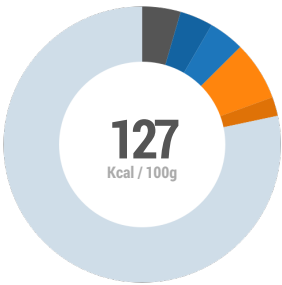


Inca Tomato, Mozzarella and Lentil Salad

Overview ...



WEIGHT:

8% Carbs

4.5% Protein

9.2% Fat

78% Water

Food Labelling...

Serves 1

.....

CONTAINS:

MILK

SULPHITES

MAY CONTAIN:

CELERY

MUSTARD

Recipe Ingredients ...	Quantity:	Description:
136535 Ardo Tricolore Lentil Mix..	35g	0.35x Each
450706 Inca Tomatoes (19 Oct 2023)..	60g	
113879 Herb Bunched Basil..	5g	0.05x Each
10473 Spring Onions Bunch (19 Oct 2023)..	10g	0.1x Each
74817 Pomegranate Seeds (19 Oct 2023)..	5g	0.03x Each
149915 Granarolo Mozzarella Bocconcini..	15g	Each
88386 Brakes Glaze with Balsamic Vinegar of Modena..	5g	
33889 - 33889 Font Oliva Olive Oil.. - BRAKES	10g	
102661 Micro Salad Rocket..	2g	0.07x Eac

Products / Pack Sizes ...

1 Serving

Product code

Barcode

🕒 147g / 196kcal

1

Preparation:

Slice and chop the tomatoes

Slice the spring onion

Defrost the lentils

Cut the mini mozzarella

Pick the basil

Method:

1. In a bowl mix together the tomatoes, lentils, spring onion and basil with the olive oil and balsamic.
2. Spoon onto a suitable dish.
3. Place the mozzarella around the salad, finish with pomegranate and micro rocket - serve!