



FOOD TO GO

A fantastic selection of innovative
food pots and tasty drinks

For chefs, by chefs.



**NEW
DISHES
INSIDE**



We are delighted to introduce the brand new range of **24/7 FOOD SOLUTIONS BROUGHT TO YOU BY BRAKES**

We understand that your customers need varied, **HEALTHY & TASTY FOOD THROUGHOUT THE DAY AND OFTEN ON-THE-GO**

Food-to-go market is set to grow to around **£23.4BN BY 2024*** which is up from £18.5bn in 2019

* IGD UK food-to-go Retail Analysis market forecast



AS EASY AS...

1 Choose your preferred meals from this booklet

2 Choose your elected component ingredients & dish

We have everything from protein-rich breakfasts to nourishing hot pots!

Brakes can even supply all of your takeaway containers and lids!

3 Heat on-site or self-serve ready for the customer to take away

BREAKFAST INSPIRATION



**THESE VERSATILE POTS ARE GREAT
FOR BREAKFAST, BUT ALSO WORK
AS ALL DAY SNACKS TOO**

Overnight Oats: Banana

(Vegan friendly)

Flaked Oats A 25148	1x2kg
Fairtrade Bananas C 77042	1x10
Alpro Oat Drink A 118560	1x1ltr
Alpro Simply Plain Yoghurt A 118561	1x500g
Pure Canadian Maple Syrup A 100535	1x620g

Overnight Oats: Blueberry & Coconut

(Vegan friendly)

Flaked Oats A 25148	1x2kg
Frozen Wild Blueberries F 33325	1x1kg
Alpro for Professionals Coconut A 113655	1x1ltr
Alpro Simply Plain Yoghurt A 118561	1x500g
Clear Blossom Honey A 115344	6x454g



DAIRY FREE!

A DELICIOUS DAIRY FREE OPTION



Overnight Oats: *Mango & Almond*

(Vegan friendly)

Flaked Oats A 25148	1x2kg
Almond Milk C 121523	8x1ltr
Flaked Almonds A 5874	1x2kg
Frozen Diced Mango F 33385	1x2kg
Mango Puree C 28983	1x1kg
Alpro Simply Plain Yoghurt C 118561	1x500g

Yoghurt & Granola Pot

Brakes Organic Natural Yoghurt C 115794	1x2kg
Brakes Granola A 114966	4x2kg

Strawberry Yoghurt Pot *with berries & granola*

Brakes Granola A 114966	4x2kg
Fruits of The Forest F 32815	6x500g

Full English Brunch Pot

Mini Hash Brown Potato Puffs F 120087	1x1kg
Brakes Baked Beans A 15136	1x840g
Brakes Free Range Poached Eggs C 78245	1x24
Brakes Cooked Cumberland Sausage F 31849	1x30
Brakes Crispy Cooked Bacon Pieces F 29566	1x500g

Tater Tot Brunch Pot: *Cheesy Beans & Bacon*

Mini Hash Brown Potato Puffs F 120087	1x1kg
Brakes Baked Beans A 15136	1x840g
Brakes Crispy Cooked Bacon Pieces F 29566	1x500g
Brakes Grated White Cheddar Cheese F 74699	1x1kg



**ALL DAY
BREAKFAST
GOODNESS!**

**TRY SOMETHING
DIFFERENT!**



Minty Pineapple Smoothie:
with spinach & cashew nuts

Fresh Mint C 113882	1x120g
Fresh Baby Leaf Spinach C 10428	1x250g
Brakes Cashews A 1622	1x1kg
Medium Fresh Pineapple C 10395	1x1
Flaked Oats A 25148	1x2kg

Mango & Vanilla Yoghurt:
with passion fruit coulis

Brakes Organic Smooth Mango & Vanilla Yogurt C 115799	1x2kg
Brakes Select Passion Fruit Decorating Coulis A 88423	2x450g
Frozen Diced Mango F 33385	1x1kg

Mango Smoothie:
with passion fruit

Brakes Organic Smooth Mango & Vanilla Yogurt C 115799	1x2kg
Brakes Semi Skimmed Milk C 70218	1x2.2ltr
Passion Fruit Decorating Coulis A 88423	2x450ml
Frozen Diced Mango F 33385	1x1kg

Very Berry Smoothie:
with fruits of the forest

Fruits of the Forest Mix F 4111	1x1kg
Brakes Organic Natural Yoghurt C 115794	1x2kg
Brakes Semi Skimmed Milk C 70218	1x2.2ltr
Flaked Oats A 25148	1x2kg





THESE VERSATILE POTS ARE IDEAL FOR LUNCHTIMES AND EARLY EVENING CATERING

ALL DAY POTS

Spinach & Egg (V)

- British Lion Free Range Poached Egg
C 127620 1x24
- Fresh Baby Leaf Spinach
C 10428 1x250g

Spinach, Egg & Cashews (V)

- British Lion Free Range Poached Egg
C 127620 1x24
- Baby Leaf Spinach
C 10428 1x250g
- Brakes Cashews
A 1622 1x1kg

Chicken Tikka

- Brakes Long Grain Rice
F 3797 4x2kg
- Brakes Cooked Chicken Tikka Breast Strips
F 2021 1x1kg
- Katsu Curry Sauce
A 109271 1x2.2kg
- Mango Chutney
A 1255 1x2.6kg



BREAKFAST

ALL DAY POTS

Turkey Roulade:

