awards)
- Over 25 product awards in 2025 alone
- Independent assurance of product quality, provenance and technical safety
- Helping you innovate and develop your menu for the different needs of primary and secondary pupils
- Leading the industry on reducing packaging, especially single-use plastic, supporting your own sustainability and CSR credentials

BACKED BY SYSCO, THE WORLD'S LEADING FOODSERVICE COMPANY

- £200m being invested now in depot and logistics systems to ensure more accurate order picking and more efficient deliveries
- Continuing investment in new data analytics, mobile apps, warehouse management systems and communications to improve our service

EXPERT ADVICE, GUIDANCE & SUPPORT

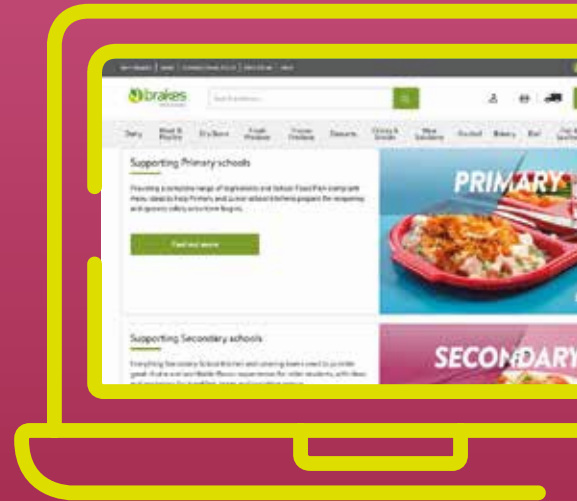
SUPPORTING THE EDUCATION SECTOR FOR OVER 40 YEARS

EXPERIENCE AND EXPERTISE YOU CAN TRUST

Through close partnerships with customers we know the importance of providing quality food to all children, to enable them to thrive at school.

Our Education team is made up of specialist development chefs, nutritionists and researchers, led by an expert customer marketing team with decades of experience working in education.

As well as general advice on allergens, nutrition and menu planning for children of all ages and stages, we offer specific guidance for primary and secondary schools.



THE UNDERSTANDING, CREDIBILITY AND REASSURANCE YOU NEED

As a supplier partner of The School Food People, we're at the heart of the educational food agenda. Working alongside LEAs, contract caterers, food manufacturers and suppliers, we support The School Food People's mission to ensure every child in the UK enjoys a tasty, hot school meal every day. And as a supplier partner of the Soil Association, we also help schools achieve Food for Life accreditation, and move from Bronze through Silver to Gold standard.

To help you meet Food For Life requirements, our technical team can check your buying lists and source appropriate products, including our own-brand items.

QUICK AND EASY ACCESS TO INFORMATION AND SUPPORT

Our online Education Hub brings together a wealth of schools-specific information and advice, including interactive 3-week menu planners for both primary and secondary schools, complete with nutritional and allergen information, plus product listings. Visit BRAKE.CO.UK/EDUCATION and download both our primary & secondary three weekly menus.

FOOD EVENTS

Our face-to-face Foodie Expos bring together the best from across the industry and Brakes, with latest innovations from your favourite brands, award-winning new food, trends, insights and menu ideas to help reduce costs, increase uptake and boost pupils' satisfaction.

OUR EDUCATION SPECIALISTS



COLIN SALMON
BRAKES DEVELOPMENT CHEF, EDUCATION

With over 30 years' experience in commercial kitchens, Colin specialises in working with secondary schools, colleges and universities to provide innovative, cost-effective food offerings that rival High Street outlets.



ZOE GILL
BRAKES DEVELOPMENT CHEF, EDUCATION

Zoe has been with Brakes for more than 20 years. Specialising in supporting primary schools with recipes, menu development and School Food Plan standards, she holds numerous qualifications in catering, food hygiene, menu planning and nutrition.



CATHY AMOS
HEAD OF CUSTOMER MARKETING, EDUCATION

Cathy has spent over 30 years in the food service industry, specialising in public sector catering. Holding British Nutrition qualifications, she works closely with the PS100 and LACA to develop our product range, and is an ambassador for Love British Food.



GEMMA WATKINS
SECTOR MARKETING MANAGER, EDUCATION

Passionate about strengthening customer relationships and championing nutritious, sustainable food solutions, Gemma plays a vital role in connecting Brakes services with the needs of education customers across the UK.



RUTH O'SULLIVAN B.Sc (HONS) RNUtr
BRAKES NUTRITIONIST

After gaining a degree in nutrition from the University of Surrey, Ruth has worked in a variety of roles providing nutritional support for the retail and the away-from-home markets. Ruth drives our nutrition strategy, provides nutritional support for customers and delivers nutrition training courses. She was voted 'Food Industry Nutritionist of the Year' in 2021 by the Nutrition Graduate network and is also the secretary of the Nutritionists in Industry group.

ALLERGEN AND FOOD SAFETY ASSURANCE

HELP YOUR SCHOOL COMMUNITY ENJOY EATING TOGETHER

ALLERGEN CATERING

Parents, carers and children are increasingly aware of, and concerned about allergens and intolerances. Our range makes it easy for you to offer alternative dishes and products, so all children can eat safely and inclusively without worry or risk.



EASY ACCESS TO PRODUCT AND ALLERGEN INFORMATION

- Ingredient and allergen information are shown on all our product labels
- You can also find ingredient and allergen data on our website. Click the 'Ingredients and allergens' drop-down box beneath the product description, then select 'Email this product' to get the information direct to your inbox

HELPING YOU COMPLY WITH NATASHA'S LAW

Natasha's Law requires schools to provide full ingredients labelling on 'pre-packed for direct sale' (PPDS) foods.

Our online Virtual Chef package gives you all the tools you need, including end-to-end recipe management, printer and labelling solutions.

FOOD SAFETY, ASSURANCE AND COMPLIANCE

Robust supply-chain monitoring by our team of 40 technical managers ensures our food is safe, consistent and meets internal and statutory technical standards

- All products fully traceable from the point of production to your kitchen
- One of the biggest ranges of independently accredited, responsibly sourced products in UK foodservice
- Brakes own-brand suppliers constantly monitored to minimise all reasonable risks during manufacture



VIRTUAL CHEF *online*



OVER 1,000 RECIPES WITH FULL ALLERGEN INFO

Bank of over 1,000 recipes, that can be selected based on specific requirements, or build your own dishes and menus from scratch.

Includes all nutrition and allergen information to help you generate in-house specs and printable labels, to comply with Natasha's Law.

PLEASE SPEAK TO YOUR BRAKES SALES CONTACT FOR MORE DETAILS.

OUR INDEPENDENT ACCREDITATIONS



FOR MORE INFORMATION, ADVICE AND DETAILED PRODUCT SPECIFICATION SHEETS, PLEASE CONTACT BRAKES CUSTOMER CARE HELPLINE ON 0345 606 9090 OR VISIT BRAKE.CO.UK



PLANT-BASED HINTS & TIPS*

Plant-based food is now a regular option on school menus for pupils of all ages. Making sure plant-based food is nutritionally balanced and remains tasty is an important consideration for school caterers. Brakes nutritionist, Ruth O'Sullivan, offers some hints and tips.



PLANT BASED MILK ALTERNATIVES

- /// Milk alternatives should be fortified with calcium (ideally calcium carbonate)
- /// Look for 120mg calcium carbonate per 100ml on the label as this amount of calcium is comparable with that of cow's milk
- /// Soya alternative to milk contains similar amounts of protein to cow's milk as soybeans contain protein. However many other plant milk alternatives do not contain much protein, so it is important to check the label. Cow's milk contains on average 3.4g protein per 100ml and soy alternatives can contain around the same
- /// Rice and oat milk alternatives are not recommended for young children
- /// Shake the carton before use as the calcium fortified in plant milk alternatives may have sunk to the bottom

CHEESE ALTERNATIVES

- /// Unlike cheese made from dairy, each cheese alternative is different, so it is important to be aware of the ingredients since they are not necessarily a like for like as far as fat, calcium, iodine, B12 and protein content are concerned
- /// Look for fortified cheese alternatives that offer similar nutrients to cheese made from dairy milk
- /// Cheese alternatives are often coconut oil-based, which is a saturated fat and does not naturally contain calcium, protein or iodine. These should be used sparingly

VITAMIN B12

- /// B12 is found in some fortified milk/ yoghurt/ cheese alternatives and some fortified breakfast cereals (check the label as not all alternatives are fortified with B12)
- /// Those following a vegetarian or vegan diet are advised to take a B12 supplement of at least 10mcg per day as it is so challenging to include enough B12 dietary sources in the diet each day

PROTEIN

- /// We need protein throughout the day to help grow and repair our muscles, and for children especially, for their bone health and development
- /// Those following a meat-free diet should include vegetarian sources of protein in their daily diet to meet their individual needs
- /// Soy-based foods such as edamame beans (soybeans), soy milk alternatives, soy yoghurt alternatives and tofu are all complete sources of protein, which means all nine essential amino acids are present, making these a good source of protein for those not eating meat
- /// Other plant sources of protein include beans, lentils, nuts, seeds, tempeh, seitan, quinoa, wholegrain rice, couscous, hummus, oats, peas, and meat alternatives such as Quorn
- /// Variety is key to ensure a wide range of amino acids are represented in a plant-based diet

“ Include plenty of beans and pulses in dishes as they are higher in certain amino acids that those following a plant-based diet often lack, while being cost effective. ”



* References available on request from ruth.osullivan@sisco.com

SCHOOL DRINKS



HYDRATION GUIDES FOR SCHOOLS

To download our Primary and Secondary School Hydration Guides, please visit BRAKE.CO.UK/EDUCATION and follow links to 'Menu Support'.



Download the Primary School guide



Download the Secondary School guide

ENHANCING EDUCATION THROUGH FOOD

ADD INTEREST TO MEALTIMES WITH NEW FLAVOURS AND CUISINE STYLES



Gemma Watkins, our Sector Marketing Manager for Education, says:

“Introducing young people to new flavours, textures, cuisines and food cultures is a hugely important part of their education, and helps them develop curiosity, confidence and healthy eating habits that will stay with them for life.”

For primary school children, repeated exposure to healthy foods encourages them to try foods and flavours that they may otherwise have not eaten. Providing varied, innovative menus with a range of flavours, colours and textures helps keep pupils interested, which in turn can boost school meal uptake.

For secondary school students, offering food with extra spice and worldwide cuisine influences offers an attractive, credible alternative to the High Street, and broadens their culinary and cultural horizons.”



“ It helps young people develop curiosity, confidence and healthy eating habits that will stay with them for life. ”

INTRODUCING TASTE AND FLAVOUR

To help you enhance your food offering, our 3-week menu cycles for primary and secondary schools include menus, recipes and product suggestions for the following:

- /// Street Food – the demand for global flavours and ready to eat food which is often ‘hand-held’ continues to grow
- /// Mexican – think hearty wraps, burritos and chilli infused with smoky flavours and rice infused with crunchy vegetables
- /// Wraps – tortillas are the perfect carrier for most hot and cold fillings. 50/50 high fibre, multigrain and gluten-free options are all available
- /// Prepared sandwiches, food pots and snacks suitable for high-footfall canteens

TO FIND OUT MORE, PLEASE VISIT BRAKE.CO.UK/EDUCATION OR SPEAK TO YOUR BRAKES SALES CONTACT

Download our Primary and Secondary 3-week menu cycles



Download the Primary School guide



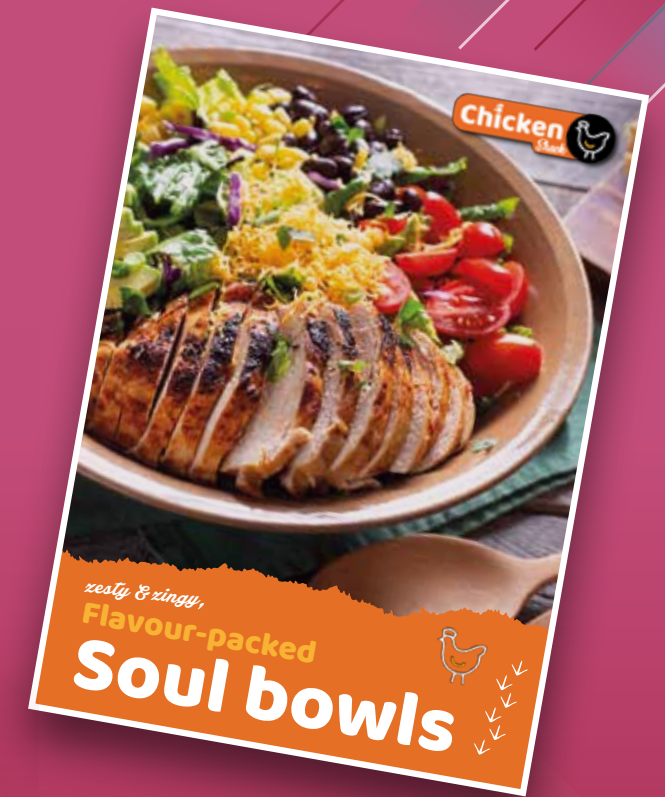
Download the Secondary School guide

MORE INFORMATION AT BRAKE.CO.UK / EDUCATION

CHICKEN SHACK

‘Chicken Shack’ includes both ready-to-cook and easy scratch recipes to help you create your own tasty, on-trend wraps, burgers and other dishes as main meals or grab-and-go options. Our product range has Red Tractor Farm Assured, halal, gluten-free and plant-based options to support inclusive eating.

We can also supply you with print-ready artwork to bring your offer to life, plus a range of equipment and catering supplies for cooking and serving



AS EASY AS 1, 2, 3...

Our Chicken Shack product and recipe guide consists of three modules, which you can choose from to match your equipment and labour structure. We'll then build, cost and provide the recipes you need to get started.

- 1 Prepared chicken products which are coated, quick to cook and require little prep time, with ready-to-use sauces and sides
- 2 Adds a variety of fresh chicken cuts including thighs, fillets, wings and drumsticks, with a selection of rubs to customise your dishes, where prep time and skill levels permit
- 3 Create your own salsas, glazes and marinades made from scratch to give your chicken distinctive flavour profiles, accompanied by freshly prepared salads

TO ACCESS CHICKEN SHACK RESOURCES, VISIT BRAKE.CO.UK/EDUCATION and follow the links to Menu Support in the Primary and Secondary school sections

BEST OF BRITISH

A FANTASTIC RANGE TO SUPPORT FOOD FOR LIFE ACCREDITATION AND THE UK FARMING SECTOR



Cathy Amos is our Head of Customer Marketing for Education and proud Ambassador for Love British Food. As she explains:

“There are lots of great reasons to include British food and drink on your menus and in dishes. Here are just three:

- /// It's essential if you're seeking Food For Life accreditation: to achieve the initial Bronze level, at least a third of your menu must be made using British-produced food
- /// Local and regional sourcing within the UK helps to reduce food and air miles and carbon emissions
- /// You're supporting British farmers, growers and food manufacturers, in line with the wider public sector agenda

We have a fantastic range of British products, including cheeses, milk and meat which are available year round, as well as wonderful seasonal fruit and vegetables.”



DOWNLOAD OUR SEASONAL GUIDE AT BRAKE.CO.UK/EDUCATION

Simply look for 'Love British' under Menu Support within the Primary and Secondary schools areas

Love British Food



MORE INFORMATION AT BRAKE.CO.UK / EDUCATION

OUR GROWERS...

HAMMOND PRODUCE: ROOT & LEAF VEGETABLES, NOTTINGHAMSHIRE

Hammond Produce is a fourth-generation family business established in Nottinghamshire way back in 1900. Farming over 2,500 acres, the company produces over 50,000 tonnes of fresh root and leaf vegetables every year, including parsnips, carrots, beetroot, potatoes, cabbages, kale and rhubarb.

Hammond Produce is dedicated to sustainable agriculture, and has gained LEAF Marque, Red Tractor and BRC accreditation for its integrated approach to production, conservation and the environment. This includes planting 20 acres of woodland, over 10 miles of new hedgerows and extensive wildflower meadows. The farm is now home to 12 species of birds on the Red List of endangered populations.



Jon Hammond
Owner

OUR GROWERS...

BRYANS SALADS: TOMATO & PEPPER FARMER, WEST LANCASHIRE

Bryans Salads are growers and packers of lettuce on the rural peatlands of the fertile West Lancashire plain. Most of their crops are grown within a one mile radius of their processing site with everything cut and stacked the old fashioned way, by hand.

They grow a large proportion of the salad and vegetables in Tarleton, Preston, Lancashire and have over 40 full time staff. Their vast production facility is equipped with state of the art washing, mixing and bagging machinery and is housed in a temperature controlled environment. Their salad and vegetables are grown all year round, both out in the fields and in large temperature controlled greenhouses, with pesticide and fertiliser use kept to a minimum.



Robert Bryan
Managing Director

THEME DAYS

HELPING YOU CELEBRATE CALENDAR EVENTS AND ADD VARIETY TO MEALTIMES

Theme days are an opportunity for primary and secondary schools to celebrate cultural, sporting or food-related events, often linking back to the national curriculum, with 'one-off' themed lunches.

They're also a great way to bring added fun to food and, crucially for primary schools, encourage pupils and parents to support and grow school meal numbers. Examples of possible themes include:

- /// National Vegetarian Week (May)
- /// National Pizza Day (February)
- /// Wimbledon (June/July)
- /// Picnic Week (June)
- /// St George's Day (23 April)
- /// British Food Fortnight (September)

HOW WE CAN HELP

We can help you plan your themed menu with products and support including:

- /// School-friendly recipes, complete with allergen and nutritional information, plus product codes and descriptions for easy ordering
- /// Ready-designed menu borders and poster templates to download
- /// Fun accompanying activities such as colouring-in sheets and word-searches



THEME DAY CALENDAR

We've created a year-to-view calendar highlighting a range of social, cultural and other events you can use to build themed menus and mealtimes.

You can download it at brake.co.uk/education and follow the links to 'Menu Support' in the Primary and Secondary School areas.

MORE INFORMATION AT [BRAKE.CO.UK / EDUCATION](https://brake.co.uk/education)

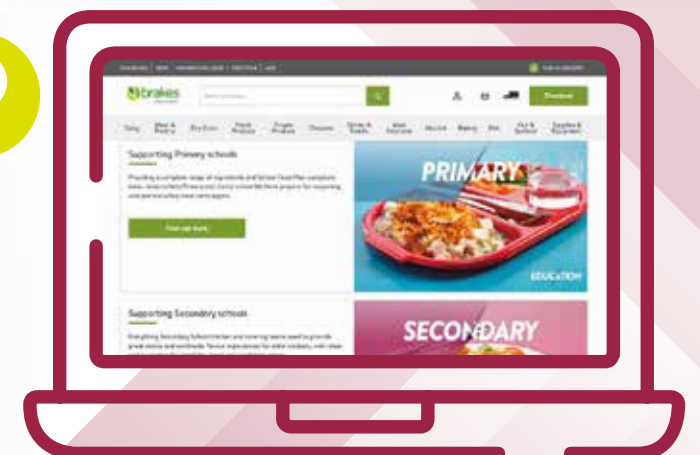
LEARNING THROUGH FOOD

Here are a couple of examples of the recipes and collateral we've created for your themed events.



