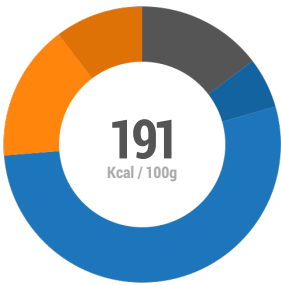


Cheesy chilli beef burrito

Overview ...



CALORIES:
59.1% Carbs
14.7% Protein
26.3% Fat

Food Labelling...

Serves 1

.....

CONTAINS:


WHEAT


MILK


SOYA

MAY CONTAIN:


SESAME

Recipe Ingredients ...	Quantity:	Description:
53880 - 53880 La Boulangerie 12" Fully Baked Flour Tortillas.. - BRAKES	97g	Each
119960 Mexican Guacamole..	30g	
11196 - 11196 Sysco Classic Tomato Salsa (22 Jul 2023).. - BRAKES	30g	Each
112831 - 112831 Sysco Classic Grate Tex Mex Cheese.. - BRAKES	20g	Each
21820 Santa Maria Refried Beans Mild 415g.. - BRAKES	50g	
3797 Brakes Long Grain Rice.. - BRAKES	150g	
129517 Ardo Roasted Corn Mexicana.. - BRAKES	50g	
130089 Sysco Premium Pulled Beef Chilli (22 Jul 2023)..	100g	
134568 Brakes Nacho Cheese Sauce (24 May 2023)..	20g	

Products / Pack Sizes ...

1 Serving



 **Product code**

 **Barcode**

 459g / 899kcal

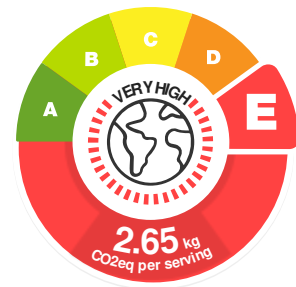
 # 1

Component Grade Contribution

 Food Production

2.65kg

97.0g	53880 La Boulangerie 12" Fully Baked Flour Tortillas	A	0.09kg
30.0g	119960 Mexican Guacamole	B	0.07kg
30.0g	11196 Sysco Classic Tomato Salsa (22 Jul 2023)	B	0.03kg
20.0g	112831 Sysco Classic Grate Tex Mex Cheese	D	0.30kg
50.0g	21820 Santa Maria Refried Beans Mild 415g	A	0.03kg
150g	3797 Brakes Long Grain Rice	B	0.43kg
50.0g	129517 Ardo Roasted Corn Mexicana	A	0.02kg
100g	130089 Sysco Premium Pulled Beef Chilli (22 Jul 2023)	D	1.65kg
20.0g	134568 Brakes Nacho Cheese Sauce (24 May 2023)	B	0.03kg



 Water Usage

19200l

97.0g	53880 La Boulangerie 12" Fully Baked Flour Tortillas	X	-
30.0g	119960 Mexican Guacamole	X	-
30.0g	11196 Sysco Classic Tomato Salsa (22 Jul 2023)	1	4.41l
20.0g	112831 Sysco Classic Grate Tex Mex Cheese	9	188l
50.0g	21820 Santa Maria Refried Beans Mild 415g	10	3426l
150g	3797 Brakes Long Grain Rice	10	15504l
50.0g	129517 Ardo Roasted Corn Mexicana	3	65.7l
100g	130089 Sysco Premium Pulled Beef Chilli (22 Jul 2023)	X	-
20.0g	134568 Brakes Nacho Cheese Sauce (24 May 2023)	2	12.3l



foodprint



74% Data Quality Score

 Your Transport & Packaging:



1 Serving 459g (serves 1)

Preparation:

Defrost tortilla

Defrost guacamole

Heat refried beans to core temperature in a pan or microwave

Heat rice and roasted corn mix together in a pan or microwave until core temperature is achieved

Heat chilli until core temp is achieved

Method:

1. Lay tortilla flat and spread with refried beans and guacamole
2. Add rice followed by cheese, chilli and salsa
3. Finish with cheese sauce
4. Roll, wrap and serve