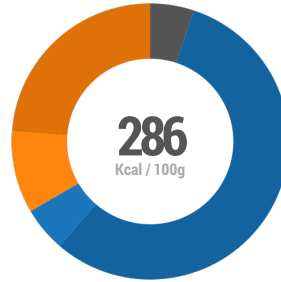


Indulgent Hot Chocolate

By Oliver Lloyd from Brakes

Overview ...

U / 6631229



CALORIES:

61.5% Carbs

5.1% Protein

33.4% Fat

Food Labelling...

Serves 1

CONTAINS:



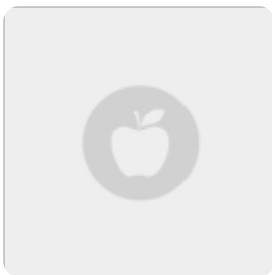
MLK

Recipe Ingredients ...

Recipe Ingredients ...	Quantity:	Description:
107476 Brakes Instant Hot Chocolate Drink - BRAKES	40g	0.04x Each
18502 Brakes UHT Aerosol Cream - BRAKES	20g	0.24x Each
118676 Brakes Mini Pink and White Marshmallows - BRAKES	20g	0.04x Each
16296 Brakes Toffee Sauce - BRAKES	10g	0.01x Each
135500 Cadbury Flake Pieces	15g	
70325 Brakes Fresh Whole Milk - BRAKES	40ml	0.02x Each

Products / Pack Sizes ...

1 Serving



Product code

Barcode

145g / 417kcal

Number of servings

Net pack weight

Cooking Instructions & Notes

Method:

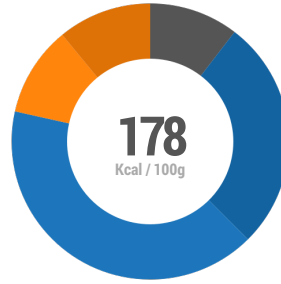
1. Prepare the hot chocolate drink as per instructions with boiling water - whisk in the milk for extra richness.
2. Pour into a suitable mug and add half the marshmallows.
3. Top with the cream and garnish with the other half of marshmallows.
4. Finally finish with toffee sauce and crushed chocolate flake.

Chocolate Porridge

By Oliver Lloyd from Brakes

Overview ...

U / 6708731



CALORIES:

68.1% Carbs

10.4% Protein

21.5% Fat

Food Labelling...

Serves 1

CONTAINS:



OATS



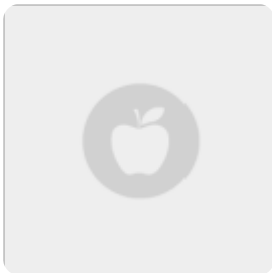
MILK

Recipe Ingredients ...

Recipe Ingredients ...	Quantity:	Description:
100326 Brakes Medium Oatmeal - BRAKES	60g	0.02x Each
107476 Brakes Instant Hot Chocolate Drink	30g	
70219 Brakes Fresh Whole Milk - BRAKES	100ml	0.04x Each
131295 Blackberries	20g	
131293 Raspberries - BRAKES	20g	0.1x Each
131292 Blueberries - BRAKES	20g	0.1x Each

Products / Pack Sizes ...

1 Serving



Product code

Barcode

250g / 460kcal

Number of servings

Net pack weight

Cooking Instructions & Notes

Method:

1. In a pan over a medium heat mix together the milk with an equal quantity of water, then add the oats.
2. Stir well and then add the hot chocolate.
3. Cook the porridge until the desired consistency is reached - add more liquid if required.
4. Spoon into a suitable dish, garnish with the berries and dust with a little of the chocolate powder.