START PLANNING YOUR NEXT THEME DAY

To download our recipes, templates and for more inspiration please visit brake.co.uk/education, and see the Menu Support area within Primary and Secondary school areas.



BENEFITS OF FROZEN

NATURE'S WAY OF LOCKING IN FRESHNESS

Frozen food brings enormous advantages to school caterers in terms of convenience, cost-saving, availability, quality and nutritional value.



FROZEN DOESN'T MEAN COMPROMISING ON QUALITY OR FLAVOUR

Sensory research conducted by the British Frozen Food Federation (BFFF) involving 32 professional chefs showed no statistical sensory difference between frozen and fresh samples including tuna steaks, duck breasts, wholemeal bloomer and puff pastry.

FROZEN FOOD IS AS NUTRITIOUS AS FRESH FOOD – AND SOMETIMES BETTER

Sheffield Hallam University's Centre for Food Innovation compared the nutritional profile of a range of fresh and frozen ingredients and meals. It found that in frozen food, nutrients are 'locked in' during the freezing process, so lose none of their goodness during transit or storage, as can happen with fresh ingredients.

SIX GREAT REASONS TO CHOOSE FROZEN

You can choose from a huge range of options across all major categories, suitable for all storage facilities, kitchen skill levels and menu styles, confident that:

ONE "FRESHNESS" / QUALITY / FLAVOUR

- /// No additional or artificial preservatives required
- /// No degradation over time; bread, fish and vegetables are as fresh as the day they were made, caught or harvested

TWO CONVENIENCE AND VALUE

- /// Simple to use and easy to reheat or cook
- /// Often cheaper, saving up to 24%* due to more efficient supply chains
- /// Save time on labour-intensive products and side dishes like tabbouleh, mashed potatoes and fishcakes
- /// Reduced wastage and easier storage
- /// Pre-portioned options available

THREE AVAILABILITY

- /// Year-round availability of key ingredients
- /// Can buy in bulk so you know you've always got essentials in stock
- /// Long life means less frequent ordering

FOUR NUTRITIONAL VALUE

- /// More reliable nutritional value
- /// Less degradation of vitamins over time and transportation

FIVE FOOD SAFETY

- /// Safer reduction of microbiological activity including dangerous pathogens

SIX ENVIRONMENTAL

- /// Supply chain is more environmentally efficient*
- /// Helps reduce food waste

*British Frozen Food Federation 2020.

OUR BFFF AWARD WINNING FROZEN PRODUCTS

F 148558 LA BOULANGERIE 4" FULLY BAKED SEEDED MAPLE FLAVOURED BURGER BUN (WILDFARMED)

Made with British Wildfarmed regenerative flour, this bun is not just a culinary choice – it's a commitment to sustainability



F 148555 LA BOULANGERIE PIZZA DOUGHBALL MADE WITH SOURDOUGH (WILDFARMED)

Our pizza pucks create the perfect sourdough flavour with a thin and crispy pizza base for you to adorn with your favourite toppings. One puck makes an approx. 10-12" pizza



F 150161 SYSCO CLASSIC MIGHTY PEA BITES

Pea and chopped mint blended with potato and cheese in a breadcrumb coating



F 31026 SYSCO CLASSIC ROASTED MEDITERRANEAN VEGETABLE MEDLEY

A mix of chunky cut roasted vegetables. Contains red onion, courgette, aubergine, red and yellow pepper and potato, slow-roasted in Italy. Either stir-fry or oven-cook from frozen



ACTING TODAY TO DELIVER A BETTER TOMORROW

We're committed leaders of our industry, empowering people and communities, providing a healthy and sustainable offer, and protecting our planet. As a responsible partner, we can help you meet your own sustainability goals.



Reducing our carbon footprint

We're investing in solar installations to power 100% of our network with renewable electricity by 2030. Our six installations save over 850 tonnes of carbon a year.



Supporting our customers

We've rolled out sustainability training to 8,500 colleagues, including our development chefs, to support our customers in improving sustainability on the menu.



Donating food

We've donated over 14 million meals through our partnerships with food redistribution charities like Fareshare and City Harvest.



'GET SET SUPPLY!' TO SUPPORT SMALLER SUPPLIERS

'Get Set Supply!' is set to be the most comprehensive support programme for smaller suppliers entering the wholesale market.

Each selected supplier will be mentored by experienced Brakes' colleagues or other established suppliers and offered a plan to both launch and drive sales.

Shortlisted companies will be invited to a quarterly innovation session attended by customers and key procurement contacts. Following the innovation session, successful suppliers will be selected to have their products listed.

Once selected, the new supplier will be given a programme of support to help them grow within Brakes, including sales presentations, sampling and promotion.



TACKLING THE PROBLEM OF 'HOLIDAY HUNGER'

LAUNCHED BY BRAKES IN 2015 AND NOW AN INDEPENDENT CHARITY, MEALS & MORE PROVIDES SUPPORT TO CHILDREN WHO LIVE WITH POVERTY AND SOCIAL ISOLATION AND HAVE LIMITED ACCESS TO ADEQUATE FOOD PROVISION AND ACTIVITY THROUGHOUT SCHOOL HOLIDAY PERIODS.

Thanks to support from our Corporate Supporters, we are able to support thousands of school holiday meals each year. The more funding we have, the more children we can help support.

- /// We have grown from supporting 4 clubs in 2015 to now partnering with over 60 UK charitable organisations and over 360 clubs.
- /// Meals & More has supported the delivery of over 2.5 million meals to date. We are focused on developing sustainable working partnerships with registered charities to run fully inclusive holiday clubs that underpin our aims and makes a difference to each child we reach.
- /// "The Big Day Out" is a special initiative where we provide grants to holiday clubs, allowing them to take children on unforgettable outings. For many of these children, it's a rare opportunity to experience something extraordinary, creating memories that could be the highlight of their entire year. This day is all about joy, exploration, and giving every child the chance to feel special.

“Charlie loves coming to your club, he can't wait to get there and I know that he gets a good meal when he is with you. He is like every other kid, always hungry and the summer holiday is really difficult for me. I am a single mum and only work part time, I can't keep up feeding him but it breaks my heart to say no all the time.”
Parent of a child at Station House holiday club, Barnsley



How can you help Meals & More?

If you would like to find out more about how your company could support, please email us at info@mealsandmore.co.uk

- meals-and-more
- mealsandmoreuk
- meals&more

www.mealsandmore.co.uk

OUR RANGE

EVERYTHING YOU NEED FROM A SINGLE, SAFE, RELIABLE SOURCE

All your food, drink, supplies and equipment from the UK's leading food wholesaler.

KITCHEN

A range of multi-award-winning products, specifically selected by our experienced chefs, with the reassurance of Brakes quality, consistency and technical safety.

DRINKS & SNACKS

Soft drinks and snacks, all delivered with your regular Brakes food order.

SUPPLIES & EQUIPMENT

Everything you need for food packaging, preparation and storage, plus all your cleaning products and kitchen equipment.



OUR FOOD RANGE

- /// Over 9,000 products available from stock
- /// All your fresh and chilled needs, including meat, fish, produce, deli and dairy
- /// Over 25 product awards in 2025 alone
- /// Pack sizes and formats to match your storage and kitchen facilities
- /// Everyday and premium products from big names and niche suppliers
- /// Own Brand – big-brand consistency, flavour and technical assurance at lower cost
- /// Sysco Essentials – our lowest everyday prices, with quality and taste equal to or better than direct competitors



SYSCO QUALITY ASSURED

Every Sysco tiered and speciality brand is Sysco 'Quality Assured,' delivering the highest standards of food safety, quality and consistency.

To find out more, visit brake.co.uk/shop-our-brands/sysco-quality-assurance



INDEPENDENTLY ASSURED

Many of our products are also accredited by the UK's leading independent assurance schemes



SUPPLIES AND EQUIPMENT

- /// Over 400 equipment lines available on your food order
- /// Essential supplies for food packaging, preparation, storage and table service
- /// Cleaning, janitorial and personal protective equipment

PRIMARY & SECONDARY SCHOOLS

DRY STORE & SPECIALITY

AS A SCHOOL CATERING TEAM, YOU HAVE A FANTASTIC OPPORTUNITY TO INTRODUCE YOUNG PEOPLE TO NEW FLAVOURS.

Combined with textures, cuisines and food cultures it can add real value to their education. For more theme ideas, see page 16, or visit brake.co.uk/education and look for 'Menu Support' in the Primary and Secondary schools areas.

Our ambient 'must have' ingredients make it easy for you to enhance your dishes and menus, and create varied, great-tasting school food every day.

HOW WE CAN HELP



Larger catering packs and cans for high-volume school meal preparation



Constantly expanding range of UK-produced ingredients, working with award-winning suppliers



Products with long shelf life to reduce wastage and simplify storage

OUR BRANDS

— Developed for chefs, by chefs —

Own-brand and branded options to suit your needs and budget

A 6359 1 x 1.7KG

BRAKES TUNA CHUNKS IN BRINE

Dolphin friendly and a staple for schools, an ideal sandwich or jacket potato filling



A 186 1 x 2.62KG

SYSCO CLASSIC BAKED BEANS IN TOMATO SAUCE

Designed to hot hold for longer for high-volume school kitchens.

Search 'Sysco Baked Beans' for the full range including Reduced Salt & Sugar and No Added Sugar varieties in a range of can sizes to suit every requirement



A 28758 1 x 2.62KG

SYSCO CLASSIC REDUCED SALT & SUGAR BAKED BEANS IN TOMATO SAUCE

With 30% less salt and 30% less sugar. Created specifically for foodservice requirements, these beans are firmer for longer bain marie stability, and have more beans per kg than the leading brand, ensuring the highest quality. In a delicious tomato sauce



A 84891 1 x 2.95KG

BRAKES MULTI-USE TOMATO SAUCE

Great product that has so many applications for school meals ranging from Bolognese to curries to soups



A 146174 1 x 5KG

SYSCO CLASSIC PENNE

Authentic pasta from Italy, perfect for pasta bakes



A 6437 1 x 2.5KG

SYSCO CLASSIC CHOPPED TOMATOES IN TOMATO JUICE

A Brakes best-seller that is a tasty base for lots of school meals



A 124869 1 x 400G

GAROFALO GLUTEN FREE PENNE RIGATE

A tasty gluten free pasta option



A 84497 1 x 3KG

BRAKES PIZZA TOPPING SAUCE

Use this tomato, basil, oregano and garlic sauce as a base for personalised toppings



A 9802 1 x 20LTR

SYSCO CLASSIC EXTENDED LIFE RAPESEED OIL

Robust, multi-use oil for deep and shallow frying. A favourite in all school kitchens



A 100445 1 x 1KG

BRAKES VEGETABLE FLAVOUR BOUILLON PASTE

An exceptionally tasty gluten-free base for soups, curries and pasta. Offers a 30 day shelf-life once opened



A 301 1 x 25KG

BRAKES CASTER SUGAR

Fine grade white sugar suitable for cakes, desserts and baking



A 136694 1 x 2.5KG

SYSCO ESSENTIALS GRAVY MIX

Excellent value mix, ideal for personalising with specialised flavours. In a large resealable plastic container. Makes 26ltr



A 152195 24 x 12

SYSCO CLASSIC WHEAT BISCUITS

Individual wheat biscuits fortified with vitamins and iron. Low fat and high fibre breakfast option.



A 105956 8 x 600G

CRISP PUFFED RICE

Ideal for emptying into cereal dispensers or for making rice crispy cakes



A 105953 8 x 500G

BRAKES CORN FLAKES

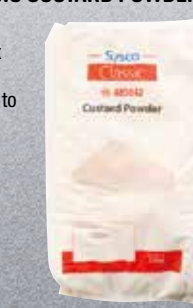
Gluten-free. Ideal for emptying into cereal dispensers or for making chocolate cluster snacks



A 85842 1 x 3.5KG

SYSCO CLASSIC CUSTARD POWDER

A versatile, ready to use mix which is a tasty accompaniment to school desserts



A 149062 12 x 200G

SYSCO CLASSIC DOUBLE CONCENTRATED TOMATO PUREE

Tomato paste prepared from fresh, ripe, sieved and concentrated tomatoes. Concentrated so kitchens can use less



A 6898 1 x 10LTR

SYSCO CLASSIC MAYONNAISE

Ideal for high-volume users. In a resealable plastic container and good for 3 weeks refrigerated once opened.



A 152151 1 x 340G

SYSCO CLASSIC SWEETCORN IN WATER

Ready to use with lots of flavour and goodness locked in



A 149963 1 x 2.15LTR

SYSCO CLASSIC BARBECUE SAUCE

Richly flavoured smoky sauce which adds depth to secondary school meal favourites



A 149964 1 x 2.15LTR

SYSCO CLASSIC TOMATO KETCHUP

Sysco branded classic tomato ketchup



A 87542 4 x 250G

BRAKES MEDIUM EGG NOODLES

Dried, medium-thickness noodles made with wheat flour and egg, perfect for stir fries.



A 114956 5 x 1KG

FREEE BY DOVES FARM GLUTEN FREE PLAIN WHITE FLOUR BLEND

Gluten free flour option



A 5552 1 x 2.6KG

BRAKES SOLID PACK APPLE

Ideal for hot puddings. Works well in pies & crumbles



A 89526 1 x 600G

SYSCO CLASSIC STRAWBERRY DELIGHT

Ready-to-use whip: excellent value and quality comparable with that of the leading brand. Just mix with milk and water for great taste and texture



A 89938 1 x 1KG

CITAVO CLASSIC COCOA POWDER

Pure cocoa powder for delicious chocolate drinks. Can also be used in baking



A 10468 1 x 1LTR

SYSCO CLASSIC BÉCHAMEL SAUCE

A creamy base sauce. Ready to use and packed in litre cartons to minimise waste. A great time-saver!



A 35023 1 x 800G

SYSCO CLASSIC BAKING POWDER

Blended raising agents to bring lightness to flour, cake and scone mixes.



A 152988 1 x 3.5KG

SYSCO CLASSIC PLAIN COOKIE MIX

Long shelf life product. Just add water and create your own flavoured cookies from speculoos spices to sumac & lemon



A 152985 1 x 3.5KG

SYSCO CLASSIC SPONGE MIX

A wonderfully simple to use mix, why not add fruit for a tasty traybake



A 802 1 x 3.5KG

SYSCO CLASSIC FLAVOUR JELLY CRYSTALS

Quick-dissolving jelly crystals with no artificial colours, preservatives or sweeteners. Simply dissolve in boiling water, top up with cold water and refrigerate until set. Free flow



A 268 1 x 3KG

BRAKES SEEDLESS RAISINS

Plump, whole seedless raisins which work well in sweet and savoury school meals



The UK Foodhall
Award Winning School Food
Made in Britain

Harry Ramsden's
WORLD FAMOUS FISH & CHIPS
JUNIOR

Harry Ramsden's Junior
MSC Battered
Pollock Fillet

The UK Foodhall
Karen McQuade.com

Selected fillets of Pollock in an ovenable crisp batter, tasty and nutritious.
50 - 70g packed 60 portions per 3kg case.

Product Code F58551

Brilliantly British Food for Kids

BRITISH MADE

Mouline
Since 1963

PERFECT FOR!
Bangers and mash, thickening agent for soups and sauces, shepherd's pie, savoury cakes & fishcakes and sides

Made from over 90% whole potatoes

Pack size 1x4kg

MOUSLINE MASHED POTATO FLAKES (A85654)

RICH, AUTHENTIC POTATO FLAVOUR WITH A SMOOTH CREAMY FINISH

NATURALLY LIGHT, FLUFFY AND LOW IN FAT & SALT

FAST AND EASY PREP. PERFECT FOR BUSY KITCHEN ENVIRONMENTS

More great products brought to you by The FoodFellas, for our complete range stocked at brakes, visit brake.co.uk

FoodFellas

GREEN gourmet
food innovation

Developed for education catering, Our versatile range delivers reliable performance and menu flexibility.

STOCK UP TODAY!

Code	Description	Weight
F53333	Chicken Breast Fillets 57g	1x61
F56010	Chicken Grill	1x60gx50
F149937	Southern Fried Chicken Popcorn	1x5Kg
F56496	Great British Chicken Meatballs (Gluten Free)	1x416x12g
F58870	Breaded Chicken Goujons	1x128x28g
F101359	Southern Style Chicken Goujons	128x28g
F106048	Great British RT Cooked Diced Chicken Breast	1x3.5kg
F591726	Chicken Sausage Slice Raw RT	59x85g
F58343	MSC Breaded Fish Goujons	100x30g
F54402	MSC Fish Fillet Finger	100x30g
F112959	MSC Salmon Fish Finger	120x25g
F591154	MSC Breaded Salmon Finger (Gluten Free)	100x30g
F591155	MSC Breaded Pollock Fillet (Gluten Free)	50x60g
F591156	MSC Breaded Fish Fillet Finger (Gluten Free)	100x30g
F54505	Salmon Fillet Nibbles	1x 19g x156
F58415	Great British Beef Meatballs	1x150x20g
F591108	Pork Meatballs (Gluten Free)	200x20g
F591109	Pork Sausage 8s (Gluten Free)	80x57g

Education catering
EXPERTS




GREEN gourmet
Certified Corporation

PRIMARY & SECONDARY SCHOOLS

DAIRY

ALMOST 400 PRODUCTS FROM BLOCK AND GRATED BULK CHEESE, YOGURT, MILK AND CREAM TO EGGS AND BUTTER.

Dairy products add texture and depth of flavour to school meals, and help ensure your dishes and menus are diverse and nutritionally balanced.

-  Parents and other stakeholders are seeking evidence that their children's food choices contribute positively to ethical farming practices, society and the wider world*
-  Buying British has become more important as government and local authorities focus on supporting local and national economies*
-  Product provenance and 'best in class' assurance are becoming increasingly important*

HOW WE CAN HELP



All Brakes shell eggs and egg products meet British Lion standards, approved by the Food Standards Agency



British Red Tractor milk produced in partnership with Yew Tree Dairy, a family-run business committed to delivering fair prices for local farmers



Organic, free-range, RSPCA Assured and British Red Tractor accredited products help support responsible farming practices



Wide range of dairy-free alternatives for children following a free-from diet

INDEPENDENTLY ACCREDITED



*Brakes Market Insight forum: Dec 2020

C 27547 1 x 2.44KG

SYSCO CLASSIC MILD WHITE CHEDDAR

Versatile and with a firm texture and creamy taste. Matured for approximately 3 months. Easy to grate, slice or dice as required.



C 115794 1 x 2KG

BRAKES ORGANIC NATURAL YOGURT

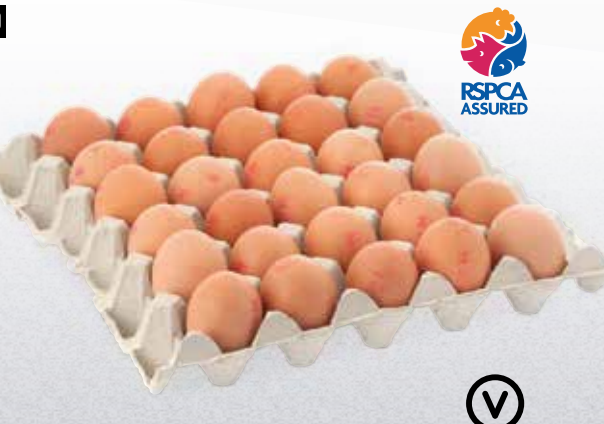
Use as an alternative to cream in cooking sauces to meet School Food Plan guidelines. Smooth, easy-to-pour dairy yogurt in a conveniently sized, resealable container.



