

YOUR PLANT BASED SOLUTION SUPPLIER

A range of products suitable for vegetarians and vegans to help you add simple, plate-ready dishes to your menu, or substitute core ingredients or components to create delicious recipes to meet your customers' requirements.



YOUR PLANT BASED SOLUTIONS SUPPLIER

With more and more customers choosing to follow a plant-based diet, we've pulled together a range of products suitable for vegetarians and vegans to help you add simple, plate-ready, prepared solutions to your menu straight from the freezer.

It also includes plant-based alternatives to core ingredients and components to make creating delicious recipes easier. We work closely with specialist manufacturers and suppliers to develop or source products that deliver great taste, consistency and menu appeal, whatever your budget and kitchen skill levels.



Why choose Brakes?

- Range includes products from dynamic new brands like Moving Mountains®, THIS Isn't®, Meatless Farm® and OOMPH!®, as well as established names such as Linda McCartney® and Quorn® your customers will know and trust.
- Extensive range of plant-based alternatives, including vegan pastry products and ready-to-use pizza bases, to give your chefs full creative freedom
- Fully-prepared products, including dumplings, gyozas, samosas and spring rolls make it easy to serve great meat-free starters and centre-of-plate options
- Snacking pastry selection includes our amazing vegan sausage rolls and Cornish pasties, which are proven favourites even among meat-eaters!

CONTENTS
CHEF RECOMMENDS

SOLUTIONS

COMPONENTS

BRAKE.CO.UK

CHEF RECOMMENDS

Below is a collection of products our chefs use regularly to demonstrate how easy it is to create and serve delicious plant based dishes using our extensive range of ingredients components and fully prepared solutions. Plant based products are becoming evermore popular with diners . Our chefs are proud to put these products in front of customers and we believe you will be too.

CODE NAME PACK SIZE

MAIN COURSE SOLUTIONS

F 128415 **1 Brakes Sweet Potato, Cashew & Apricot Chutney Tart** 18 x 220g

Winner of the Free-From (Savoury) category in the Food Quality Awards, November 2019. A gluten-free shortcrust tart with a combination of sweet potato, cashew nuts and apricot chutney, topped with crunchy seeds and nuts. Perfect for busy kitchens looking for a delicious prepared vegan centre of plate option.

F 126219 **2 Brakes Sundried Tomato Savoury Torte** 10 x 200g

A delicious vegan and gluten-free torte. A crunchy sunflower seed base topped with vegan cream cheese, flavoured with sundried tomatoes and finished with a sundried tomato for decoration. A fantastic option for starters or centre of plate.

F 128406 **3 Brakes Vegan Cottage Pie** 12 x 350g

An individual portion of vegan and gluten-free cottage pie filled with green lentils, sweet potatoes, carrots and swede in a seasoned tomato based sauce and topped with crushed new potatoes and chives for a point of difference. The perfect vegetarian/vegan menu addition that is packed with flavour. Delivered frozen in individual portions for ease of cooking and service.

F 119636 **4 Brakes Moroccan Style Cauliflower Roulade with Chickpea Chutney** 16 x 130g

Produced in a dedicated gluten-free environment – and also dairy-free!. Delivered frozen.

QUICK SERVICE SOLUTIONS

F 129445 **5 Brakes 6" Unbaked Vegan Sausage Roll** 50 x 120g

Light puff pastry wrapped around a seasoned soys filling. Ready to bake

PASTRY

F 4301 **6 Brakes Puff Pastry Squares** 1 x 96

These convenient and pre-cut puff pastry squares are ideal for making turnovers and slices. Recipe ideas are limitless! Whether you want to produce food on the go such as vegetable curry turnovers or top end mini salmon en croute, this pastry is the canvas to create delicious food. We all know pastry is notoriously difficult and time consuming, so save time in the kitchen by using Brakes' ready to bake components. To top it off, all of our Brake branded raw pastry products just happen to be vegan and are produced using responsibly sourced palm oil (RSPO), making them the perfect base component for creating unique vegan dishes in house that boost your menu appeal!

PLANT BASED ALTERNATIVES

F 125727 **7 Moving Mountains Plant-Based Burger** 20 x 113g

Using only plant-based and natural ingredients, Moving Mountains have created an entirely meat free burger whilst replicating the succulence and appearance of a real meat burger. Its meat-like texture is made simply through a process of extruding whole plant-based ingredients including mushrooms, pea, coconut oil and beetroot. It sizzles and browns like a real beef burger, just shallow fry from frozen for 6-7 minutes, turning regularly!

