

# PPE

## PERSONAL PROTECTIVE EQUIPMENT

Protecting your employees

Your guide to...

WHEN TO USE PPE

FACE COVERINGS

GLOVES

PRODUCT SUGGESTIONS



# PPE

## PERSONAL PROTECTIVE EQUIPMENT

### Inside this guide

WHEN TO USE PPE	2
FACE COVERINGS	3
GLOVES	4
PRODUCT SUGGESTIONS	5

## Protecting your employees

As businesses begin to reopen, employers will need to consider their employees' PPE requirements.

In many instances, maintaining social distancing, good hand hygiene and other basic precautions will be sufficient to allow you to work, however, some workplaces will have a higher risk and therefore Government advice should be followed.

Employers have a duty to consult their employees on health and safety; also to reduce workplace risk to the lowest reasonably practicable level by taking preventative measures (as advised by Gov.uk)

Making the workplace safe includes providing instructions, procedures, training and supervision to encourage people to work safely and responsibly.

PPE will help to reduce risks.

## When to use PPE

It is important that employees know why they need PPE and are trained to use it correctly. Otherwise it is unlikely to protect as required.

- Does it fit correctly?
- How does the wearer feel? Is it comfortable?
- Are all items of PPE compatible?
- Does PPE interfere with the job being done?
- Does PPE introduce another health risk, eg overheating, entanglement with machinery?
- If PPE needs maintenance or cleaning, how is it done?

When employees find PPE comfortable they are far more likely to wear it.

Source [www.hse.gov.uk/cosHH/basics/ppe.htm](http://www.hse.gov.uk/cosHH/basics/ppe.htm)  
<https://www.hse.gov.uk/toolbox/ppe.htm>

At Brakes, we offer a range of face coverings, gloves and other essential products to help protect you and those around you.



## Face coverings

A face covering can be very simple and may be worn in enclosed spaces where social distancing isn't possible. It just needs to cover your mouth and nose.

Wearing a face covering is optional and is not required by law, including in the workplace. If you choose to wear one, it is important to use face coverings properly and wash your hands before putting them on and taking them off.

Employers should support their workers in using face coverings safely if they choose to wear one. This means telling workers:

- wash your hands thoroughly with soap and water for 20 seconds or use hand sanitiser before putting a face covering on, and after removing it
- when wearing a face covering, avoid touching your face or face covering, as you could contaminate them with germs from your hands
- change your face covering if it becomes damp or if you've touched it
- continue to wash your hands regularly
- change and wash your face covering daily
- if the material is washable, wash in line with manufacturer's instructions. If it's not washable, dispose of it carefully in your usual waste
- practise social distancing wherever possible



**1**  
Before putting on a mask, wash hands with alcohol-based hand sanitiser or soap and water



**2**  
Cover mouth and nose with mask and make sure there are no gaps between your face and the mask. Avoid touching the mask while using it; if you do, clean your hands with alcohol-based hand sanitiser or soap and water



**3**  
Replace the mask with a new one as soon as it is damp and do not re-use single-use masks



**4**  
To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; wash hands with alcohol-based hand sanitiser or soap and water

Source: The World Health Organisation (WHO)





## Gloves

In some settings, wearing gloves will be mandatory; you may also wish to use them as a precaution. Remember that although gloves provide an extra barrier between your skin and the virus, they won't give you absolute protection.



## Which gloves to choose

Disposable gloves come in various materials, each suitable for particular applications.

### VINYL

- For light to medium tasks; a closer fit gives improved dexterity

### LATEX

- Ideal for single use, light to medium duty; remember that some people may be allergic to latex

### NITRILE

- Suitable for medium to heavy tasks, and ideal for those with a latex allergy

### POLYTHENE

- Great value single-use gloves for basic protection

Whichever gloves you choose, you should always

- Check for splits and holes before use
- Avoid washing or reusing disposable gloves
- Remove gloves before touching high-contact surfaces and objects like door handles, to avoid contamination
- Check the Materials Data Sheet before using any cleaning product to see whether gloves are required