A 15322 1 x 60

BRAKES 5 DOZEN BRITISH FRESH FREE RANGE MEDIUM EGGS

The Lion mark provides safety reassurances, includes RSPCA assured to guarantee birds have been kept to high welfare standards, ensures the egg is from British hens and fully traceable, and requires that the best-before date is printed on individual eggs as well as the box



A 346 1 x 1LTR

LAKELAND DAIRIES REAL DAIRY WHIPPING CREAM

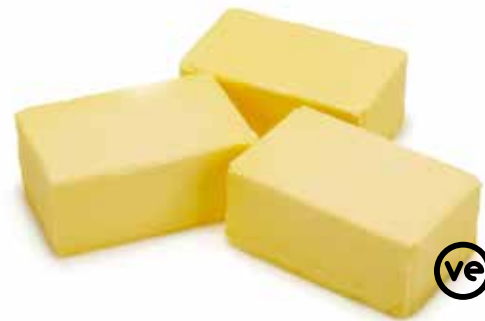
Delicious real dairy cream with 35% dairy fat. Excellent for pastry and desserts. Can be used in sweet and savoury dishes. Ideal for whipping and piping with excellent stability. Resealable cap. Long life with convenient ambient storage. Once opened keep chilled



C 129273 36 x 250G

BRAKES COOKING & BAKING

Great for school baking and vegan too



C 74046 5 x 1KG

SYSCO CLASSIC GRATED MILD WHITE CHEDDAR

Pack of 5 separate 1kg bags. Creamy mild cheddar matured for approximately 3 months. A great time-saver! Ideal for sandwiches, wraps, and break-time toasts in secondary schools



C 27543 1 x 1KG

SYSCO CLASSIC GRATED MILD COLOURED CHEDDAR

Naturally coloured for added visual appeal. Works well in jacket potatoes



C 71128 20 x 250G

SALTED BUTTER

Use for spreading, baking or cooking. In convenient wrapped 250g blocks. Added salt for longer shelf-life. Foil wrapped.



C 71326 1 x 48

BRAKES PEELED HARD BOILED EGGS

Time saver, great for grab & go salad pots, make your own egg mayonnaise, or add to a fish pie or curry



C 15811 40 x 250G

KERRYMAID PREMIUM BAKING

A 75% fat vegetable spread



C 74700 1 x 2KG

BRAKES SPREAD

In lidded tub, easy to spread straight from the fridge making it ideal for school packed lunches



C 71514 1 x 2KG

SYSCO CLASSIC SOFT SPREAD

An extra soft, great-value spread made in a lidded tub, easy to spread straight from the fridge for busy school kitchens.



C 71927 1 x 2KG

BRAKES SUNFLOWER LIGHT SPREAD

Lower-fat spread with sunflower oil for some added flavour



C 70324 6 x 2.27LTR

WHOLESUME FARMS FRESH BRITISH SEMI SKIMMED MILK

Shrink-wrapped packs of 6 bottles offering even better value for high-volume users. Packed in convenient 4 pint polybottles. From Yew Tree Dairy, a family-run British company established in 1904



C 74454 1 x 2LTR

ORGANIC SEMI SKIMMED MILK

Organic milk is guaranteed to come from cows with a good quality of life, and offers health benefits including higher levels of omega 3 fatty acids, and vitamin E and beta-carotene, both essential for a healthy immune system. Yew Tree Dairy is committed to delivering fair prices for local farmers



A 121525 6 x 4 x 125G
ALPRO HEAVENLY VELVET VANILLA FLAVOUR SOYA DESSERT U.H.T.
 A tasty dairy-free alternative to assist allergen catering



C 74550 1 x 2KG
BRAKES LOW FAT NATURAL YOGURT
 Easy-pour, resealable containers of smooth, low-fat yogurt suitable for use with fruit at breakfast, or as an alternative to cream in cooking sauces



C 71955 12 x 115G
UBLEY LOW FAT NATURAL YOGURT
 Individual sized pots to help with portion control and food waste. Ideal for breakfast clubs when served with fruit



C 115797 1 x 2KG
BRAKES ORGANIC SMOOTH STRAWBERRY YOGURT
 Made with whole milk. Ideal for serving in schools. Smooth, easy-to-pour dairy yogurt in a conveniently sized, resealable container



A 133944 20 x 100G
GOLDEN ACRE FAT FREE MIXED YOGURT
 A schools' compliant recipe to meet the requirements of new legislation that came into effect in April 2021. Fat free pasteurised fruit yogurt: 5 x peach & passionfruit, 5 x raspberry, 10 x strawberry



C 591010 12 x 110G
MÜLLER HEALTHY BALANCE MIXED STRAWBERRY & PEACH YOGURT
 Made in Shropshire with British milk. School approved UK wide. High in calcium, 100% natural ingredients, low in fat, PHE & COQUIN compliant, high in protein, 10g of sugar or less per 100g, 3g of fat per 100g, suitable for vegetarians & coeliacs



C 103655 36 x 45G
YEO VALLEY LITTLE YEOS MIXED YOGURT
 A 6 pack of organic fromage frais blended with 2 different organic smooth conserves (raspberry, apricot). The pack contains 3 pots of each flavour



C 71766 12 x 80G
YEO VALLEY ORGANIC WHOLE MILK STRAWBERRY YOGURT
 Organic yogurt. Also available in raspberry and mango & vanilla flavours



C 71916 1 x 2KG
SYSCO ESSENTIALS GRATED PIZZA TOPPING
 Fantastic value product, designed specifically for topping pizzas which are a favourite with pupils of all ages



C 27544 1 x 1KG
SYSCO ESSENTIALS GRATED MILD WHITE CHEDDAR
 Creamy mild cheddar matured for approximately 3 months. A great time-saver! Ideal for sandwiches, wraps, toasties and topping gratin dishes.



C 71256 1 x 500G
BRAKES MILD WHITE CHEDDAR CHEESE SLICES
 Perfect for ham & cheese toasties or an addition to a burger



C 74699 1 x 1KG
SYSCO ESSENTIALS GRATED WHITE CHEESE
 Excellent value white cheese, perfect to use as a cheddar substitute. A great time-saver! Ideal for sandwiches, wraps, toasties



C 22053 1 x 2KG
SYSCO ESSENTIALS SHREDDED MOZZARELLA
 Creamy shredded mozzarella that is easy to use as a pizza topping or to top garlic bread. Freeflow for ease of use



C 10163 1 x 1KG
SYSCO CLASSIC GRATED MOZZARELLA & CHEDDAR CHEESE MIX
 A blend of 70% mozzarella and 30% cheddar cheese that's a great labour-saving mix, suitable for use as a pizza topping or in toasted paninis and sandwiches



C 5002216 1 x 500G
NURISHH CHEDDAR GRATED
 100% vegan cheese alternative. Natural flavourings, coconut oil and added Vitamin B12



C 74521 1 x 1KG
FREE RANGE LIQUID EGG
 Great labour saving product ideal for scrambled egg, quiches & baking



müller
School snacking essentials

light FAT FREE
thick & creamy NO BITS
healthy balance UK SCHOOL APPROVED

PRODUCT	CODE	FLAVOUR	CASE SIZE
Müller Vitality Healthy Balance Yogurts	C591010	Mixed Case - Strawberry x6, Peach x6	12x1x110g
Müller Vitality Thick & Creamy Yogurts	C195834	Straight Case - Strawberry	12x1x110g
	C74746	Mixed Case - Strawberry x6 & Toffee x6	12x1x110g
Müllerlight Yogurts	C28419	Mixed Case (Fruit Pieces) - Strawberry x6 & Mango & Passion Fruit x6	12x1x100g
	C28420	Mixed Case (Smooth) - Strawberry x6 & Toffee x6	12x1x100g

110g of sugar and 3g of fat per 100g (or less) in line with School Food Standards. <https://www.gov.uk/government/publications/healthy-eating-school-guidance-2020/pages>

Made with British milk, Source of Calcium, Vegetarian, Gluten FREE, 100% recyclable.

Made in Shropshire, in the heart of Britain using fresh milk from British farms.

müller Love every bit

Mondelēz International
 AWAY FROM HOME

A HELPING HAND FOR BUSY SCHOOL KITCHENS

PHILADELPHIA C 71130
PHILADELPHIA C 71099
PHILADELPHIA C 71138

dairytea C 74911
dairytea C 74735

SHOP AT BRAKE.CO.UK

UNWRAP THE OPPORTUNITY

MONDELEZ-AFH.CO.UK

Carbury, OREO, Tayto, PHILADELPHIA, belVita

Yoplait

DAIRY GOODNESS FOR HEALTHY BONES

FRUBES C 110762
Petits Filous C 146149

* Calcium and vitamin D are needed for normal growth and development of bone in children. A varied and balanced diet is important as part of a healthy lifestyle.

KERRYMAID

Enhanced Delight

WHIPPED C 110762
SINGLE C 146149
DOUBLE C 146149

PRODUCT CODE	DESCRIPTION	PACK	SIZE
113908	Kerrymaid Whipping	12	1L
113907	Kerrymaid Single	12	1L
112159	Kerrymaid Double	12	1L

GLUTEN FREE, NO HYDROGENATED FATS, COOKING WHIPPING & POURING, WHIPS UP TO 3x VOLUME (Whipping & Double)

PRIMARY & SECONDARY SCHOOLS
**FRESH & FROZEN
PRODUCE**

OVER 400 FRESH PRODUCE LINES THROUGH OUR PARTNERSHIP WITH FRESH DIRECT, THE UK'S NO.1 GREENGROCER, PLUS A COMPLETE RANGE OF FROZEN OPTIONS.



of 11-18-year-olds consume five fruit and veg a day, as recommended, according to government figures*

The School Fruit and Vegetable Scheme provides a free piece of fruit or veg to every 4-6-year-old who attends a fully state-funded primary, infant or special school

HOW WE CAN HELP

Our vast range of fruit and vegetables makes it easy for you to provide the recommended '5-a-day'. All our fresh and frozen produce is fully traceable from point of production to your kitchen.

400+

More than 400 products across fruit, vegetables, salads, potatoes and herbs



Focus on British seasonal produce, plus worldwide sourcing for year-round availability



Frozen options for budget and portion control - see page 18 for other nutritional benefits



Fresh fruit for healthy break-time snacks, and as fruit salad for desserts

INDEPENDENT ACCREDITATIONS

Quality, provenance and welfare standards you can trust



*Source: School Food Matters

C 450066 1 x 25KG

MARIS PIPER POTATOES

Essential in any kitchen, bake, boil, mash, roast, chip. Dice and add to curries, use surplus cooked potato for a potato salad to add to a salad bar, cut into wedges and coat in spice mix, spray with oil & bake for a twist on chips



C 450072 1 x 25KG

ONIONS

Peel and dice for the base of many dishes from bolognese to slow cooked casseroles



C 450070 1 x 12.5KG

CARROTS

To add fibre to our diets don't peel, just wash and give a little scrub. Add diced or grated carrot to dishes like a cottage pie, to tomato sauce for a pasta dish. Or cut into batons for an addition to the salad bar or even add to a sponge mix for a carrot cake dessert



F 3840 1 x 2.5KG

BRAKES WHOLE LEAF SPINACH PORTIONS

Stir into curries, add to lasagne, fish pie & pasta dishes, nutrient rich with vitamins C & K, folic acid, iron and calcium



F 4753 1 x 2.5KG

SYSCO CLASSIC CHOICE GARDEN PEAS

A firm favourite for all ages, use as an accompaniment or ingredient in freshly made fishcakes or fish pie



F 4268 1 x 2.5KG

SYSCO CLASSIC JACKET POTATO WEDGES

Added crispiness and crunch make these the perfect side for many school meals



F 30084 1 x 2.5KG

SYSCO CLASSIC SEASONED WEDGES

A hint of spice and seasoning enhances the flavour of these wedges. Ideal for street food menus



C 149207 1 x 8

BRITISH BI COLOUR APPLES

British bi-coloured apple with best in season variety, grown in Kent



C 10231 1 x 1

ICEBERG LETTUCE

Fresh crisp whole round heads of iceberg lettuce



F 4748 1 x 2KG

BRAKES BROCCOLI FLORETS

Guaranteed to provide greenery to school meal plates, and importantly packed with vitamins for a nutritional eat



F 4768 1 x 2.5KG

SYSCO CLASSIC CAULIFLOWER FLORETS

Pre-prepared florets to save on time in busy school kitchens. Work as a side or why not try them in cauliflower cheese?



F 4789 1 x 2.5KG

SYSCO CLASSIC MIXED VEGETABLES

A selection of everyday vegetable favourites that provides a healthy offering of different flavours, colours and textures.



F 30927 1 x 12

BRAKES SUPERSWEET HALF CUT CORN ON THE COB

Ideal for a Mexican or street food themed menu for all ages



F 4777 1 x 2.5KG

BRAKES DICED SWEDE

Using swede in pies, stews and casseroles is made really easy with this diced swede product.



F 4111 1 x 1KG

BRAKES FRUITS OF THE FOREST

A succulent and versatile frozen mixture which is really versatile; for example pie fillings and fresh yogurt topping



F 4625 1 x 2.5KG

SYSCO ESSENTIALS ROASTING POTATOES

The perfect addition to your roast dinner day, crunchy outside and fluffy on the inside



F 36141 6 x 2.5KG

SYSCO CLASSIC THICK CUT OVEN CHIPS

Tasty oven chips which are cooked from frozen and practically go with any school meal.



F 4760 1 x 2.5KG

SYSCO CLASSIC WHOLE FINE GREEN BEANS

Frozen within hours of harvest to retain freshness. Our beans can add colour and texture to main meals or salads.



F 4771 1 x 1.5KG

BRAKES SAVOY CABBAGE

Fresh Savoy cabbage has a distinct flavour and works well on its own or even as an ingredient in traditional favourites such as bubble & squeak



F 129384 4 x 2.27KG

MCCAIN SURECRISP TRADITIONAL THICK CHIPS

Extra crispy oven chips from one of the biggest and well-known chip brands



F 129917 1 x 2.5KG

McCAIN MENU SIGNATURES SAVOURY HERB DICE

A delicious way to serve potatoes which are easy to eat and easy to cook



F 350012 1 x 907G

McCAIN OUR MENU SIGNATURES SMILES

Popular with younger pupils and a nice smooth texture make these a best-seller



F 34487 4 x 2.27KG

McCAIN OUR ORIGINAL CHOICE THICK CUT CHIPS

A heartier eat than regular fries or chips, this thick-cut option takes sauce and street food inspired toppings well



F 131778 1 x 1KG

McCAIN ORIGINAL CHOICE HASH BROWNS

The crisp casing and seasoned filling make these McCain hash browns a must-have for secondary school breakfast and break time



C 10329 1 x 15KG (APPROX 80)

BAKING POTATOES

Approximately 80 potatoes, which are washed and graded by size for portion control with varieties ideal for baking. We source this product from Britain for the majority of the year. We'll supply from other countries where necessary to maintain quality and supply



F 34138 1 x 2.5KG

McCAIN OUR CHEF SOLUTIONS SIMPLY ROASTS NON-FRIED

Non-fried and quarter cut roast potatoes which provide superb portion control and consistency



F 3938 1 x 45

BRAKES BRITISH BAKED JACKET POTATOES SMALL

Easy to cook from frozen and a staple on school menus, these jacket potatoes are a versatile and popular option for all ages



C 10245 1 x 3

MIXED PEPPERS

Deliciously crunchy, ideal for crudité's and dips, or to add texture to both meat and vegetarian meals



C 10230 1 x 1

CUCUMBER

Fresh whole cucumber ideal for salads and for use in sandwich fillings



C 124181 1 x 500G

GARLIC LOOSE

Peel & chop for the base of many hot dishes, helps introduce school pupils to a richer flavour



F 151774 1 x 2.5KG

SYSO CLASSIC SLICED MIXED PEPPERS

Use from the freezer, add to tomato based dishes, jambalaya, fishcakes, quiches



C 12083 1 x 1

BUTTERNUT SQUASH

Seasonal vegetable, peel & dice, add to slow cooked dishes, roast as an accompaniment, add to a cake mix for a tasty traybake with raisins



C 10343 1 x 5KG

PARSNIPS

A great seasonal root veg, dice and add to dishes. Why not roast as an accompaniment with a little honey or grate and add to an apple cake for a tasty dessert



C 10345 1 x 1

HONEYDEW MELON

Cut into slices, chill and serve as a fruit option for breakfast, lunch or after school club



C 10427 1 x 1KG

PREPARED COLESLAW MIX

Dry mix of shredded white cabbage and carrot. We source this product from Britain for the majority of the year. We'll supply from other countries where necessary to maintain quality and supply



C 5008801 1 x 1.4KG

DEL MONTE FRUIT SALAD

A refreshing fruit salad with a selection of green & red apple slices, red grapes, oranges and pineapple chunks all fresh cut. Perfect for desserts, breakfast buffets or just as a healthy snack



Tilda FOODSERVICE

THE RIGHT RICE FOR EDUCATION

Trusted by schools for its quality, nutrition and kitchen-ready performance

AS RECOMMENDED BY THE SCHOOL FOOD GUIDELINES

TILDA GOES FURTHER
LEARN MORE AT BRAKE.CO.UK
@ tildafoodservice

5kg A 591107

Ready to eat fruity dessert options for every menu

fruitypot family

Vegan
no added sugar*
School Compliant
no artificial sweeteners

Shop the full range at brake.co.uk

*contains naturally occurring fruit sugars † meets school food nutrition standards in England and Wales

A 112914
A 591237
A 591237

QUAKER

ESTD 1877

PORRIDGE, FLAPJACKS, SMOOTHIES, OATS MADE EASY

TRY OUR OATS IN DIFFERENT FORMATS & FLAVOURS TO MAKE HEALTHY SCHOOL MEALS MORE ACCESSIBLE

SHOP THE FULL QUAKER OATS & SCOTT'S RANGE AT BRAKE.CO.UK

100% WHOLEGRAIN | HELPS LOWER CHOLESTEROL FOR A HEALTHY HEART | SUSTAINABLY GROWN BRITISH OATS | QUAKER'S QUALITY PROMISE OUR BEST OATS

A114970 / 4 X 3KG
A136539 / 10 X 500G
A118890 / 5 X 510G
A28676 / 8 X 45G

A28678 QUAKER OATS SO SIMPLE GOLDEN SYRUP PORRIDGE POT 8x57g
A28677 QUAKER OATS SO SIMPLE APPLE & BLUEBERRY PORRIDGE POT 8x57g

SCAN FOR RECIPE IDEAS

BOKA

Snacking FOR SCHOOLS

Delicious Low Sugar & Nut Free Cereal Bars

High in Fibre
Low Sugar
NUT Free
VEGAN

A 120170	Boka Strawberry Cereal Bar	24x30g
A 120171	Boka Apple & Cinnamon Cereal Bar	24x30g
A 591138	Boka Caramel Cereal Bar	24x30g

PRIMARY & SECONDARY SCHOOLS

MEAT & POULTRY

CONSISTENT, SAFE AND FULLY TRACEABLE SUPPLIES OF BUTCHERED, PREPARED AND CURED MEAT & POULTRY PRODUCTS

Our extensive meat and poultry range comes with the assurance of exacting standards, robust traceability and consistent quality.