F 129097 **8 Linda McCartney Vegetarian Shredded Hoisin Duck** 6 x 300g

Seasoned shredded vegetarian hoisin duck made with rehydrated textured soya and wheat protein

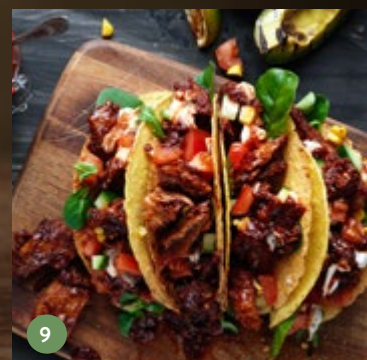
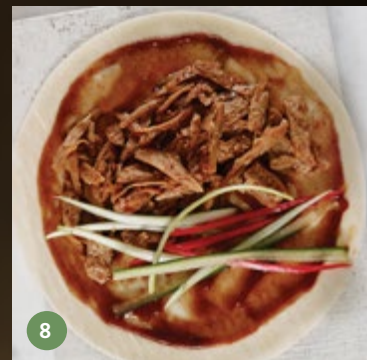
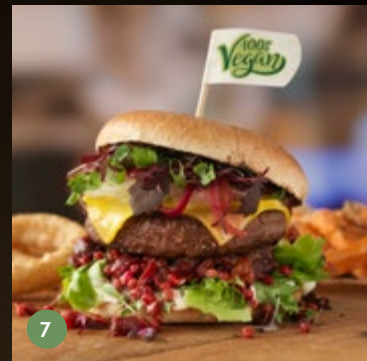
F 128103 **9 Pulled Oumph!** 1 x 1kg

Oumph! is a soy based protein, meat alternative with a unique "meaty" texture. Pulled Oumph! Is lightly dressed with a smokey sweet bbq sauce and is pan ready.

FREE FROM INGREDIENTS

A 126922 **10 Sacla Vegan Tomato Pesto** 1 x 950g

Free From Tomato Pesto recipe cleverly swaps cheese with tofu, so it's suitable for vegans. It's great for anyone avoiding dairy or someone searching for gluten-free Pesto too.



SOLUTIONS



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CODE	NAME	PACK SIZE
SMALL PLATES & BUFFET		
F 129076	1 Brakes Patatas Bravas	12 x 300g
F 131489	2 The Authentic Food Co Celebration Indian Selection	3 x 20 x 30g
F 129080	Gosh! Beetroot Falafel Bites	2 x 700g (22g ea)
F 129174	Gosh! Sweet Potato Falafel Bites	2 x 700g (22g ea)
F 460392	The Authentic Food Co. Vegetable & Spinach Pakora	50 x 30g
F 4062	Brakes 60 Mini Indian Savoury Selection	60 x 15g
F 3000	Brakes Onion Bhajis	35 x 27g
F 3001	Brakes Vegetable Samosas	18 x 40g
F 31946	3 Brakes Vegetable Pakoras	40 x 27g
F 34225	Daloon Vegetable Samosas (2.8kg)	40 x 70g
F 34226	Daloon Vegetable Mini Samosas 2.4kg	80 x 30g
F 34373	Brakes Mixed Samosa Selection	72 x 20g
F 3556	Brakes Vegetable Samosas	40 x 63g
F 3861	Brakes Mini Vegetable Samosas	80 x 27g
F 461071	4 Authentic Indian Mini Onion Bhajis	50 x 30g
F 31844	Brakes Falafel	40 x 25g
F 32293	5 Brakes Sweet Potato Curry Bites	96 x 18g
F 33310	6 Brakes Vegetable Dim Sum	1 x 48
F 129001	Ajinomoto Vegetable Gyoza	30 x 20g
F 34227	Daloon Vegetable Mini Spring Rolls (1.8kg)	90 x 20g
F 3928	Brakes Mini Vegetable Spring Rolls	90 x 18g



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Brakes Falafel

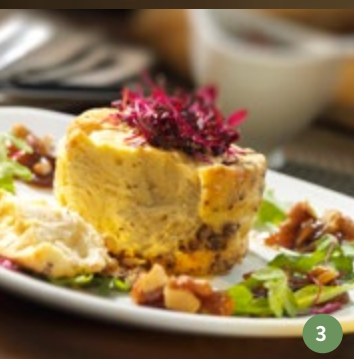
SOLUTIONS – CONTINUED



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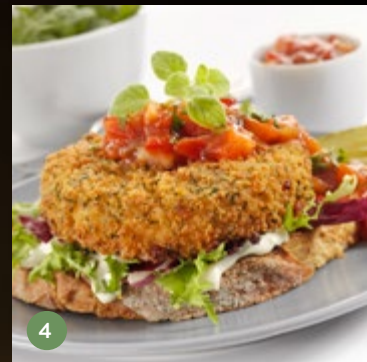