## Suggested PPE products

### FACE PROTECTION

102430	<b>① Safety Goggles</b>	1 x 1
132303	<b>② Type IIR Disposable Face Covering</b>	1 x 50
132247	<b>Enviro Vizor Plastic Face Visor</b>	10 x 10
132416	<b>Bloc Face Shield Self Assembly Kit</b>	1 x 70

### GLOVES

119328	<b>Blue Rubber Gloves Small</b>	1 x 12
119329	<b>Blue Rubber Gloves Medium</b>	1 x 12
119330	<b>Blue Rubber Gloves Large</b>	1 x 12
1549	<b>Polythene Gloves Medium</b>	1 x 100
2957	<b>Polythene Gloves Large</b>	1 x 100
122911	<b>Blue Nitrile Powder Free Gloves Medium</b>	1 x 200
122912	<b>Blue Nitrile Powder Free Gloves Large</b>	1 x 200
29547	<b>Blue Powder Free Vinyl Gloves Medium</b>	1 x 100
29548	<b>Blue Powder Free Vinyl Gloves Large</b>	1 x 100
104466	<b>Blue Vinyl Gloves Powder Free Extra Large</b>	1 x 100
26090	<b>Clear Vinyl Gloves Powder Free Medium</b>	1 x 100
26089	<b>Clear Vinyl Gloves Powder Free Large</b>	1 x 100

8932	<b>Blue Vinyl Gloves Small</b>	1 x 100
86518	<b>Blue Vinyl Gloves Medium</b>	1 x 100
86519	<b>Blue Vinyl Gloves Large</b>	1 x 100
86520	<b>Blue Vinyl Gloves Extra Large</b>	1 x 100
85547	<b>Clear Vinyl Gloves Medium</b>	1 x 100
85549	<b>Clear Vinyl Gloves Large</b>	1 x 100
106697	<b>Red Rubber Gauntlet Gloves</b>	1 x 1
29587	<b>Rubber Gauntlet Gloves 17"</b>	1 x 1
21935	<b>Rubber Gauntlet Gloves 24"</b>	1 x 1

### APRONS

86517	<b>③ Blue Polythene Apron</b>	1 x 100
28887	<b>White Polythene Apron</b>	1 x 100
106934	<b>Red Rubber Apron</b>	1 x 1

### FIRST AID

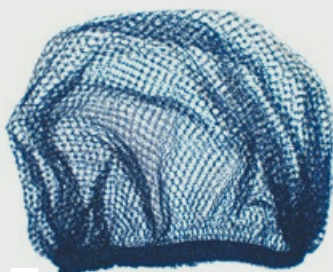
129529	<b>④ Blue Assorted Plasters</b>	1 x 150
110706	<b>First Aid Kit 50 person - all blue</b>	1 x 1
127384	<b>Burns Kit in Compact Box</b>	1 x 1
110707	<b>First Aid Double Eyewash Station</b>	1 x 1



## Suggested cleaning and janitorial products

HAIRNETS		
86515	1 Blue Hairnet	1 x 100
86516	White Hairnet	1 x 100
555687	Non Woven Beard Mask	1 x 100
FOOT PROTECTION		
101273	2 Over Shoes 16"	1 x 100
HATS		
86514	White Mob Cap	1 x 100
28884	Chefs Forage Caps	1 x 100
28885	Chefs Toque Hat 27cm	1 x 50
86508	3 Black Skull Cap	1 x 50

UNIFORMS		
88447	4 Brakes Short Sleeve Jacket Small 91/96 cm	1 x 1
88448	Brakes Short Sleeve Jacket Medium 101cm	1 x 1
88449	Brakes Short Sleeve Jacket Large 111cm	1 x 1
88457	Brakes Black Trousers Small 71/76cm	1X1
88458	5 Brakes Black Trousers Medium 81/86cm	1 x 1
88459	Brakes Black Trousers Large 91/96cm	1 x 1
OVEN CLOTHS		
125147	Double Pocket Oven Glove	1 x 1
85268	6 Oven Cloth Herringbone	1 x 1



1



2



3



4



5



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**REOPENING PPE (PERSONAL PROTECTIVE EQUIPMENT)**

## NOTES



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