HOW WE CAN HELP



Smaller sizes for smaller appetites



Gluten-free options to support allergen catering, plus a growing halal range to promote safe, inclusive eating for all



All products are cut and packed to stringent specifications, at single-species sites



New tiering system makes it easy to identify the right products at the right price for you



Fully traceable from point of production to your kitchen



Sourced from trusted UK producers

INDEPENDENT ACCREDITATIONS

Quality, provenance and welfare standards you can trust



Data sources: CGA, MCA & Food service Trend Reports

C 74754 1 x 2.5KG

PRIME MEATS SCOTCH DICED BEEF STEWING

Diced beef with Quality Meat Scotland accreditation for guaranteed quality and the option for a provenance menu message. Fully prepared and ready to cook, and particularly suitable for slow cooking in casseroles, stews and pies.



C 119755 2 x 5KG

SYSCO CLASSIC DICED CHICKEN BREAST

Multi-application product which is ideal for primary and secondary school meal favourites



C 135590 1 x 2.5KG

BRITISH RED TRACTOR HALAL BONELESS AND BONELESS UNCALIBRATED CHICKEN THIGHS

Great portion control, great value for money and suitable for loads of recipes. Thighs contain the darker meat which is full of flavour and perfect for casseroles, curries and world cuisines



F 58870 128 x 28G (AV)

GREEN GOURMET BRITISH RED TRACTOR BREADED CHICKEN GOUJONS

Raw pieces of Red Tractor chicken breast, formed into a goujon shape and coated in a non-fried breadcrumb. With added water for succulence



C 591855 1 x 2.27KG

PRIME MEATS UNSMOKED BACK BACON

A Brakes best-seller! 47-53 prime rashers per pack makes this a great option for busy school kitchens



F 3675 225 x 12G

BRAKES COOKED PORK MEATBALLS

Fully cooked for convenience and consistency, ready to reheat in the oven, in the microwave for quick service, or in a simmering sauce. Ideal in a Spanish-style sauce served as tapas for an international food theme day option



C 71884 1 x 2.5KG

BRITISH RED TRACTOR 20% FAT BEEF MINCE

Large pack suitable for high-volume users. Red Tractor Farm Assured British beef for your guarantee relating to quality and provenance – great for creating appealing menu messages. Fully prepared and ready to cook. Higher percentage fat option – ideal for full-flavoured traditional dishes and burgers



F 32893 1 x 2.5KG

WILSONS HALAL 16% FAT BEEF MINCE

Halal approved. Approximately 85% visual lean content. Fully prepared, ready to cook from frozen and packed free-flow to minimise wastage. In large packs for great value. 'Visual lean' percentage refers to the visible amount of lean meat compared to fat before cooking. Higher fat content mince is ideal for traditional flavoursome meat sauces.



F 32899 1 x 48

MAWBEEF HALAL AMERICAN BEEFBURGER 2oz.

The smaller size is great for younger pupils



F 107027 48 x 57G

BRAKES 90% BEEF BURGERS

Ideal for children's portions when grilled or oven baked. Made with British and Irish beef, ideal for menu provenance messages. Produced tenderform for a better shape, texture and more effective heat transfer. Ready to grill or oven bake from frozen.



F 58415 150 x 20G (AV)

GREEN GOURMET RED TRACTOR RAW BEEF MEATBALLS

Individually frozen beef meatballs, prepared from Red Tractor Farm Assured minced forequarter beef, blended with a mild seasoning



F 5018916 1 x 3.5KG

GREEN GOURMET RAW TURKEY BREAST FILLET PORTION 60G

Turkey breast fillets, portion controlled for consistency with added water for succulence; for roasting or steaming



F 591224 1 x 4.54KG

PORK SAUSAGE EIGHTS 65%

Made with a pinch of seasoning to create a subtle, yet delicious, flavour in our succulent sausages. The perfect choice for a traditional breakfast or a quick and simple treat



F 4108 80 x 57G

SYSCO ESSENTIALS BRITISH CHICKEN SAUSAGE EIGHTS

Suitable for oven cooking. Large pack size particularly suitable for high-volume school kitchens. Free-flow to use as required, minimising school food wastage



F 124761 80 x 57G

HALAL CHICKEN SAUSAGE EIGHTS

A delicious alternative to beef that's packed with flavour and works as a breakfast or lunchtime staple



F 105850 1 x 4.54KG

PLUMTREE HALAL CHICKEN SAUSAGE

With approx 80 x 56g sausages in each pack, our chicken sausage is ideal for secondary schools as an alternative to beef or pork



C 71662 1 x 2.5KG

PRIME MEATS SCOTCH RED TRACTOR 10% FAT BEEF MINCE

Lean Quality Meat Scotland-accredited beef. In a large pack suitable for high-volume users. Fully prepared and ready to cook. Premium 10% fat 95%v, ideal for delicious mince dishes



C 131216 1 x 1KG

PRIME MEATS BRITISH RED TRACTOR PORK STRIPS

Fresh Red Tractor pork strips are finely cut boneless strips of pork, perfect for stir-fries, stroganoff or for use in wraps



F 32996 1 x 2.5KG

WILSONS HALAL DICED CHICKEN

Free flow frozen diced chicken. A blend of chicken breast and thigh meat suitable for pies, casseroles and curries



C 5005763 1 x 2.5KG

PRIME MEATS BRITISH 65% PORK SAUSAGE 8S

British Red Tractor and gluten-free 65% meat content pork sausage 8's. These sausages are lightly seasoned, medium-cut and filled into a collagen casing; approximately 57g each



F 118141 1 x 2.5KG

HALAL BREADED CHICKEN NUGGETS

Chicken breast pieces formed into nuggets, coated in a crispy breadcrumbs and fully cooked & frozen. Halal certified



F 134073 150 x 30G

BRITISH RED TRACTOR HALAL BEEF MEATBALLS

These meatballs look incredibly appetising when cooked and suit a variety of applications for primary and secondary pupils



F 6615 1 x 2KG

BRAKES 12MM COOKED CHICKEN BREAST STRIPS

Steam-cooked, marinated chicken breast strips, cut prior to cooking. Ideal for sandwich and baguette fillings and for use in quick-cook sauces. Delivered free-flow to use as required, minimising wastage. Ready to thaw and serve or to reheat from frozen.



C 121095 1 x 2.5KG

BRITISH RED TRACTOR HALAL DICED CHICKEN BREAST AND LEG

Breast and leg dice in natural proportions. Skinless and boneless chunks. Perfect for homemade chicken pies as well as chicken curries. Halal approved. Red Tractor farm-assured chicken for your guarantee of quality and British provenance



F 109405 1 x 2.5KG

WILSONS HALAL DICED TURKEY THIGH

Free flow frozen 20-25mm diced turkey thigh, a lower fat alternative to beef or pork



C 5003831 1 x 2.5KG

IHSAAN HALAL BRITISH RED TRACTOR BEEF STRIPS

The strips are very lean and cut from the rump to offer the best strips available. Perfect for use in a stir-fry or stroganoff type meal. Suitable for a halal diet



F 109406 1 x 2.5KG

WILSONS TURKEY MINCE

This free flow, frozen 6mm minced turkey is a lean option for a multitude of school meals for all ages.



C 29191 1 x 454G

SYSCO ESSENTIALS WAFER THIN HONEY ROAST HAM

A popular sandwich filling, this ham works in break-time toasties too



C 16792 1 x 2.5KG

PRIME MEATS BRITISH RED TRACTOR SKINLESS AND BONELESS UNCALIBRATED CHICKEN THIGHS

No waste and super tasty, these thighs are ideal in all recipes and easy to cook



C 74166 1 x 454G

SYSCO ESSENTIALS WAFER THIN SLICED COOKED CHICKEN

Great everyday value sliced meat, ideal for sandwich fillings.



F 3116 1 x 2.5KG

BRAKES DICED CHICKEN

A school kitchen staple, this diced chicken breast and thigh meat has a multitude of uses and delivers on flavour.



C 15553 1 x 2-2.5KG

PRIME MEATS QUARTER GAMMON JOINT

A smaller joint for quicker cooking time. Boneless for easy carving when cooked and for minimised wastage. Netted to hold together during cooking. Unsmoked, rind on



Stock up on the refreshing drink

that's one of their 5-a-day (and probably good for business)

product code	product description	pack size
A5000513	innocent kids juicy water apples & strawberries	30x200ml
A5000514	innocent kids juicy water apples & mangoes	30x200ml

JUICEBURST SCHOOL COMPLIANT RANGE

NEW

✓ SCHOOL COMPLIANT

JUICEBURST™ 12x330ml	Brakes Code
Apple	A113764
Apple & Blackcurrant	A113765
Orange & Passionfruit	A113766
Raspberry Lemonade	A117952
Watermelon & Raspberry	A130555
Tropical Sour	A5007199

Robinsons Fruit Shoot Made with REAL fruit

recycle

No. 1 KIDS DRINK

MADE WITH REAL FRUIT
NO ADDED SUGAR

£ 100498	Fruit Shoot Apple & Blackcurrant	24 x 275ml
£ 100501	Fruit Shoot Orange	24 x 275ml
£ 89861	Fruit Shoot Summer Fruits	24 x 275ml
£ 100495	Fruit Shoot Orange	24 x 200ml
£ 591048	Fruit Shoot Apple & Blackcurrant	24 x 200ml




Contains naturally occurring sugars and 8% fruit juice from concentrate.
*CGA by Nielsen IQ, FS&L Database, Foodservice, Volume Sales, Kids CBBV Defined, MAT 31.07.25. For further information please contact Carlsberg Britvic at pressoffice@carlsbergbritvic.co.uk. For more information please visit brake.co.uk.

PRIMARY & SECONDARY SCHOOLS

BAKERY

A SUPERB RANGE OF BREAD, ROLLS AND PASTRIES OFFERING CHOICE AND VERSATILITY.

You'll find everything you need in our Bakery range, from sliced white bread, wholegrain baguettes to bagels and delicious sweet muffins.

-  Buying British has become more important as government and local authorities focus on supporting local and national economies*
-  Product provenance and 'best in class' assurance are becoming increasingly important*
-  Children and parents are more aware of allergens and intolerances, and choosing more plant-based options
-  Health-conscious older children who are also food-savvy are looking for small but indulgent treats

HOW WE CAN HELP



Gluten-free options available to make allergen catering easy for pupils of all ages



Part- and fully-baked products to suit your kitchen resources and skill levels



Fresh and frozen bread and pastries to match your storage facilities



Many products from UK-based SME bakeries and businesses, helping to support the wider public-sector 'Buy British' agenda

F 102445 8 x 800G

BRAKES ESSENTIALS THICK SQUARE SLICED WHOLEMEAL LOAVES

Square shaped tin loaves. All of our frozen sliced breads have a 5 day shelf life once defrosted making it ideal for school kitchens. Fully baked, just thaw and serve.



F 34333 30 x 76G

LA BOULANGERIE DOUBLE BELGIAN CHOCOLATE CHUNK COOKIES

Vanilla flavour cookie with chunks of milk and dark Belgian chocolate. Ready to thaw and serve, these individually wrapped, ready-for-display, butter-enriched cookies have a crunchy bite with a chewy centre



F 145932 6 x 6

LA BOULANGERIE PITTA BREADS

A great option when filled with Greek style salad, or a garden salad for younger pupils



F 31678 3 x 12 x 60G

SYSKO CLASSIC DECORATED RING DOUGHNUT SELECTION

Ring doughnuts topped with white icing, strawberry flavour icing, and chocolate flavour icing. Fully baked, ready to thaw and serve; 12 of each



F 121701 48 x 50G

SYSKO CLASSIC 4" WHOLEMEAL BURGER BUN

Pre-sliced, approximately 10cm



F 4581 48 x 85G

SYSKO CLASSIC 5" FULLY BAKED PRE-SLICED WHITE FLOURED BAP

6 packs of 8 floured baps



F 34092 6 x 535G

GENIUS GLUTEN FREE SLICED WHITE LOAVES

Tasty, gluten-free white bread which is an everyday product for gluten-free diets. Ideal for toast and sandwiches



F 111639 1 x 8

BRAKES ESSENTIALS THICK SQUARE SLICED 2 IN 1 LOAVES

Half white, half wholemeal. Square shaped tin loaves. All of our frozen sliced breads have a 5 day shelf life once defrosted – so no need to overload your freezer. Fully baked, just thaw and serve



F 31298 108 x 50G

SYSKO ESSENTIALS 6.5" HOT DOG ROLLS (SIDE SLICED)

White, side-sliced roll. Fully baked and ready to thaw and serve



F 32391 1 x 30

SYSKO CLASSIC 10" FULLY BAKED WHITE SANDWICH BAGUETTE

Classic white baguettes, finish in the oven for that freshly baked appearance and texture



F 102444 8 x 800G

BRAKES ESSENTIALS THICK SQUARE SLICED WHITE LOAVES

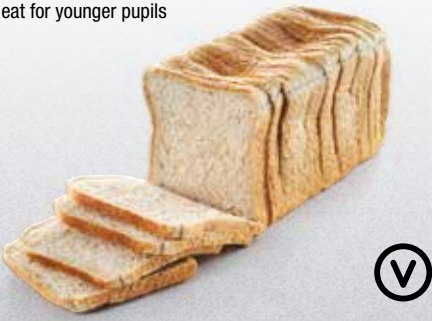
A cost effective white loaf which is ideal for everyday use in high volume school kitchens.



F 102443 8 x 800G

BRAKES ESSENTIALS MEDIUM SQUARE SLICED WHOLEMEAL LOAVES

Ideal for sandwiches as an alternative to white bread, and an easy eat for younger pupils



F 3490 30 x 140G

10" PART BAKED WHITE SANDWICH BAGUETTE

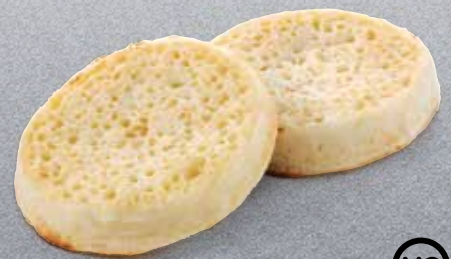
Finish these frozen, classic white baguettes in the oven for a deliciously fresh taste. Ideal for a larger sandwich option in secondary schools, or half and serve as a soup accompaniment.



F 33040 6 x 6 x 50G

LUXURY BAKED SOURDOUGH CRUMPETS

Luxury, ready-baked sourdough crumpets. Defrosted shelf-life of 3 days (unopened)



F 152730 50 x 60G

SYSKO ESSENTIALS READY TO BAKE CROISSANT

Ready to bake croissant made with vegetable fats



F 4884 48 x 100G

LA BOULANGERIE FULLY BAKED PLAIN BAGELS

An easy to use bagel which works for every meal occasion in schools



*Brakes Market Insight forum: Dec 2020

F 5222 48 x 50G
SYSKO ESSENTIALS 4" PRE SLICED UNSEEDED BURGER BUN
 Fully baked and ready to thaw and serve our white bun can be used for burgers or as filled rolls



F 31299 108 x 50G
SYSKO ESSENTIALS 6 1/2" HOT DOG ROLLS
 White, top sliced roll for ease of use. Fully baked and ready to thaw and serve.



F 152728 48 x 75G
SYSKO ESSENTIALS READY TO BAKE PAIN AU CHOCOLATE
 Pain au chocolat made with vegetable fat



F 133712 4 x 12
KARA 4" HIGH FIBRE BUN
 A soft white bread bun with added wheat fibre. Contains the same fibre as a brown bun



F 34339 90 x 50G
LA BOULANGERIE CHOCOLATE CHUNK COOKIE PUCKS
 Vanilla flavour dough with chunks of milk and dark chocolate. These butter-enriched cookie 'pucks' are ready to bake, and give a crunchy coating and deliciously chewy centre



F 32378 50 x 130G
SYSKO CLASSIC PRE-MARKED PANINI BREAD
 Italian-style with grill lines for added appeal. Suitable for a traditional panini which are always a favourite for older pupils. Made with extra virgin olive oil for an enhanced flavour.



F 4381 4 x 18
10" FULLY BAKED FLOUR TORTILLAS
 Great for wraps & burritos



F 111707 4 x 18
LA BOULANGERIE 10" FULLY BAKED BAR MARKED FLOUR TORTILLAS
 With grill lines. These wheat flour tortilla wraps keep for 72 hours once defrosted to save on freezer space.



F 134394 4 x 18
MISSION 25CM BRAN TORTILLA WRAP
 A versatile round high fibre wrap that can be eaten with warm or cold fillings. Perfect for schools



F 145933 36 x 60G
WHOLEMEAL PITTA BREADS
 Slightly leavened wholemeal bread, flat & oval in shape; 36 pitta breads



F 32000 85 x 24G
BRAKES ESSENTIALS GARLIC & PARSLEY BREAD SLICES
 A must with pasta and easy to cook in 5 minutes from frozen under the grill



F 4660 75 x 32G
LA BOULANGERIE GARLIC & HERB SLICES
 Pre-spread with garlic butter and herbs for a filling and tasty side dish. Works well with any pasta based school meal. Delivered part-baked and frozen to help school kitchens control wastage



F 4198 30 x 40G
LA BOULANGERIE CHOTA NAAN
 Meaning 'small size' these teardrop-shaped naans are the perfect accompaniment for curries, and ideal for primary and secondary hot lunches.



F 2815 48 x 72G
SYSKO CLASSIC ENGLISH MUFFINS
 Great breakfast choice. Top with cheese for a quick break-time snack



F 4557 40 x 78G
JAM DOUGHNUTS
 Sugared ball doughnut with apple and raspberry jam filling. Fully baked, ready to thaw and serve



A 183940 50 x 50G
SIMPLY SCRUMMY REDUCED SUGAR MINI CHOCOLATE MUFFIN
 The perfect flow wrapped snack, free from artificial colours and flavours and makes a tasty snack or dessert option



Kara
 FOODSERVICE BAKERS

Meets FSA Salt Guidelines

Brain Fuel!

MK4 High Fibre Bun
 Case Size: 4x12 Unit Weight: 50g

F133712

karafs.co.uk f X @ in

MISSION

Our bran wraps are versatile in nature, delicious in flavour and offer a source of fibre.

F 101767 Mission 30cm Bran Tortilla Wrap

LAZYDAY

Free-from treats you can serve with confidence.

- ✓ GLUTEN-FREE
- ✓ MILK & EGG FREE
- ✓ VEGAN
- ✓ BRC AA+ ACCREDITED BAKERY
- ✓ HAND BAKED IN A NUT FREE FACILITY

A134455 ORANGE TIFFIN
 A134453 ROCKY ROAD
 A101483 MILLIONAIRE'S SHORTBREAD
 A101480 SCOTTISH SHORTBREAD
 A101482 FRUIT CAKE SLICE
 A101481 CHOCOLATE TIFFIN

LUNCHBOX-ALICIOUS!
 Safe for Schools Inclusive Cakes

GLUTEN FREE

PEANUT FREE

NUT FREE

MILK FREE

F151551 Just Love GF Frosted Vanilla Sponge 1 x 1

JUST LOVE
 ENJOYED BY everyone

PRIMARY & SECONDARY SCHOOLS

PLANT-BASED

CHILDREN ARE INCREASINGLY CHOOSING A MEAT-FREE DIET, FOR DIETARY, HEALTH OR PERSONAL REASONS.