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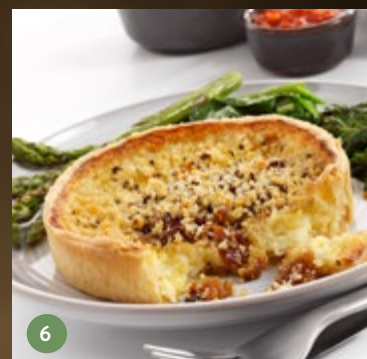
CODE	NAME	PACK SIZE
QUICK SERVICE SOLUTIONS		
F 129395	Danora Vegan Spicy Mexican Style Panini	1 x 18
F 129435	1 Brakes Roasted Sweet Potato Katsu Curry Meal Pot	12 x 250g
F 129371	Proper Cornish Vegan Pasty	1 x 20
F 3623	2 Brakes Unbaked Vegetable Pasties	22 x 155g
F 126255	Brakes Moroccan Style Tomato & Chickpea Pies	12 x 230g
F 131059	Chicago Town Takeaway Vegan Sticky BBQ Jackfruit Medium Pizza	1 x 10
F 56787	Linda McCartney Vegetarian Sausage Rolls	50 x 57g
F 128904	Proper Cornish 6" Vegan Roll	1 x 50
STARTERS & MAIN COURSES		
F 33680	3 Brakes Blacksticks Blue Cheese & Walnut Soufflés	16 x 115g
F 122507	4 Brakes Cauliflower, Kale & Ford Farm Oak Smoked Cheddar Burger	20 x 115g
F 34461	Brakes Somerset Brie & Asparagus Cheesecakes	12 x 100g
F 31224	5 Brakes Caramelised Red Onion & Goats Cheese Filo Tarts	8 x 195g
F 31837	Brakes Mushroom, Brie, Rocket & Redcurrant Filo Bundles	8 x 200g
F 121336	KK Gluten Free Butternut, Brie & Beetroot tart	18 x 220g
F 33895	Brakes Somerset Brie & Beetroot Tarts	12 x 275g
F 122525	6 Brakes Camembert, Fig & Onion Tart	12 x 250g
F 122505	Brakes Beetroot & Red Onion Tarte Tartin	12 x 210g
F 128414	Brakes Cauliflower & Cashew Sauce Wellington	12 x 214g
A 128411	Brakes Carrot & Cashew Wellington with Spiced Marmalade	12 x 210g
F 32977	Brakes Stilton, Peppered Mushroom Onion Vegetable Suet Puddings	6 x 340g
F 461493	Authentic Indian Sweet Potato & Chick Pea Curry	12 x 350g



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Brakes Moroccan Style
Tomato & Chickpea Pies

COMPONENTS



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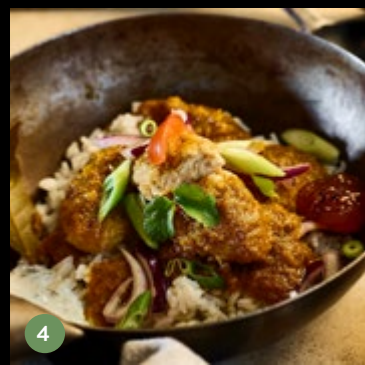