*with quinoa, kale, sprouts,
orange & cranberries*

Turkey Roulade F 120675	24x180g
Quinoa F 119260	1x1kg
Brussels Sprouts C 13026	1x2kg
Curly Kale C 455914	1x2kg
Large Oranges C 10312	1x5pk
Dried Cranberries A 89849	1x1kg
Orange Juice A 100243	12x1ltr
Extra Virgin Olive Oil A 100262	1x2ltr

**A DELICIOUS
SEASONAL
FAVOURITE!**



Smoked Mackerel Nasi Goreng

Brakes Long Grain Rice F 3797	4x2kg
Nasi Goreng Paste A 113307	1x840g
Frozen Smoked Mackerel Fillets F 34211	36x60-100g

Duck & Noodles

Brakes Medium Egg Noodles A 21142	1x3kg
Brakes Shredded Aromatic Duck A 32683	2x500g
Brakes Sliced Mixed Peppers F 4793	1x1.5kg
Brakes Hoi Sin Sauce A 86965	1x1.3kg
Premium Toasted Sesame Oil A 21856	1x1ltr

Spicy Pork Belly

Brakes Cooked Pork Belly Bites F 58336	1x2kg
Brakes Long Grain Rice F 3797	4x2kg
Sweet Chilli Sauce A 86972	1x1ltr



NEW RECIPE

INDIVIDUAL INGREDIENTS TO HELP CONTROL WASTAGE



Pre-made
ingredients
support extra
busy kitchens

Bubble & Squeak: *with smoked salmon & eggs*

Oat Smoked Salmon Slices C 71082	1x900g
Pre-fried Sliced Onions F 4797	1x1.5kg
Brakes Shredded Savoy Cabbage F 4771	1x1.5kg
British Lion Free Range Poached Egg C 127620	1x24
Brakes Diced Potato F 3957	1x2.5kg

... OR WHY NOT TRY ...

Bubble & Squeak: (Alternative) *with smoked salmon & eggs*

Frozen Bubble & Squeak F 119858	1x1kg
British Lion Free Range Poached Egg C 127620	1x24
Oat Smoked Salmon Slices C 71082	1x900g

Bubble & Squeak: *with ham & egg*

Pre-fried Sliced Onions F 4797	1x1.5kg
Brakes Shredded Savoy Cabbage F 4771	1x1.5kg
British Lion Free Range Poached Egg C 127620	1x24
Brakes Diced potato F 3957	1x2.5kg
Brakes Pulled Ham Hock C 110768	2x500g

... OR WHY NOT TRY ...

Bubble & Squeak: (Alternative) *with ham & egg*

Frozen Bubble & Squeak F 119858	1x1kg
British Lion Free Range Poached Egg C 127620	1x24
Brakes Pulled Ham Hock C 110768	2x500g

SUPER QUICK AND EASY TO PREPARE



Tater Tot Pot:
Chorizo & spicy cheese

Spanish Chorizo Slices C 70307	6x300g
Brakes Grated Tex Mex Cheese C 112831	1x1kg
Mini Hash Brown Potato Puffs F 120087	1x1kg
Brakes Baked Beans A 15136	1x840g

Tater Tot Pot:
Mac n' cheese

Heinz Macaroni Cheese A 894	1x405g
Brakes Monterey Jack Cheese Slices C 15775	1x1kg
Mini Hash Brown Potato Puffs F 120087	1x1kg
Brakes Baked Beans A 15136	1x840g



Tater Tot Pot:
Chorizo & garlic chicken

Chicken Chunks F 30011	1x2kg
Spanish Chorizo Slices C 70307	6x300g
Hudsons Garlic Mayonnaise A 109439	1x1ltr
Mini Hash Brown Potato Puffs F 120087	1x1kg
Brakes Baked Beans A 15136	1x840g



Pork Belly & Quinoa

Brakes Cooked Pork Belly Bites

F 58336 1x2kg

Brakes Black Rice, Quinoa & Ginger Salad

C 112411 1x1kg

Spicy Bean

Brakes Baked Beans

A 15136 1x840g

Chorizo

C 70307 3x300g

Sweet Chilli Sauce

A 86972 1x1ltr

Brakes Grated Tex Mex Cheese

C 112831 1x1kg

Cheesy Bean

Brakes Baked Beans

A 15136 1x840g

Brakes Sweet Chilli Sauce

A 86972 1x1ltr

Brakes Grated Tex Mex Cheese

C 112831 1x1kg



**GREAT FOR
VEGANS**

Pearl Barley Layered Pot (VE)

Carrots

C 450693 1x2kg

Brakes Pearl Barley

A 562 1x3kg

Cucumber

C 10230 1x1

Balsamic Dressing

A 17410 1x1ltr

Salad Mix

C 103557 1x250g

Lentil Layered Pot (VE)

Carrots

C 450693 1x2kg

Brakes Green Lentils

A 6039 1x3kg

Classic Vinaigrette

A 17408 1x1ltr

Cucumber

C 10230 1x1

Salad Mix

C 103557 1x250g

Layered Chicken & Grain

Carrots C 450693	1x2kg
Red Quinoa A 109629	1x1kg
Classic Vinaigrette A 17408	1x1ltr
Cucumber C 10230	1x1
Salad Mix C 103557	1x250g
Brakes Cooked Chicken Breast Strips F 30137	1x2.5kg

Lentil, Paneer & Spinach

Brakes Green Lentils A 6039	1x3kg
Baby Leaf Spinach C 10428	1x250g
Brakes Katsu Curry Sauce A 109271	1x2.2kg
Paneer C 110930	1x1kg



BREAKFAST

ALL DAY POTS



Enterprise House, Eureka Business Park, Ashford, Kent,

TN25 4AG tel: 01233 206000

www.brake.co.uk

Generic FTG10/18