Our range helps you respond to this demand and provide a great-tasting, fully inclusive dining experience for all.



Plant-based offerings must be nutritionally balanced and meet School Food Plan guidelines



'Meat-free Mondays' are an established favourite

Many schools are also committed to reducing the amount of meat on their menu to support CSR objectives

HOW WE CAN HELP

We can support you with a wide and growing range of plant-based products, including:



Bakery, dairy, sandwich fillings and many more

OUR BRANDS

- Developed for chefs, by chefs -

Brakes own-brand ready-made staples such as sausages and nuggets



Breakfast, break time and lunchtime ideas



Simple, plate-ready, prepared solutions straight from the freezer



Plant-based alternatives to core ingredients and components for simple substitutions



Big-brand options including mince and protein substitutes

COMPREHENSIVE & EVOLVING RANGE

Including products from dynamic brands and established names.

MÓVING MOUNTAINS

THIS

MEATLESS FARM CO

OUMPH!

LINDA MCCARTNEY'S

Quorn

F 131049 60 x 20G

BRAKES PLANT-BASED MEATBALLS

Add to a tomato based sauce and serve with pasta to make a school meal favourite



A 89716 1 x 2.2KG

SYSCO CLASSIC TOMATO AND BASIL SAUCE

A store cupboard essential, add to any plant based protein for an Italian pasta bake, ragu or lasagne



C 132777 8 x 1LTR

ALPRO OAT NO SUGARS PLANT-BASED LONG LIFE DRINK, VEGAN & DAIRY FREE

Use to make a plant based béchamel, cheese sauce, custard or rice pudding



F 148633 1 x 2.5KG

SYSCO SIMPLY PLANT BASED BATTERED NUGGETS

Plant based chicken-style nuggets made with pea protein and coated in a crispy batter



ORDER & INFORMATION AT BRAKE.CO.UK / OUR-RANGE

F 131077 30 x 50G

SYSCO ESSENTIALS PLANT-BASED CUMBERLAND SAUSAGE

Delicious when served with onion gravy, or used to make BBQ sausage & bean cowboy hot pot or a hot dog



F 133950 1 x 40

LINDA MCCARTNEY VEGETARIAN CATERING SAUSAGE

Use for a traditional sausage & mash lunch or make toad in the hole



F 135791 1 x 1.4KG

SYSCO SIMPLY PLANT BASED FALAFEL

A blend of chickpeas, onion & spices formed into a gluten free ball; 73x19g approximately



F 133951 1 x 24

LINDA MCCARTNEY VEGETARIAN 1/4LB BURGER

A firm favourite on the menu, top with vegan mayo, tomatoes and lettuce and serve in our vegan brioche buns



F 132494 1 x 1KG

KATERVEG MEAT FREE MINCE

Use what you need from the freezer, preventing food waste. Use as you would mince for lasagne, cottage pies or chilli



F 133952 1 x 1KG

LINDA MCCARTNEY VEGETARIAN MINCE

Use to make delicious lasagne, cottage pie or bolognese



F 150775 1 x 200

SYSCO SIMPLY PLANT BASED 1" VEGAN BUFFET SAUSAGE ROLLS

Unbaked puff pastry vegan sausage roll containing a seasoned soya protein filling; approximately 2.5cm; 200 x 17g approximately



F 123480 80 x 20G

QUORN VEGAN FISHLESS FINGERS

Oven bake & serve as you would the humble fish finger



F 4301 1 x 96

BRAKES PUFF PASTRY SQUARES

Create a pastry tart. Spread with pesto, top with vegan meatballs and cooked, diced butternut squash and scatter over grated Violife – delicious!



C 118561 1 x 500G

ALPRO PLAIN YOGHURT ALTERNATIVE

Serve with fruits for breakfast, use in smoothies, stir into a vegan curry for a creamy taste



C 126489 4 x 500G

VIOLIFE ORIGINAL FLAVOUR VEGAN GRATED

Use in the same way as grated cheddar and don't worry about losing flavour



C 132671 1 x 200G

APPLEWOOD VEGAN SLICES

Tasty topping for plant-based burgers for extra taste and premiumisation on secondary school menus



A 133633 1 x 1LTR

VEGAN STYLE CHEESE SAUCE

A tasty sauce that works in pasta bakes and vegetable-based pies, plus as an alternative pizza sauce



A 126924 1 x 1LTR

SYSCO CLASSIC VEGAN MAYO

Stir in chopped parsley and garlic for a great dip to serve with fishless fingers



A 131039 1 x 2KG

CLASSIC CREATIONS VEGAN MASH POTATO MIX

Made with real potato, a creamy buttery flavour without dairy



F 131050 60 x 40G

BRAKES PLANT-BASED KOFTA

Make a tagine base with spices, onions, tomatoes, chick peas, squash & spinach, serve with cous cous or in a wrap for a Greek-inspired meal



F 130799 1 x 4L

BRAKES VEGAN VANILLA FLAVOURED ICE CREAM

A soft scoop dessert, perfect served with fruit or as an accompaniment for a dessert



C 134451 12 x 100G

QUORN VEGAN CHICKEN FREE SLICES

Great for lunchtime sandwiches and wraps or added to salads



A 6039 1 x 3KG

BRAKES GREEN LENTILS

Make our plant based bolognese, lentils are packed with fibre, potassium and iron making them a tasty addition to any school menu



F 103604 1 x 4LTR

COOLICIOUS STRAWBERRY FROZEN YOGURT

Smooth, creamy refreshing taste. Contains a massive 38% fresh yogurt and fully traceable skimmed milk from Lakeland Dairies' farms



F 146280 200 x 25G

SYSCO ESSENTIALS VEGETABLE NUGGETS

A seasoned blend of carrots, green peas, sweetcorn, onion & red peppers, shaped into a bite size nugget, coated in breadcrumbs & flash fried



F 130435 1 x 28

LA BOULANGERIE 9" VEGAN BRIOCHE STYLE HOT DOG ROLL

Ideal for school events and end-of-term barbecues



F 132613 6 x 8

KARA 4 1/2" SLICED VEGAN BRIOCHE BURGER BUN

All the taste and fluffiness of brioche made from plant-based ingredients, fill with plant-based burgers for a hearty school lunch



F 129371 20 x 283G

PROPER CORNISH VEGAN PASTY

Packed with vegetables and vegan mince, these tasty pasties are a superb hand-held option for secondary schools



C 113654 1 x 1LTR

ALPRO SOYA FOR PROFESSIONALS

Long life, plant-based soya alternative to milk which serves a variety of uses in school kitchens



F 136364 120 x 40G

GREPE CUISINE AMERICAN STYLE VEGAN PANCAKE

Popular with older pupils and a tasty breakfast solution; simply top with fruits, syrup or plant-based bacon for an American inspired treat



A 16285 1 x 2LTR

BLUE DRAGON DARK SOY SAUCE

A key ingredient in any Asian recipe, perfect for a stir-fry or marinade



Radnor

HYDRATION FOR EVERY GENERATION



Explore the range.

RADNOR FIZZ

24 x 330ml PET*

Tropical	A 28745
Apple	A 28746
Forest Fruits	A 28748
Sour Cherry	A 118103
Orange & Mango	A 147982

RADNOR FRUITS

24 x 200ml Tetra*

Apple	A 120143
Orange	A 120144
Forest Fruits	A 120145
Tropical	A 120146

24 x 330ml Can***

Lemon & Lime	A 135436
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RADNOR SPLASH

24 x 500ml PET**

Strawberry	A 105137
Forest Fruits	A 105139
Lemon & Lime	A 105140
Watermelon	A 132475
Apple & Raspberry	A 132476
Orange & Passion Fruit	A 132477

24 x 330ml PET**

Lemon & Lime	A 101499
Strawberry	A 101502
Watermelon	A 132443
Apple & Raspberry	A 132444
Orange & Passion Fruit	A 132445

24 x 250ml Tetra**

Apple & Raspberry	A 133695
Orange & Passion Fruit	A 133696
Watermelon	A 133697

*School compliant in England, Wales and Northern Ireland

**School compliant in Scotland
***School compliant in England

Scan for more info on compliance



PRIMARY & SECONDARY SCHOOLS

ALLERGEN CATERING

HELPING YOU MEET THE FULL RANGE OF CHILDREN'S DIETARY AND HEALTH NEEDS CONSISTENTLY, SAFELY AND CONFIDENTLY.

Schools need to be able to cater for a huge range of allergies, sensitivities and intolerances. In the light of Natasha's Law, this is especially relevant for schools preparing and offering takeaway food.



There are an estimated 2 million+ people living with a diagnosed food allergy in the UK*



Disorders where allergy may be involved affect about 1 in 3 of the population (around 20 million people)*

HOW WE CAN HELP



Brakes Virtual Chef powered by Nutritics® includes all the information you need to comply with Natasha's Law***



Brakes own-brand suppliers constantly monitored to minimise all reasonable risks during manufacture



Wide range of free-from products covering all major allergens and intolerances



Easily accessible allergen information for all products available online



Our allergen-free products go through rigorous technical and quality assurance processes



No compromise on taste or quality, so pupils can enjoy exactly the same eating experience as their friends and peers.

CROSSED GRAIN CERTIFICATION

Coeliac UK (gluten-free accreditation)



Information accurate at the time of publication. The 'Plant Based' status of the products may change. Please refer to the Brakes website and the product packaging for the most up to date information.

*Source: Natasha Allergy Research Foundation (NARF) 2025.

A 89707 1 x 2.2KG

SYSKO CLASSIC KORMA SAUCE

Create a curry theme day to help boost school meal uptake, quick and easy to use.



F 149041 6 x 4 x 75G

SCHÄR GLUTEN FREE & VEGAN TEACAKES

Gluten free fruited teacakes. 4 per pack with 6 packs per case



A 591107 1 x 5KG

TILDA BROWN & WHITE WHOLEGRAIN RICE

Wholegrain easy cook long grain rice (50%) and white easy cook long grain rice (50%)



F 89520 1 x 100

SYSKO ESSENTIALS GLUTEN FREE CHOCOLATE CAKE SLICE

A dark, moist slice of chocolate loaf produced in a dedicated gluten, wheat and dairy-free facility. Gluten-free and individually wrapped for 'on-the-go' snacking



F 129228 6 x 24

BLANGO NINO 15CM GLUTEN FREE SOFT CORN TORTILLA WRAP

A 15cm (6") diameter soft white corn tortilla wrap. This product is GMO-free, gluten-free and preservative free



A 128315 1 x 2.2KG

FLAT RICE NOODLES

Suitable for allergen requirements; add to a stir fry with protein and vegetables



F 11614 1 x 3KG (60G)

CROWN FOODS MSC GLUTEN FREE BUBBLE CRUMB FISH FILLET

Wild MSC Alaska pollock fillet coated in a gluten-free bubble crumb coating which provides extra crunch. Ideal for secondary school wraps and fishfinger sandwiches



F 122927 60 x 50-70G

PORTICO CLASSIC GLUTEN FREE BATTERED MSC ALASKA POLLOCK FILLETS (SKINLESS, BONELESS)

Skinless, boneless formed Alaska pollock fillets, coated in a crisp gluten-free batter & flash fried



ORDER & INFORMATION AT BRAKE.CO.UK / OUR-RANGE

A 124867 210 x 50G

KIKKOMAN TAMARI GLUTEN FREE SOY SAUCE

Great for Asian cooking and creating a theme day in secondary schools



F 113734 6 x 200G

SCHÄR GLUTEN FREE WHITE CIABATTA ROLL

White ciabatta rolls that are high in fibre, low in fat and low in saturated fat



F 135100 4 x 55G

SCHÄR GLUTEN FREE CROISSANTS

Smaller size for schools. Bake in 10 minutes from frozen



A 135101 4 x 4 x 75G

SCHÄR GLUTEN FREE HAMBURGER BUNS

The iconic American classic bun just beautifully gluten free



F 132420 24 x 72G

**NEW YORK BAKERY
GLUTEN FREE PLAIN
BAGEL**

A delicious breakfast club and morning break time option. Simply toast and offer plain or with spreads like cream cheese or jam



A 591924 1 x 1LTR

**HOUSE RECIPE
CLASSIC TOMATO
KETCHUP**

A kitchen classic supplied in a convenient 1ltr squeeze bottle



A 114957 5 x 1KG

**FREEE BY DOVES
FARM GLUTEN FREE
SELF RAISING WHITE
FLOUR**

Perfect for baking cakes and sponge puddings



A 5003034 24 x 125G

**WIBBLE RASPBERRY
JELLY POTS**

Low sugar, plant based Raspberry flavour jelly with no artificial preservatives. Ambient stable and ready to eat



A 114956 5 x 1KG

**FREEE BY DOVES
FARM GLUTEN FREE
PLAIN WHITE FLOUR
BLEND**

Ideal for making sauces, cookies and crumbles



A 149198 1 x 1.9KG

**WIBBLE VEGAN AND
LOW SUGAR ORANGE
JELLY CRYSTALS**

Orange flavour jelly crystals. Quick set, plant based and low sugar. Just add hot water and jelly sets in 1 hour with no need to refrigerate. Only 20 cals per serving with 100% natural ingredients. Perfect as a base for trifle, or on its own as a great value dessert option



A 124868 1 x 400G

**GAROFALO GLUTEN
FREE SPAGHETTI
PASTA**

No need for anyone to miss out on bolognese, and small pack sizes means this is a cost effective option



F 152733 1 x 2

**SYSO ESSENTIALS
HIGH FIBRE GLUTEN
FREE CARROT
TRAYCAKE**

Gluten free carrot traycake topped with icing & walnut pieces; uncut



Noble Foods are proud to introduce our Added Value egg brand the Great British Egg Co, we provide a wide range of high welfare, time saving and innovative egg products designed for food businesses of all sizes with full product traceability.



100G FOLDED OMELETTES

Plain Free Range (F152417)
Cheese Free Range (F152418)

Case size x 24 - 2.4kg
(Frozen)



50G ROUND OMELETTES

Plain Free Range (F152419)

Case size x 50 - 2.5kg
(Frozen)



SCRAMBLED EGG

4 x 1kg Free Range (F112443)
(Chilled)

1kg Liquid Egg Mix (F152213)
Free Range (Frozen)

Put a little Pom in your day

NEW FLAVOUR!

POM-BEAR Cheese 19g

POM-BEAR Original 19g

they're that good

made for poppin' sales

NON-HFSS and c-quin compliant

popchips barbeque 100g

popchips sour cream & onion 100g

A151095 A110658 A103192 A103193

Refreshing drinks to enjoy chilled, or as a tasty addition to smoothies.

Pure, simple and naturally delicious

JUICE 100% ORANGE

JUICE 100% APPLE

JUICE 100% PINEAPPLE

JUICE 100% CRANBERRY

A 100243 Brakes The Juice Orange
A 100244 Brakes The Juice Apple
A 100245 Brakes The Juice Pineapple
A 26448 Brakes The Juice Cranberry

All 12 x 1ltr

PRIMARY & SECONDARY SCHOOLS

SCHOOL ACTIVITY CATERING

NOT ALL SCHOOL CATERING IS CONFINED TO THE CANTEEN.

Activities happen throughout the school year at which pupils will still need nourishing, healthy food and drink. Brakes has a superb range of sandwich options, savoury snacks and drinks that work brilliantly for packed lunches, ensuring you can prepare for large numbers of pupils or visitors with confidence at events including:

- /// Sports days
- /// Open evenings
- /// Off-site school trips
- /// PTA and staff meetings

HOW WE CAN HELP



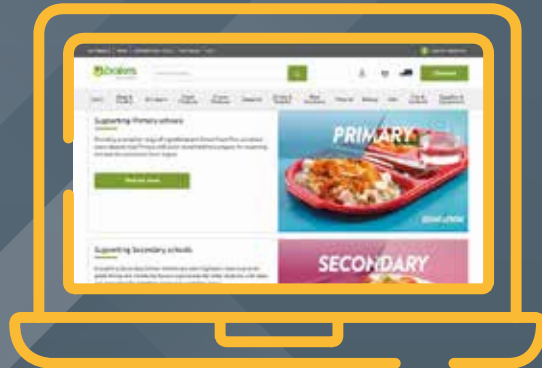
All the catering supplies schools need to effectively cater for these additional activities



Must-have items including clingfilm, foil, paper lunchbags, disposable aprons and cleaning products



A range of disposable serving platters and serviettes for buffets and other special occasions



To find out more, please visit our Education hub on our website, or speak to your Brakes sales contact.

*Even if you're not offering pre-packed food for direct sale (PPDS) you still need to follow Natasha's Law guidance to keep everyone safe and healthy. Visit brake.co.uk/education to see how Brakes can help you comply with this vital legislation.

C 70147 1 x 1KG (20 PTN)

FRIDAYS FREE RANGE EGG MAYONNAISE SAVOURY FILLING

A great vegetarian option. Add cress for colour and taste



A 102239 1 x 5LTR

SYSCO CLASSIC DOUBLE STRENGTH ORANGE SQUASH NO ADDED SUGAR

A cost effective cordial, you only need half the amount of concentrate



A 123803 18 x 12G

PROPERCORN FOR KIDS SIMPLY SWEET POPCORN

Individual bags of popcorn which are a super snack for pupils of all ages



F 101767 4 x 18

MISSION 30CM BRAN TORTILLA

Make a simple swap from white breads to this tortilla with added bran to introduce more fibre



ORDER & INFORMATION AT BRAKE.CO.UK / OUR-RANGE

C 10245 1 x 3

MIXED PEPPERS

Slice our peppers and add to cucumber and carrot batons for colourful crudité



C 10292 1 x 10

MEDIUM ORANGES

Cut into wedges for a refreshing fruit choice, ideal for sporting events and after school clubs



C 450694 1 x 2KG

CARROTS

Cut into batons and serve with a dip



F 3627 48 x 51G

BRAKES ESSENTIALS 3" SAUSAGE ROLLS

A school picnic or after school event wouldn't be complete without a sausage roll



C 10264 1 x 10

EASY PEELER CITRUS

These little oranges are a great source of vitamin C



F 5010654 6 x 500G

BAKEAWAY MINI PANCAKE BITES

Soft and fluffy vanilla-flavoured pancake bites. Great customisable portion size for all age groups. Can be eaten hot or cold, served plain, or topped a variety of syrups, fruits & sauces.



C 70160 1 x 1KG (20 PTN)

BRAKES CHICKEN MAYONNAISE SAVOURY FILLING

A great time saver for busy school kitchens. Fully prepared and chilled, ready-to-eat filling for sandwiches, rolls and jacket potatoes.