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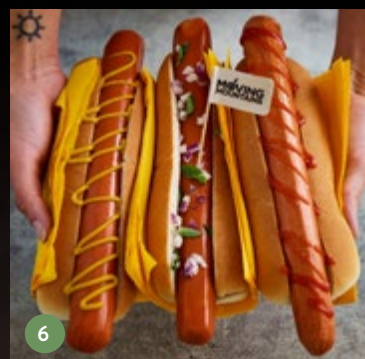
CODE	NAME	PACK SIZE
BURGER ALTERNATIVES		
F 128417	Quorn Ultimate Burgers	18 x 227g
F 129002	The Meatless Farm Co. Plant-based Burgers	36 x 113g
F 129666	1 Garden Gourmet Incredible Burger	62 x 113g
F 30116	Linda McCartney Vegetarian Quarter Pounder	24 x 113g
F 30507	Brakes Crispy Crumbed Vegetable Burgers	30 x 57g
F 30671	Brakes Crispy Crumbed Vegetable Quarter Pounders	24 x 113g
F 122506	2 Brakes Beetroot Red Pepper & Quinoa Burger	24 x 130g
F 4029	Brakes Spicy Bean Burgers	18 x 100g
F 127622	Beyond Meat Plant Based Vegan Burger	1 x 42
F 34053	3 Brakes Falafel & Spinach Burgers	24 x 113g
NUGGET & GOUJON ALTERNATIVES		
F 131056	THIS Isn't Chicken Goujons	1 x 3kg
F 131645	4 Quorn Southern Fried Vegan Nuggets	1 x 1kg
F 3732	5 Brakes Vegetable Nuggets	2 x 1kg (105-125)
SAUSAGE ALTERNATIVES		
F 129633	The Meatless Farm Co. Plant-based Sausages	18 x 50g
F 130633	Moving Mountains Plant-Based Sausage	35 x 57g
F 131342	6 Moving Mountains Plant-based Frankfurter	4 x 5 x 155g
F 30579	Brakes Vegetable Sausages	30 x 50g
C 461386	Linda McCartney Vegetarian Sausages	40 x 45g



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Quorn Ultimate Burgers

COMPONENTS – CONTINUED



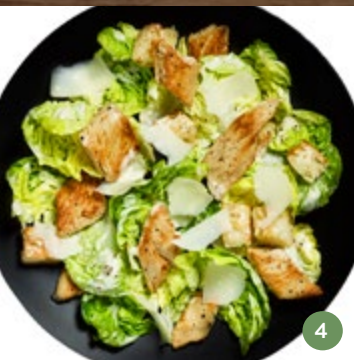
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CODE	NAME	PACK SIZE
MINCE ALTERNATIVES		
F 129634	1 The Meatless Farm Co. Plant-based Mince	1 x 1kg
F 131185	Garden Gourmet® Mince	1 x 2kg
F 4045	Linda McCartney VegeMince	1 x 1kg
NON-MEATBALLS		
F 130516	2 The Meatless Farm Co. Plant-based Cooked Balls	63 x 15g
F 131445	Moving Mountains Meatballs	2 x 1kg
F 32323	Linda McCartney Meat-Free Meatballs	125 x 12g
OTHER MEAT ALTERNATIVES		
F 128534	Linda McCartney Vegetarian Pulled Chicken	6 x 300g
F 131057	THIS Isn't Bacon Rashers	30 x 120g
F 129097	3 Linda McCartney Vegetarian Shredded Hoisin Duck	6 x 300g
F 131055	4 THIS Isn't Salt & Pepper Chicken Pieces	1 x 3kg
PIZZA BASES		
F 129824	Millenium Gluten Free Pizza Base	10 x 210g
F 129078	5 Brakes Vegan Margherita Pizza 10"	10 x 390g
F 55813	1 Rectangle Deep Pan Pizza Bases	1 x 10
F 33827	6 Brakes Stonebaked Pizza Base with Tomato Sauce approx. 10"	1 x 24
F 33835	Brakes 9" Deep Pan Base	1 x 22
F 33839	Brakes 12" Deep Pan Pizza Base	1 x 10
PASTRY		
F 4301	Brakes Puff Pastry Squares	1 x 96
F 4303	Brakes Puff Pastry Sheets	1 x 16
F 4305	Jus-Rol Filo Pastry Sheets	8 x 500g
F 4307	Brakes Oval Puff Pastry Lids	1 x 36
F 4308	7 Brakes Puff Pastry Blocks	1 x 4
F 4309	Brakes Shortcrust Pastry Blocks	1 x 4
F 460609	Jus-Rol Puff Pastry Sheets 7.5kg	12 x 625g
F 460653	Jus-Rol 96 Puff Pastry Rounds	96 x 54g
F 460654	Jus-Rol Shortcrust Pastry Block	4 x 1.5kg
F 461017	Jus-Rol Puff Pastry Ovals 5.7kg	96 x 60g
F 461113	Jus-Rol Puff Pastry Sheets 6kg	12 x 500g
F 461174	Jus-Rol Puff Pastry Block 1.5kg	4 x 1.5kg
F 34233	8 3 3/4" King Size Vol au Vent Cases 92mm	1 x 55
F 839	Brakes Puff Pastry Pie Tops	108 x 60g



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