C 152128 1 x 1KG (20 PTN)

SYSCO ESSENTIALS TUNA MAYONNAISE SAVOURY FILLING

A firm favourite with pupils of all ages. Ready mixed and easy to use straight from the lidded container



F 102443 8 x 800G

BRAKES ESSENTIALS MEDIUM SQUARE SLICED WHOLEMEAL LOAVES

Make a simple swap from white breads to ones with added fibre



F 5008532 60 x 80ML

COOLDELIGHT VANILLA ICE CREAM TUBS

Vanilla flavour ice cream, smooth in texture, free from grittiness, in an environmentally-friendly, fully recyclable & compostable, printed paper tub and 100% recyclable lid



C 71256 1 x 500G (25 SLICES)

BRAKES MILD WHITE CHEDDAR CHEESE SLICES

Mild flavour, ideal for younger children



F 121052 40 x 40ML

PIP ORGANIC APPLE FRUITY ICE LOLLY

After all of those sports day activities enjoy a treat of a fruit lolly, made with 100% organic fruits. No added sugar, colours or flavourings



C 74704 1 x 454G

SYSCO CLASSIC SLICED HAM

Ideal for making sandwiches and finger rolls



C 110762 72 x 37G

FRUBES

Individual yogurt treat, no spoons required



C 110265 1 x 500G

WHITE SEEDLESS GRAPES

Grapes are ideal for packed lunches and are an easy 'no mess' snack when catering for events and activities



A 110658 1 x 36

POM BEAR ORIGINAL

Teddy bear crisps for a teddy bear picnic



A 136972 50 x 18G

PEPPA PIG CHEESEY LENTIL PUFFS

Baked red lentil puffs with a cheese flavour seasoning



A 136266 18 x 20G

BEAR BLACKCURRANT FRUIT YOYOS

Gently baked fruit rolls with apple, pear and blackcurrant



A 112914 16 x 95G

JELLYSQUEEZE STRAWBERRY FLAVOUR JELLY POUCH

Made with fruit juice and containing no added sugar* or artificial sweeteners. Vegetarian Society vegan approved jelly is non-HFSS and school compliant*. In a handy resealable pouch. *Contains naturally occurring fruit sugars. †Meets school food standards in England and Wales



A 5000465 18 x 20G

BEAR FRUIT SPLITS STRAWBERRY & APPLE

Gently dried fruit and vegetable sticks with apples, pears & strawberries. 1 of your 5 a day. 100% natural ingredients with no added nonsense. High in fibre, No added sugar – only naturally occurring sugars from fruit. Vegan friendly, gluten free, nut free, kosher



A 591141 16 x 95G

JELLYSQUEEZE APPLE & BLACKCURRANT FLAVOUR JELLY POUCH

Made with fruit juice and containing no added sugar* or artificial sweeteners. Vegetarian Society vegan approved jelly is non-HFSS and school compliant*. In a handy resealable pouch. *Contains naturally occurring fruit sugars. †Meets school food standards in England and Wales



A 134865 12 x 34G

METCALFE'S YOGHURT & STRAWBERRY RICE CAKES

Rice cakes with yoghurt flavoured coating, sprinkled with freeze-dried strawberry pieces.



A 88390 12 x 18 x 14G

FUNTIME RAISINS

Ready to eat sundried raisins



A 151570 14 x 35G

BEAR FRUIT GENTLY BAKED MANGO

Bear bakes fruits low 'n' slow for tenderness & flavour. Get the benefits of delicious fruit, without the mess. 1 of your 5 a day per 30g. Source of fibre, no added sugar, no sulphites, no preservatives. Vegan friendly, gluten free, nut free, kosher



A 132004 1 x 36

GOLDEN WONDER ANIMAL ADVENTURES ORIGINAL FLAVOUR SNACK

Original flavour potato, tapioca and maize snacks. 36 x 18.9g bags per case.



A 118113 30 x 40G

WALKERS MONSTER MUNCH PICKLED ONION SNACKS

Case of 30 single packs



A 135732 30 x 30G

SOREEN STRAWBERRY LUNCHBOX LOAVES

30 individually wrapped 30g lunch box loaves. Suitable for vegans, nut free and school compliant.



A 88830 25 x 50G

BRAKES SULTANAS & RAISINS BAG

Snack-size bags



A 135731 20 x 30G

SOREEN APPLE LUNCHBOX LOAVES

20 individually wrapped apple lunch box loaves. Suitable for vegans, nut free and school compliant.



A 125439 25 x 20G

KELLOGG'S RICE KRISPIES CEREAL & MILK BARS

All of the great taste of Kellogg's Rice Krispies Cereal combined with a milky layer to create an easy to eat cereal bar. Rice Krispies Cereal Bars are the perfect way to enjoy our classic toasted rice cereal on-the-go. Perfect for an on-the-go snack



A 84875 18 x 113G

FRUITYPOT PEACH & PEAR IN JUICE

Individual portions of peach & pear pieces in fruit juice, complete with a handy paper wrapped wooden spoon for on-the-go eating. Perfect for breakfast, desserts and snacking. Supplied in shelf ready packaging for easy merchandising. Ambient storage.



A 134495 32 x 25G

WALKERS CLASSIC VARIETY CRISPS BOX

10 x Cheese & Onion flavour potato crisps; 10 x Ready Salted; 6 x Salt & Vinegar; 6 x Prawn Cocktail flavour with sugar and sweetener



pladis

Exciting sweet and savoury snacking from well-known, well-respected brands that use only the finest ingredients. Ideal for education sector catering

A149242
McVitie's Jaffa Cake
Snack Pack
20 x 4 cakes

A133786
McVitie's Original
Digestives to Go
24 x 29.4g

A100135
Jacob's Mini Cheddars
Original Handypack
44 x 35g

A1154
Jacob's Cream
Crackers Minipack
168 x 2 pack

Shop now at www.brake.co.uk

PRIMARY & SECONDARY SCHOOLS

DRINKS

A COMPLETE RANGE TO HELP YOU MEET ALL PUPILS' HYDRATION NEEDS.

For primary school pupils you can serve milk-based drinks and cartons for variety under the School Food Plan, with water being freely available.

For secondary school students, you can offer a much wider range of bottles, cartons and cans from our range, all of which still meet School Food Plan guidelines.

HOW WE CAN HELP

Our drinks range for schools includes:



Growing range of reduced and no-sugar products



Wide choice of flavours, including popular favourites and more exotic options

OUR BRANDS

Developed for chefs, by chefs



Familiar brands plus Brakes own-brand alternatives



Products that support UK and regional suppliers

Download our full product guides for primary and secondary school drinks from brake.co.uk/education, then follow the link to Menu Support.



Primary drinks guide (PDF download)



Secondary drinks guide (PDF download)

A 25579 27 x 200ML

VIVA STRAWBERRY FLAVOUR SEMI-SKIMMED MILK - NO ADDED SUGAR

A delicious flavoured milk in a size ideal for younger pupils, a popular break-time drink which helps keep them hydrated



A 25577 27 x 200ML

VIVA CHOCOLATE FLAVOUR SEMI-SKIMMED MILK - NO ADDED SUGAR

A delicious chocolate flavoured milk in a size ideal for younger pupils, a popular break-time drink



A 120144 24 x 200ML

RADNOR FRUITS 50% ORANGE STILL

A refreshing, orange flavoured drink in a handy carton, the smaller size makes this drink ideal for younger pupils



A 105137 24 x 500ML

RADNOR SPLASH STILL STRAWBERRY

Still strawberry flavoured spring water drink with sweeteners



A 77973 8 x 330ML

INNOCENT ORANGE JUICE SMOOTHIE

100% natural, made with pure fruit and no added sugars or sweeteners making them ideal for schools. Bottles contain a min of 50% rPET and can be fully recycled. Innocent gives 10% of their profits to charity, find out more at www.innocentfoundation.org



A 85099 30 x 330ML

PRIORY SPRING STILL SPRING WATER

Crisp and refreshing and sourced from Harrogate in the UK, this water is low in sodium and in a handy sized bottle for break time or school events.



A 84692 24 x 500ML

PRIORY FALLS STILL WATER SPORTS CAP

500ml size to ensure pupils stay hydrated. British water sourced from the spa town of Harrogate.



A 101499 24 x 330ML

RADNOR SPLASH SPARKLING LEMON & LIME

The zest of lemon and lime help to make this bottle of water super tasty and rejuvenating



A 119902 24 x 250ML

RIBENA BLACKCURRANT



A 152435 27 x 200ML

THE JUICE ORANGE BLEND

Enjoy the perfect balance of citrusy goodness. Made from sun-ripened oranges and sweet, tangy mandarins, this refreshing juice delivers a burst of natural flavour with every sip



A 118103 24 x 300ML

RADNOR FIZZ 45% SOUR CHERRY

Delicious and flavoursome, this drink packs a punch and is ideal for older pupils who want an extra tasty drink



A 120143 24 x 200ML

RADNOR FRUITS 50% APPLE STILL

Manufactured in Wales, this still apple juice is fruity and refreshing



A 147984 24 x 250ML

SUSO APPLE & CHERRY

Sparkling no added sugar apple and cherry flavour multi fruits juice drink. Contains naturally occurring sugars



A 111388 12 x 300ML

YAZOO CHOCOLATE

UHT chocolate flavoured milk drink in a 300ml bottle, a favourite with older pupils



A 122529 12 x 500ML

VOLVIC TOUCH OF FRUIT SUGAR FREE WATERMELON NATURAL FLAVOURED WATER

A juicy burst of flavour in a handy 500ml bottle. Volvic is a well known brand which older pupils will be aware of.



A 86861 12 x 1LTR

VOLVIC NATURAL BOTTLED MINERAL STILL WATER SPORTS CAP

During its underground journey Volvic natural mineral water is filtered through 6 layers of volcanic rock giving it a unique mineral composition.



A 120146 24 x 200ML

RADNOR FRUITS 50% TROPICAL STILL

Radnor is based in Wales for those school caterers interested in provenance and regionality



A 133696 24 x 250ML

RADNOR SPLASH ORANGE & PASSIONFRUIT STILL

This easy to use carton doesn't require a straw and is full of flavour



A 111387 12 x 300ML

YAZOO STRAWBERRY

UHT strawberry flavoured milk drink in a large 300ml bottle which can be easily resealed



A 147982 24 x 330ML

RADNOR FIZZ ORANGE & MANGO FLAVOUR

Combines sparkling spring water with real fruit juice. The Radnor Fizz range is school compliant across England, Wales, and Northern Ireland. Radnor Fizz bottles are 100% recyclable and made from 30% recycled plastic



PRIMARY & SECONDARY SCHOOLS

CATERING SUPPLIES

A WIDE RANGE OF PACKAGING AND CATERING SUPPLIES TO MEET THE NEEDS OF SCHOOL CATERERS.

Everything you need to operate a clean, safe, hygienic and sustainable school kitchen, all delivered with your regular Brakes order.

Our range also includes products that address sustainability and environmental issues that matter to your stakeholders.



Heightened public concern about excessive, avoidable and single-use plastics in the food chain

Greater awareness of, and demand for recycled and recyclable materials

HOW WE CAN HELP



Products from sustainable sources and raw materials, compostable packaging and recycled paper products



Sturdy takeaway boxes to help deliver your food-to-go offer



Variety of sizes and finishes to meet all portion sizes



Superb range of high-performance chemicals for a safe and hygienic kitchen



Disposable cutlery and plates for high volume school canteens

A 14780 1 x 1

MIGI BAKING PARCHMENT CUTTER BOX 45CM X 75M

No need to grease cake tins, baking sheets or the baking parchment itself and widely used as a lining parchment. Siliconised on both sides giving a non-stick surface for easy release from baked goods. Paper is from sustainable sources.



A 10515 1 x 6 (325 SHEETS)

MIGI 2 PLY BLUE CENTREFEED KITCHEN WIPES

A kitchen essential to keep work surfaces clean



A 150329 1 x 250

SYSCO EARTH PLUS UNBLEACHED BAGASSE 23CM MEDIUM BOX

Unbleached bagasse/ moulded fibre 23cm/9" medium box/clamshell. Perfect for takeaways. No added PFAS. Home compostable. Leakproof and waterproof for up to 30 minutes. Part of the Sysco Earth Plus range



A 28990 1 x 200

HEAVY DUTY REFUSE SACKS 457 X 737 X 838MM

These heavy-duty bin bags are ideal for heavy and bulky kitchen waste



A 15513 1 x 1

MIGI CLING FILM CUTTER BOX 30CM X 300M (PVC)

Soft, flexible cling film that can be used in the microwave, ideal for sealing food on the servery before service.



A 15515 1 x 1

MIGI ALUMINIUM FOIL CUTTER BOX 50CM X 75M

Made for professional kitchens and in a sturdy box with serrated edge. Keeps the flavours and juices in when cooking roasts, or baking dishes in the oven.



A 15514 1 x 1

MIGI EXTRA WIDE CLING FILM CUTTER BOX 45CM X 300M

Extra wide cling film that works on serving platters and larger plates



A 88289 2 x 300

BRAKES WHITE 2PLY NAPKIN 33CM

Ideal all rounder for school canteens



A 17382 1 x 50

MIGI ALL PURPOSE BLUE CLOTH

All round cleaning essential in handy pack of 50



A 89843 1 x 10

STAINLESS STEEL SCOURER 40G

Stainless steel metal scourers will not rust and are perfect for removing baked on food. These large heavy duty scourers are supplied individually wrapped. Do not use on non-stick or delicate surfaces



A 29547 1 x 100

MEDIUM BLUE VINYL GLOVES POWDER FREE

Ambidextrous single use gloves. Also available in sizes: extra large A 104466 large A 29548



A 132655 1 x 250

SMALL BROWN PAPER TAKEAWAY BAG 180X220X90MM

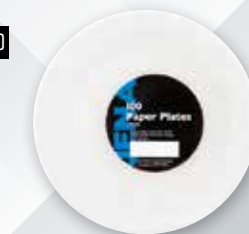
Small brown kraft paper bag with external flat handles. Ideal for use in the education, café, deli and take away sector



A 87734 1 x 100

UNCOATED WHITE PAPER PLATES 6"/15cm

Cost effective, biodegradable & compostable, ideal for serving food-to-go snacks, works well with our film fronted bags



A 5360 1 x 480

MUFFIN PAPER CASES

Grease resistant and conveniently packed for easy use



A 152581 6 x 750ML

KEYSTONE OVEN & GRILL SPRAY

For use on grills, ovens, fryers and other surfaces and utensils that need an effective degreasing action. Do not use on aluminium, painted surfaces, ceramic hobs or glass.



A 117767 1 x 500

ALLERGEN STORAGE LABEL 51X101MM

A single removable adhesive label showing all 14 allergens. Simply mark the relevant allergen(s) contained in the product



A 152542 6 x 750ML

KEYSTONE DES DISINFECTANT SPRAY

A highly effective, EN norm compliant, ready-to-use disinfectant cleaner, helping to maintain a high level of antimicrobial protection in both customer and employee environments, offering clean, healthy spaces and peace of mind



A 152577 2 x 5LTR

KEYSTONE MULTI SURFACE

A multi-surface and floor cleaner for the quick removal of dirt and grease, leaving surfaces clean and shiny and providing a pleasant and long lasting pine scent after cleaning. Use with refill bottle A 5005396 and trigger spray head A 121220



A 85323 1 x 500

VEGWARE WHITE MEDIUM BAGASSE CHIP TRAY (7 X 51N)

Eco chip tray. For all hot or cold food to go – chips, street food, curries, salads or fried treats. Bagasse is recycled sugarcane fibre. Award-winning quality by Vegware, made from plants, not plastic.



A 151562 10 x 100

SYSCO EARTH PLUS WOODEN FORK 160MM

1000 wooden biodegradable and home compostable forks. Also available: Spoon A 151563 Knife A 151564



PRIMARY & SECONDARY SCHOOLS

CATERING EQUIPMENT

ALL YOUR ESSENTIAL ITEMS FOR FOOD PREPARATION, STORAGE AND SERVICE.

Our comprehensive catering equipment range includes items designed specifically for schools to help provide a positive dining experience at meal times. We can also supply all the equipment you need to operate your school kitchen efficiently, hygienically and safely.

HOW WE CAN HELP



Coloured, polycarbonate tumblers which are sturdy and reusable



Child-sized cutlery for smaller hands to use at the table



Kitchen essentials, including baking trays and jugs



Light kitchen equipment



All delivered with your regular Brakes food order

A 150667 | x 10

POLY FLUTED TUMBLER GREEN 150ML

With high impact strength, toughness and heat resistance. Polycarbonate tableware is safe for use by children as it will not shatter or splinter.



A 133152 | x 1

CLEAR POLYCARBONATE JUG WITH WHITE LID 2LTR (700Z)

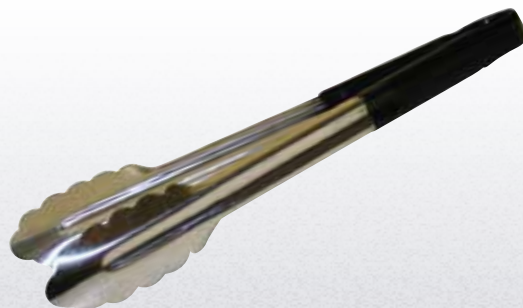
Jug with self closing lid for safe and easy use. Designed to fit in a fridge door compartment



A 556199 | x 1

BLACK HANDLE SERVING TONGS 31CM (12.25")

Our versatile tongs can be used to handle hot and cold food making it easier to serve children quickly when speed of service is key



A 89532 | x 1

ETI DIGITAL MULTI FUNCTION THERMOMETER

A versatile kitchen thermometer with a max/min memory function and high/low alarm. Temperature range -49.9°C to 149.9°C.

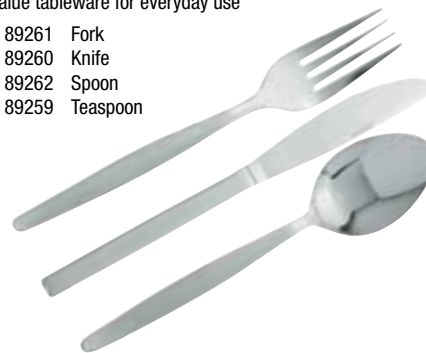


| x 12

ECONOMY STAINLESS STEEL TABLE CUTLERY

Value tableware for everyday use

- A 89261 Fork
- A 89260 Knife
- A 89262 Spoon
- A 89259 Teaspoon



A 132908 | x 1

STAINLESS STEEL CURVED SIDED MIXING BOWL 40CM (16") 10.5LTR (370oz)

Durable mixing bowl that is essential for any catering establishment and perfect for commercial kitchens



A 133391 | x 1

MATFER POLYCARBONATE 12 PIECE PIPING NOZZLE SET

Includes 6 plain and 6 star nozzles

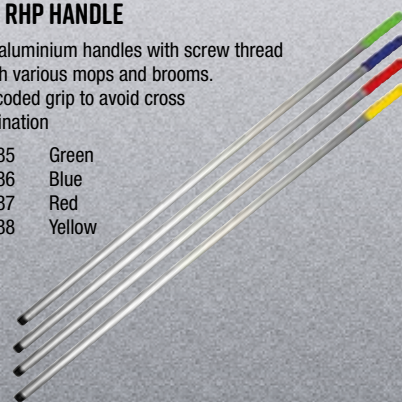


| x 1

137CM RHP HANDLE

Quality aluminium handles with screw thread to attach various mops and brooms. Colour coded grip to avoid cross contamination

- A 591185 Green
- A 591186 Blue
- A 591187 Red
- A 591188 Yellow



A 151271 | x 1

STAINLESS STEEL SERVING SPOON 12" WITH HANGING HOLE

Strong and sturdy stainless steel spoon that can be used to make and serve a variety of foods.



A 133248 | x 1

12 DEEP HOLE NON STICK MUFFIN TIN

35.4x27x3cm (14x10x1.25")



A 132989 | x 1

NON STICK ROLLING PIN 35CM (14")

Made from food grade polyethylene

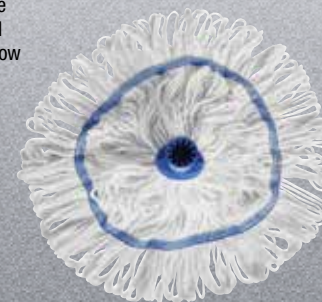


| x 1

RAMON HYGIENE 250G SOCKET MOP

Good quality mop heads for use with RHP handles shown left

- A 129162 Green
- A 129163 Blue
- A 129161 Red
- A 129160 Yellow



A 132933 | x 1

ZODIAC BLACK SERVING TRAY 40 x 30CM (16 x 12")

Quality long lasting and hardwearing serving tray. Dishwasher safe and ideal for busy canteens



A 556182 | x 1

GENWARE STAINLESS STEEL GASTRONORM GN 1/1 6.5CM DEEP - 53 x 32.5 x 6.5 (20 x 12.7 x 2.5")

Great for cooking main meals in the oven and serving vegetables on the servery. For use with A 133236 lid - below



A 133236 | x 1

GENWARE STAINLESS STEEL GASTRONORM LID GN 1/1 - 53 x 32.5 (20 x 12.7)

This gastronorm lid keeps your food hot, plus retains moisture and reduces spillages. For use with A 556182



A 133101 | x 1

MASTERGLASS NON STICK BAKING TRAY 34 x 24 x 2CM (13 x 10 x 1")

Manufactured from heavy duty commercial weight 1mm steel, with a double non-stick coating that ensures quick and easy release



SUPPORTING PRIMARY SCHOOLS

OVER 40 YEARS' EXPERIENCE AND EXPERTISE WORKING WITH PRIMARY SCHOOL CATERERS

“Supporting our school chefs and caterers is integral in how we nurture our children through food. For many children this may be the only hot and nutritionally balanced meal that they get to enjoy.

We need to make the recipes exciting, colourful, healthy, well-balanced and maintain best practice within kitchen management for food costing and food waste.

Our meat and poultry range includes reduced individual portion sizes for smaller appetites, together with gluten-free options to help schools cater for special diets. We can also supply all your ambient 'kitchen cupboard' favourites and staples, plus a range of drinks.

Zoe Gill, Brakes Development Chef, Education

p.s. to connect families and communities through delicious food and foodie inspiration I've created a Facebook group 'Schools Out! Big Cooks & Little Cooks'. It's a feel-good platform connecting people through food.”



Schools Out! BIG COOKS & LITTLE COOKS

“ Schools out! Big Cooks & Little Cooks was created by the wonderful Zoe Gill at the start of lockdown to help so many people who were struggling. I for one can say that finding the inner baker that I had forgotten about for so long helped me a great deal.

The group continues to connect many other people through food, and helps members realise how therapeutic cooking can be – from making a plain cookie to a Goan curry. You'll also have a chance at winning prizes throughout the year.”

Member feedback



FIND US ON FACEBOOK
SCHOOLS OUT! BIG COOKS
AND LITTLE COOKS



SUPPORT AND GUIDANCE

3-WEEK MENU PLANNER

A complete set of tasty, nutritionally balanced lunch menu and dish ideas to cover a three-week catering cycle

- /// Includes proven favourites and theme days
- /// All dishes meet School Food Plan standards
- /// Suggestions for fewer, more versatile ingredients to reduce buying lists and simplify recipes

To download the Menu Planner (interactive PDF) please visit brake.co.uk/education and follow the links to 'Menu Support'

MEAL OCCASIONS AND PRODUCT SUPPORT

Over the following pages, we showcase some of the other benefits of our range for:

Primary school breakfast – everything you need to provide children with the most important meal of the day

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Primary school lunches – helping you serve an appetising and cost-effective lunch every day

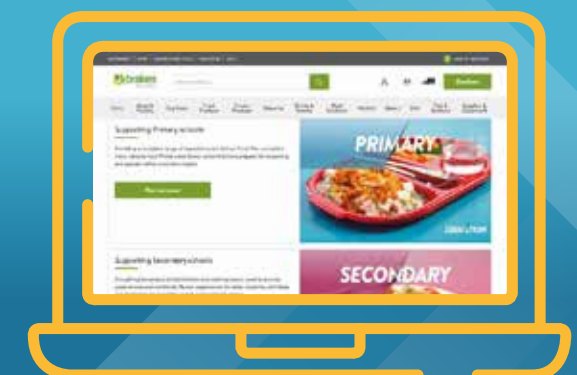
PAGE
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Fish – making it easy to provide an essential component of a healthy, balanced diet, as required by the School Food Plan

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TO ACCESS THESE TOOLS, VISIT
BRAKE.CO.UK/EDUCATION and follow the link for
'Menu Support' within the Primary Schools section



PRIMARY SCHOOL BREAKFAST

EVERYTHING YOU NEED TO PROVIDE CHILDREN WITH THE MOST IMPORTANT MEAL OF THE DAY.

Breakfast is a crucial meal for schoolchildren. Starting the day with a hearty, healthy meal helps fuel their mind and body, and gives them the energy they need to maximise their cognitive and physical abilities during the day.

-  Eating breakfast regularly is positively associated with academic performance*
-  Evidence suggests low GL foods such as porridge oats and some fruit and vegetables also play a part*
-  Most UK children fail to eat the recommended daily amount of fibre

HOW WE CAN HELP



All the products you need to provide nutritious breakfasts for primary pupils, and offer Breakfast Clubs to children of all ages



Plant-based and allergen-free options to meet all needs



Full range of breakfast essentials across cereals, bakery and spreads, dairy, fresh fruit and eggs, including ready-made products



Larger catering size packs often available to make providing more breakfast cost-effective

*Source: BNF 2023 report

A 15322 1 x 60

BRAKES 5 DOZEN BRITISH FRESH FREE RANGE MEDIUM EGGS

Breakfast omelettes, poached, scrambled and served with toast, a great start to the day. Eggs are a great source of vitamin D, B6, B12, Zinc and Iron



F 102441 8 x 800G

BRAKES ESSENTIALS EXTRA THICK SQUARE SLICED WHOLEMEAL LOAVES

Once thawed the loaves have a 5 day shelf life. Use surplus bread for breadcrumbs to top chicken & fish



C 70071 1 x 2.27KG

PRIME MEATS UNSMOKED BACK BACON

Grill for a healthier cooking method and serve in a roll or with eggs. Use any surplus by cutting into lardons and pan frying.



F 4884 48 x 100G

LA BOULANGERIE FULLY BAKED PLAIN BAGELS

Simply toast and top with low fat cream cheese. For a gluten free alternative, try New York Bakery Gluten Free Plain Bagel, F 132420



A 152195 24 x 12

SYSCO CLASSIC WHEAT BISCUITS

Pour warm milk over or serve with yogurt and berries. Low in fat and high in fibre. A wholesome and delicious breakfast classic. Made from 100% wholegrain wheat fortified with iron and vitamins and packed with fibre



C 73824 6 x 2.27LTR

WHOLE SOME FARMS FRESH SKIMMED MILK

Serve a glass with breakfast, use in porridge or pancakes



A 118890 5 x 510G

QUAKER GLUTEN FREE ORIGINAL PORRIDGE OATS

A bowl of porridge is the perfect start to any day, top with sliced banana and blueberries, use in a flapjack or in a crumble topping



A 5552 1 x 2.6KG

BRAKES SOLID PACK APPLE

Slice the apple to add to porridge, pancakes or yogurt, use surplus to make our apple, banana and date muffins – find the recipe in our primary school 3 week menu



C 450672 1 x 1.5KG

TOMATOES MM

Cut in half and grill to accompany your breakfast menu



C 74550 1 x 2KG

BRAKES LOW FAT NATURAL YOGURT

Serve with fresh, frozen or tinned fruit, drizzle over a little honey or maple syrup. Use surplus to marinade chicken or make a yogurt & lemon cake for dessert



C 118561 1 x 500G

ALPRO PLAIN YOGHURT ALTERNATIVE

A plant based yogurt with a convenient pack size of 500g



A 591056 1 x 7KG

HARVEST HOME CORN FLAKES

Made from toasted flakes of corn, fortified with vitamins and iron. New code for A 103270



A 591100 4 x 3KG

MORNFLAKE MIGHTY OATS CREAMY SUPERFAST OATS

Expertly selected and milled for super-fast cooking and a super-creamy tasting porridge. Mornflake carefully cut the oats into three before gently rolling them. The smaller oat flakes speed the absorption of the water or milk, making them cook superfast. New code for A 114973



F 3685 48 x 57G

LA BOULANGERIE 4" PRE-SLICED TEACAKES

Simply toast and spread with a little sunflower spread



A 89425 35 x 1

KELLOGG'S CEREAL PORTION-PAK MIXED CASE

A mixed case of all Kellogg's loved and trusted cereal in a single serve format. Includes Kellogg's Corn Flakes, Rice Krispies, Crunchy Nut Corn Flakes, Coco Pops and Special K cereals



C 10264 1 x 10

EASY PEELER CITRUS

Perfect fresh addition to a primary school dessert offer



A 105956 8 x 600G

BRAKES CRISP PUFFED RICE

An all round favourite breakfast, fortified with vitamins and iron



A 100243 12 x 1LTR

BRAKES THE JUICE ORANGE

Limit servings to 150ml. Easy to pour and in a resealable carton.



C 71776 1 x 2KG

BRAKES LOW FAT SOFT CHEESE

Spread on toast or toasted bagels for breakfast and snacks. A favourite with all ages.



A 5002504 4 x 440G

HARVEST HOME CRISP RICE

The cereal is fortified with 6 vitamins and minerals, is suitable for vegetarians and a kosher diet.



PRIMARY SCHOOL LUNCHES

EVERYTHING PRIMARY SCHOOLS NEED TO SERVE AN APPETISING AND COST-EFFECTIVE LUNCH EVERY DAY.

Primary schools are responsible for providing a variety of nutritionally balanced food every day, all underpinned by and conforming to the School Food Plan. But lunch is also a vital opportunity for younger children to socialise, try new foods and enjoy the experience of eating at a table with friends - a key life skill.

HOW WE CAN HELP



Three-week menu cycle created by specialist development chefs – see page 61



New flavours and international cuisine styles to add interest and value – see page 16



A single, reliable source for all your school food, drink and catering needs



Focus on fresh produce, meat & poultry

F 128501 60 x 57G

M&J SEAFOOD MSC PINK SALMON PORTIONS (SKINLESS, BONELESS)

Wild caught MSC certified salmon portions, ideal for schools looking for a sustainable, healthy, yet cost effective menu option



F 4762 1 x 2.5KG

SYSCO CLASSIC CUT GREEN BEANS

Serve as an accompaniment, add to rice dishes, curries, casseroles or serve cold as part of a salad option



F 591058 1 x 4LTR

COOLICIOUS LOW FAT NATURAL FLAVOUR FROZEN YOGURT

Smooth, creamy refreshing taste. Contains a massive 38% fresh yoghurt and fully traceable skimmed milk from Lakeland Dairies farms. Perfect for smoothies, desserts and snacks. Low in fat with only 1g of fat per 100ml scoop. School compliant



F 104878 1 x 2.5KG

HEALTHIER CHOICES BRITISH RED TRACTOR 10% FAT BEEF MINCE

Red Tractor Farm Assured, 95vi beef that's fully prepared, ready to cook from frozen and packed free-flow to minimise wastage. Large pack for great value, and particularly suitable for high-volume users.



C 70880 2 x 1.5-2.5KG

PRIME MEATS BRITISH RED TRACTOR BEEF BRISKET

British and Red Tractor Farm Assured, this brisket is perfect for a mid week roast option, or a long & slow cook for hot sandwiches which are always popular



A 149945 1 x 6KG

SYSCO CLASSIC MOROCCAN STYLE COUSCOUS

Blend of couscous with apricots, sultanas, red and green peppers, spices and candied orange



F 135196 1 x 2KG

QUORN VEGAN FILLETS

Vegan savoury flavour fillet, made with mycoprotein



F 117371 1 x 2.5KG

12MM ROASTED CHICKEN STRIPS

Use from the freezer. Ideal for mini wraps or as a time saver in the kitchen. Combine with a ready-to-use sauce.



F 33190 1 x 910G NETT

M&J SEAFOOD MSC FISH PIE MIX

A combination of diced, skinless and boneless Alaska pollack, pink salmon, and undyed hake fillet. Thaw in a refrigerator before cooking



A 19839 1 x 800G

SYSCO CLASSIC CHOPPED TOMATOES

A store cupboard essential and a must have for ragu, tagine or moussaka



C 12083 1 x 1

BUTTERNUT SQUASH

Creamy white to orange coloured bell shaped squash, hard skinned with an orange flesh



C 450541 1 x 8

CAULIFLOWERS

Cut into florets and roast for a superior flavour as an accompaniment to your main meals. Create a soup from surplus to reduce food waste in your school kitchen



A 548 1 x 3KG

BRAKES RED LENTILS

A sweeter alternative to green or brown lentils. No need to soak. Offers long shelf-life and easy preparation



F 109406 1 x 2.5KG

WILSONS TURKEY MINCE

A leaner and healthier alternative to beef mince. Use straight from the freezer



A 114951 6 x 1.5KG

SYSCO CLASSIC PLAIN FLOUR

Make a roux for a béchamel, a fantastic versatile ingredient that can be used for many recipes from herby cobblers to cookies



C 10282 1 x 1

WHITE CABBAGE

Shred for an accompaniment such as seasonal coleslaw which you can add to wraps. Also works when shredded to add to a soup or broth



C 71951 1 x 1KG

SYSCO CLASSIC GRATED REDUCED FAT WHITE CHEESE

Use to top pizzas, melt over chicken or burgers, add to white sauce, top dishes like lasagne or cauliflower cheese. The options are endless!



A 5552 1 x 2.6KG

BRAKES SOLID PACK APPLE

To reduce the quantity of sugar in cake mixes, blend the apple and substitute with some of the sugar. Perfect for the base of a crumble with the addition of frozen blackberries.



A 85702 1 x 3KG

BRAKES SULTANAS

Juicy and tasty; use in savoury dishes, curries and tagine. Also works in steamed sponge puddings or add to a flapjack recipe



A 136682 1 x 2.5KG

SYSCO ESSENTIALS CHICKEN FLAVOUR BOUILLON MIX

Delivers a rich, savoury chicken taste ideal for enhancing a wide range of dishes. Easy to dissolve and highly versatile, it's perfect for soups, stocks, sauces, gravies, rice, and marinades



A 113308 1 x 1KG

STREET FOOD MALAY CURRY PASTE

An aromatic paste which works well in meat and fish based curries; simply add chopped tomatoes and coconut milk



A 100445 1 x 1KG

BRAKES VEGETABLE FLAVOUR BOUILLON PASTE

A store cupboard essential for sauces, casseroles and soups



C 113881 1 x 100G

HERB BUNCHED FLAT LEAF PARSLEY

Finley chop and add to recipes from fish cakes to rice dishes



F 131737 60 x 80ML

BRAKES ESSENTIALS REDUCED SUGAR & FAT VANILLA FLAVOUR ICE CREAM

A healthier dessert option in easy to serve individual tubs for portion control



F 1234 1 x 4L

SYSCO ESSENTIALS VANILLA ICE CREAM

A soft scoop ice cream, great taste and excellent value



F 5008078 3 x 500G

COOLDELIGHT RASPBERRY RIPPLE ICE CREAM SPONGE ROLLS

A school favourite! Easy to slice and serve, try with fruit coulis and fruit for extra vibrancy and taste.



F 103605 1 x 4LTR

COOLICIOUS LOW FAT MANGO FROZEN YOGHURT

A low fat dessert option, contains 38% fresh yogurt and skimmed milk. The mango flavour is sweet and refreshing.



C 71776 1 x 2KG

GREEN VALLEY DAIRY LOW FAT SOFT CHEESE

Stir through spaghetti, combine with eggs & milk for a quiche or make a cheesecake



C 70892 1 x 60

BRAKES MEDIUM FRESH EGGS

A versatile ingredient in the kitchen, use within recipes, hard boil for salads or sandwich fillings. Lion mark ensures high welfare standards



A 33853 1 x 3.5KG

BRAKES BREADCRUMBS UNCOLOURED

A time saver for coating chicken or fish. Scatter over pasta bakes for added crunch



A 33581 1 x 450G

SYSCO CLASSIC GROUND CINNAMON

Fragrant, sweet and warm, and suitable for use in sweet and savoury dishes. In a handy clear, resealable jar to keep contents fresher for longer.



A 131422 1 x 700G

SYSCO CLASSIC SPICY CHIP SEASONING

Fiery blend with red peppers, garlic, chilli, herbs & spices



At Citavo, we know every cup matters. Whether it's a morning pick-me-up or a shared moment with friends, our range of tea, coffee, and hot chocolate is made to be enjoyed.

A 151281	Citavo Espresso Coffee Beans	1 x 1kg
A 151282	Citavo Roast Ground Coffee	20 x 170g
A 151946	Citavo Classic Teabags	1 x 1100
A 107477	Citavo Gold Roast Freeze Dried Instant Coffee	1 x 750g
A 33574	Citavo Freeze Dried Instant Coffee Sticks	1 x 500
A 16808	Citavo Instant Hot Choc Sachet	1 x 50

Find out more at brake.co.uk/citavo



baking mixes

Over 20 versatile options, from breads and cookies to cakes and flapjacks, this range includes improved favourites and reliable classics to suit every menu.



A 151649	Sysco Classic Yorkshire Pudding & Pancake Mix	1 x 3.5kg
A 152990	Sysco Classic Doughnut Mix	1 x 3.5kg
A 152992	Sysco Classic Flapjack Mix	1 x 3.5kg
A 152989	Sysco Classic Crumble Mix	1 x 3.5kg
A 152988	Sysco Classic Chocolate Fudge Brownie Mix	1 x 3.5kg



PRIMARY SCHOOL

FISH

MAKING IT EASY TO PROVIDE AN ESSENTIAL COMPONENT OF A HEALTHY, BALANCED DIET.

As part of the School Food Plan, schools are required to serve oily fish at least once every three weeks.

Oily fish is a valuable source of vitamin D, which the body uses to absorb calcium, promoting healthy bones and teeth* but introducing it to younger pupils can be challenging, due to its odour and texture.

HOW WE CAN HELP

A superb range of oily fish that meet the guidelines and are attractive and palatable for children



Tinned tuna, with larger catering pack options



Coated fish fingers, including salmon



Fish portions ideal for 'Fish Friday'



Fish mixes for use in fish pie or as the basis for fishcakes from scratch



The largest range of sustainably-sourced fish and seafood in UK foodservice



Frozen and part-prepared products ease pressure on kitchen resources and help with managing costs

INDEPENDENT ACCREDITATIONS

Quality, provenance and welfare standards you can trust



ASC-C-00881

ASC certified as responsibly farmed. www.asc-aqua.org



MSC-C-50678

From an MSC certified sustainable fishery. www.msc.org

*Source: NHS Eatwell 2022

A 126781 6 x 418G

PINK SALMON

Combine with white fish to make fishcakes and serve with a herb sauce for a tasty lunch



F 31387 24 x 110-140G

PORTICO CLASSIC BATTERCRISP MSC ALASKA POLLOCK FILLETS

Skinless, boneless formed Alaska pollock fillets coated in a crispy batter & flash fried. Pollack is a great value alternative to cod and haddock. Suitable for 3-way cooking from frozen: either oven-bake, grill or deep-fry

Larger size available, 20 x 140-170g (F 31388)



F 130356 60 x 25G

PORTICO CLASSIC OMEGA 3 BREADED MSC ALASKA POLLOCK FILLET FISH FINGER

Alaska pollock fillet fish fingers coated in breadcrumbs and flash fried. A school meal favourite.



A 126778 6 x 400G

BRAKES TUNA CHUNKS IN BRINE

Take a jacket potato, scoop out the flesh and combine with mayonnaise, spring onions and cheese. Fill the mix back into the potato skin, top with breadcrumbs and bake in the oven. Use in a pasta bake with spinach and sweetcorn



F 33294 30 x 85G

PORTICO CLASSIC BATTERCRISP MSC ALASKA POLLOCK FILLETS

Coated for a crisp batter when cooked. Ideal size for secondary school portions. Pollack from MSC-accredited fisheries. Prepared and ready to 3-way cook (oven-bake, grill or deep-fry) from frozen



F 149941 60 x 50-70G

PORTICO CLASSIC BATTERCRISP MSC ALASKA POLLOCK FILLETS

Skinless, boneless formed Alaska pollock fillets coated in a crispy batter



F 6849 36 x 85-110G

DOWNIES BREADED MSC HADDOCK FILLETS (SKINLESS, BONELESS)

Available in Scotland only. A traditional British favourite, these single frozen fillets are breadcrumb-coated, in Scotland, for a crunchy bite when cooked. Our coated fish products are fully prepared and individually frozen



F 135421 1 x 5KG (200 EACH APPROX.)

FINDUS MSC MINCED POLLOCK FISH FINGERS

Minced Alaska pollock fillet fish fingers, lightly fried



F 32916 24 x 110-140G

PORTICO CLASSIC BREADED MSC ALASKA POLLOCK FILLETS

Skinless, boneless MSC Alaska pollock fillets coated in breadcrumbs & flash fried

Smaller sizes available: 45 x 85-110g (F 32982) 60 x 50-70g (F 115696)



F 33190 1 x 910G NETT

PORTICO CLASSIC MSC FISH PIE MIX

Packed with pollack, salmon and hake. Try baking in a rich tomato sauce, use for a fish pie or curry.



F 130357 60 x 25G

SYSKO ESSENTIALS OMEGA 3 BREADED MSC COD FISH FINGER

Minced cod fish fingers coated in breadcrumbs and flash-fried



F 122927 60 x 50-70G

PORTICO CLASSIC GLUTEN FREE BATTERED MSC ALASKA POLLOCK FILLETS (SKINLESS, BONELESS)

Skinless, boneless pollack fillet coated and flash fried. The gluten free batter allows schools to effectively cater for allergens



F 115696 60 x 50-70G

PORTICO CLASSIC BREADED MSC ALASKA POLLOCK FILLETS

Skinless, boneless pollack fillets coated in breadcrumbs and flash fried



F 124068 30 x 65G

HARRY RAMSDEN'S JUNIOR MSC SALMON AND SWEET POTATO FISHPATE

Minced MSC salmon blended with sweet potato and seasoning, coated in breadcrumbs



F 34899 60 x 50G

SYSKO ESSENTIALS OMEGA 3 BREADED MSC FISHPATE

Minced white fish & potato coated in breadcrumbs & flash-fried. Fish from MSC-certified fisheries. 3-way cook: oven-bake, grill or deep-fry



F 32552 120 x 25G

SYSKO ESSENTIALS OMEGA 3 BREADED MSC COD FISH FINGER

A Brakes bestseller - our coated minced cod fish fingers. Cod from MSC accredited fisheries. Suitable for cooking from frozen: either oven bake or grill.



F 32312 120 x 25G

SYSKO ESSENTIALS OMEGA 3 BREADED MSC WHITEFISH FISH FINGER

Fish from MSC accredited fisheries. Suitable for cooking from frozen; either oven-bake or grill



A 2309 1 x 1.7KG

PORTICO CLASSIC TUNA CHUNKS IN SUNFLOWER OIL

Cooked tuna fish in sunflower oil.



SUPPORTING SECONDARY SCHOOLS

PRODUCTS, SUPPORT AND GUIDANCE, BACKED BY OVER 40 YEARS' EXPERIENCE AND EXPERTISE

“As a secondary school caterer, you’re generally dealing with higher student numbers and footfall than your primary and junior-school colleagues; and students in KS3, KS4 and Sixth Form often want food they can eat quickly and on the move, rather than formal sit-down meals.

At Brakes, we understand that secondary school kitchen and catering teams need to provide great choice and new flavour experiences. Providing food with extra spice and worldwide cuisine influences offers an attractive, credible alternative to the high street, encouraging them to buy food on the premises. It also broadens their culinary and cultural horizons, adding value to their education.”

“ We understand that secondary school kitchen and catering teams need to provide great choice and new flavour experiences ”

“Our range includes everything you need to serve tasty, enticing food every day, including hand-held and on-the-go foods specially designed to meet older pupils’ needs and tastes. We can also help you comply with Natasha’s Law, which applies to all pre-packed food for direct sale.”

Colin Salmon, Brakes Development Chef, Education



ORDER & INFORMATION AT BRAKE.CO.UK / OUR-RANGE



SUPPORT AND GUIDANCE

3-WEEK MENU PLANNER

A complete three-week menu plan across breakfast, lunch and break time.

- // Street food options, theme days and international flavours and styles
- // All dishes meet School Food Plan standards
- // Hand-held and on-the-go foods designed to meet older pupils’ needs and tastes

To download the Menu Planner (interactive PDF) please visit brake.co.uk/education and follow the links to ‘Menu Support’

MEAL OCCASIONS AND PRODUCT SUPPORT

Over the following pages, we showcase some of the other benefits of our range for:

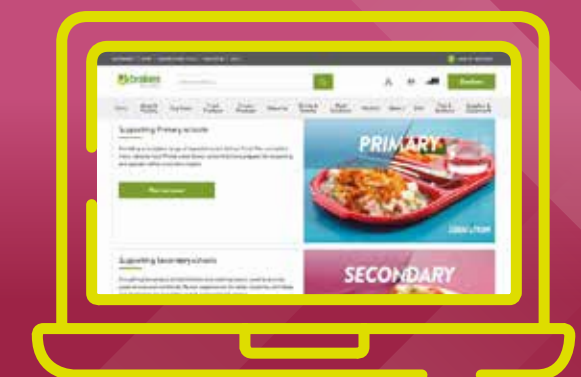
- // Breakfast & break times – everything secondary schools need to provide a nutritious, enjoyable breakfast, plus enticing morning break-time solutions
- // Secondary school lunchtime – street food options, theme days and international flavours and styles

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TO ACCESS THESE TOOLS, VISIT BRAKE.CO.UK/EDUCATION and follow the link for ‘Menu Support’ within the Secondary Schools section



SECONDARY SCHOOL

BREAKFAST & BREAK TIMES

Brakes Nutritionist
Ruth O'Sullivan advises:

"For older pupils, particularly those preparing to take exams or participate in sport, a balanced breakfast provides the ideal start to the day. Certain food types contain important vitamins and are easy for school kitchens to incorporate at breakfast."



HOW WE CAN HELP

We have everything secondary schools need to provide a nutritious, enjoyable breakfast, plus enticing morning break-time solutions.

Where you're running a paid-for service, this can encourage pupils to spend as much on breakfast as they would at lunchtime, helping you drive sales and revenue.

Our range includes:



Bread, pastries and morning goods



Breakfast favourites such as eggs, bacon and sausages



Yogurts and granola



Fresh fruit, including pre-prepared fruit bags



Halal and gluten-free options

F 30071 4 x 2.5KG

PRIME MEATS UNSMOKED BACK BACON

Unsmoked back bacon that's ideal for breakfast and makes a great BLT in secondary schools. Two-day shelf-life once thawed. 50 rashers per pack approximately (200 rashers per case of four packs)



A 114969 4 x 2KG

BRAKES SWISS STYLE MUESLI

A blend of oat flakes, wheat flakes, dried fruit & nuts that makes a delicious wholegrain cereal. Combine with fruit and yoghurt for fabulously tasty breakfast pots



G 70932 1 x 2.5KG

FRESH FRUIT SALAD

Great labour saving product offering a healthier breakfast or dessert



F 132648 32 x 100G

THAW AND SERVE PRETZEL



C 112443 4 x 1KG

NOBLE FREE RANGE SCRAMBLED EGG MIX

A cracking solution for kitchens with limited facilities and a great labour-saver for all. These cooked scrambled free-range eggs just need reheating in the bag – either microwave or simmer in boiling water. Recommended 40 portions



F 128346 1 x 4.54KG

CATERING SAUSAGE EIGHTS

A great product for breakfast or break time



F 105864 80 x 57G (4.54KG)

SYSCO CLASSIC 65% BRITISH PORK SAUSAGE 8S

65% meat content British Red Tractor Farm Assured gluten-free pork sausage filled into pork collagen casing. Large pack size, offering excellent value to high-volume users. Suitable for deep frying or oven cooking from frozen



F 149978 1 x 36

DELIFRANCE PRE-SLICED BAR MARKED FOCACCIA

Pre-sliced and pre-grilled Focaccia made in Italy with extra virgin olive oil. Simply thaw and serve and use to create delicious rustic sandwiches or grill for a crispy finish. Length: 14.5cm



F 124994 2 x 40 x 55G (APPROX.)

BIG AL'S FULLY COOKED SAUSAGE PATTIES

Fully cooked, herby pork sausage patty with added texture soya protein



A 460922 4 x 12

AMERICANA 4" FLOURED BAP

A fully baked, fully sliced soft white bap, approximately 95mm in diameter, topped with flour. The baps are supplied frozen to assist with portion control.



F 4883 48 x 100G

CINNAMON & RAISIN BAGELS

Low in fat and very tasty, simply toast and offer spreads for a great food-to-go option at breakfast and break times



F 2815 48 x 72G

SYSCO CLASSIC ENGLISH MUFFINS

Round muffin with a textured semolina finish. Thaw and serve or slice and toast. Ideal for breakfasts



C 5007438 6 x 4 x 65G

PRIME MEATS 75% BRITISH BREAKFAST SAUSAGE PATTY

75% British Red Tractor pork sausage patty. The patty is flavoured with seasoning and sage and is ideal as a breakfast alternative to sausage



F 4396 30 x 119G

SYSCO CLASSIC BACON & CHEESE TURNOVERS

The ideal product for a breakfast grab & go offering



A 25148 1 x 2KG

OSPRID FLAKED PORRIDGE OATS

Just the thing for making freshly made porridge, birchers and a must for flapjacks



C 115794 1 x 2KG

BRAKES ORGANIC NATURAL YOGURT

Organic whole milk yogurt. Use in dips, smoothies, marinades and dressings, with fruit – or as an alternative to cream in cooking sauces. Smooth, easy-to-pour in a conveniently sized, resealable bottle



A 85041 8 x 57G

OATBURST PLAIN INSTANT PORRIDGE

Simply add boiling water, easy to make and display in the school canteen.



A 152992 1 x 3KG

SYSCO CLASSIC FLAPJACK MIX

Simple flapjack mix delivering chewy, buttery bars with reliable binding. Just add water, mix and bake – perfect for cafés, grab-and-go, and snack counters



C 11394 1 x 2KG

GREEN VALLEY DAIRY GREEK STYLE YOGURT

Multiple uses in sweet and savoury menus and works well in pots with added fruit for a food-to-go offer



F 136363 120 x 40G

CREPE CUISINE AMERICAN STYLE PANCAKE

American-style pancake with a fluffy, sponge texture and light vanilla flavour, ideal for desserts, snacks or US-style breakfasts. Made with British Lion free-range eggs. Packed 24 x 5.



SECONDARY SCHOOL
LUNCHTIME

LUNCHTIME IN SECONDARY SCHOOLS IS ALWAYS BUSY, WITH HUNDREDS OF PUPILS AND STAFF REQUIRING FOOD AT THE SAME TIME.

Older pupils are discerning diners who know their own minds. Providing food similar to styles they can obtain on the high street will help keep them stay on school premises, while ensuring they receive a much better nutritional balance.

HOW WE CAN HELP

We can support you with our complete range of lunchtime products, including:



Handheld options, including pre-packaged



Off-the-shelf, on-trend food solutions



Full basket solutions, with everything you need from one supplier



New flavours and traditional favourites to cater for all tastes and needs



Plant-based options to meet growing demand from students – see page 44

F 112265 2 x 30
BAO (HIRATA) BUN
Serve warm with pulled meats, BBQ sauce and a crunchy salad for an Asian street food option



F 32031 40 x 100G
BRAKES COOKED CHICKEN KEBABS
Fully cooked and versatile. Use on flatbreads or on a bed of rice with peri peri sauce for extra heat



F 110769 2 x 500G
SYSKO PREMIUM PULLED PORK
Another easy to use product that works well in wraps, sandwiches, flat breads or as a burger topper



A 109271 1 x 2.2KG
SYSKO CLASSIC KATSU CURRY SAUCE
A sweet and lightly spiced curry sauce which is versatile and ready to use



F 119712 24 x 100G
BUTTERMILK CHICKEN FILLETS
Fillet coated in a rich, buttermilk-flavoured, golden breadcrumb. From farm-assured chicken, equivalent to UK welfare standards. Ideal for serving in burger buns or centre of plate. Size graded for consistency



F 3808 24 x 113G
BRAKES 90% BEEF BURGERS
Quarter pound burger. Made with British and Irish beef, ideal for menu provenance messages. Produced tenderform for a better shape, texture and more effective heat transfer. Top with our Monterey Jack Cheese Slices (C 15775) for a classic American taste, or with chilli, salsa and guacamole for a Mexican twist.



C 153393 1 x 2KG
THE KITCHEN COUSCOUS & CHARGRILLED VEGETABLE SALAD
A vibrant herby couscous salad with sweet red pepper and aubergine



C 128863 1 x 1KG
MARINATED CHICKEN TIKKA
Sliced cooked chicken breast in a tikka marinade. Perfect for baguettes, to add to a salad or curries



F 101359 128 x 28G
GREEN GOURMET BRITISH RED TRACTOR BREADED SOUTHERN STYLE CHICKEN GOUJONS
Serve in a hot deli wrap, serve as a box KFC-style meal with fries, corn and dips. Great for an American theme day!



F 30080 1 x 2.5KG
BRAKES SEASONED CRISPY CUBES
Diced potato with a spicy coating, pre-fried. Deep fry or oven bake from frozen



C 103608 4 x 5 x 100G
BRAKES BRITISH 83% SMOKED HOT DOG SAUSAGE
British Red Tractor Farm Assured oak-smoked sausage which makes an amazing hot dog



F 128103 1 x 1KG
OUMPH! PULLED BBQ CHUNKS
A delicious texture, try it in wraps, salad bowls or bao buns



F 125082 1 x 1KG
MEGAS YEEROS PORK YEEROS
Authentic Greek product. Cooked. Heat through, serve in wraps with salad, fries and tzatsiki



F 129454 1 x 45
LA BOULANGERIE PRE-SLICED VEGAN BRIOCHE STYLE BURGER BUN
Enriched with rapeseed oil for a richness and depth of flavour to rival a classic sweet brioche. Sturdy enough to hold up to the juiciest patty – vegan or otherwise



F 56832 5 x 990G
QUORN FRANKFURTERS
Warm through in a steamer or bain marie, top with onions, mustard & ketchup for a super tasty hot dog



F 112761 1 x 42
FULLY BAKED PRETZEL BURGER BUNS
Fully baked with the recognisable, chewy texture of pretzels but in a burger format, giving you a different option for lunch



C 11213 1 x 1KG (20 PTN)

SYSCO CLASSIC HOUMOUS

Ready to use chilled dip. Ideal to serve with carrot or cucumber sticks, and pitta



F 149258 1 x 2.5KG

SYSCO CLASSIC HASH BROWNS

Perfectly seasoned and pre-formed for consistent quality every time. Made from premium potatoes and lightly seasoned, they deliver a crispy golden finish on the outside; pre-fried



F 4776 1 x 2.5KG

SYSCO ESSENTIALS DICED CARROTS

Quick frozen diced carrots. Washed and peeled then frozen to retain freshness. Approximately 10mm dice.



F 4794 1 x 1.5KG

BRAKES DICED MIXED PEPPERS

A vibrant, flavourful blend of red and green peppers, diced and quick frozen for maximum freshness, convenience. Ideal for busy kitchens looking to cut down prep time and food waste without compromising on quality. Perfect for stir-fries, pizza toppings, pasta, ready meals & more



F 151771 1 x 2.5KG

SYSCO CLASSIC DICED ONIONS

Streamline your food prep with our high-quality diced onions. Individually quick frozen (IQF) for maximum freshness and convenience, these onions deliver consistent quality. 10x10mm dice



A 131422 1 x 700G

SYSCO CLASSIC SPICY CHIP SEASONING

Add to cooked chips for a little spice and point of difference on your menu – great for secondary menus



A 124059 1 x 1LTR

LION KOREAN BBQ SAUCE 1 LITRE

A best-selling sweet & sticky BBQ sauce



F 129000 30 x 20G

AJINOMOTO CHICKEN GYOZA

Steam, pan fry or deep fry authentic Gyoza. An ideal grab & go option that introduces global food onto school menus



F 33828 1 x 36

BRAKES STONEBAKED THIN & CRISPY PIZZA BASES 9"

Part stonebaked. Ideal for creating your own range of personalised pizza. No need to prove, and individually frozen to minimise waste.



F 4782 1 x 2.5KG

SYSCO CLASSIC SWEETCORN

Carefully selected to deliver consistent quality and vibrant flavour. Frozen within hours of harvest to lock in freshness for a convenient and cost-effective way to add a delicious, sweet crunch to a wide range of dishes



F 34069 1 x 2.5KG

BRAKES SUPERSWEET SWEETCORN COBETTES

Quarter-cut corn on the cob that are frozen within hours of harvest to retain freshness



C 112831 1 x 1KG

SYSCO CLASSIC GRATED TEX MEX CHEESE

Add to burgers, nachos or a chilli for extra flavour and visual appeal



C 152434 12 x 1LTR

THE JUICE ORANGE BLEND

From sun-ripened oranges and sweet, tangy mandarins, this refreshing juice delivers a burst of natural flavour with every sip. The bold zest of oranges pairs beautifully with the delicate sweetness of mandarins, creating a smooth and vibrant taste. Packed with vitamin C and free from artificial additives



F 4116 1 x 500G

BRAKES RASPBERRIES

Hand-picked and individually frozen. Requires no preparation and minimises waste. Useful for breakfasts or desserts and ideal for making smoothies or fruit purees



F 135220 1 x 4LTR

BRAKES VEGAN CHOCOLATE ICE CREAM

A soft scoop vegan ice cream with great taste and excellent value



F 34630 30 x 90G

SYSCO CLASSIC INDIVIDUALLY WRAPPED BELGIAN SWEET WAFFLES

Individually wrapped, authentic vanilla flavour waffles.



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Des Multi Extra

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Des Spray

6x750ml | A 152548
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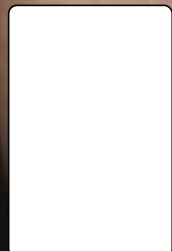
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