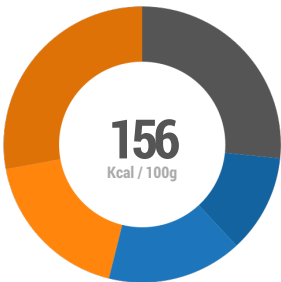


Loaded cheesy tuna jackets

Overview ...



CALORIES:
27.3% Carbs
26.6% Protein
46.1% Fat

Food Labelling...

Serves 1

.....

CONTAINS:


MILK



FISH



SULPHITES


| Recipe Ingredients ... | Quantity: | Description: |
|---|-----------|--------------|
| 133524 Brakes Essentials Tuna Flakes in Brine.. | 50g | 0x Each |
| 118707 Cooked New Potatoes (19 Oct 2023).. | 100g | 0.1x Each |
| 112826 Brakes Grated Monterey Jack (24 May 2023).. | 40g | 0x Each |
| 86274 Brakes Caramelised Red Onion Chutney.. - BRAKES | 20g | 0x Each |
| 15946 Brakes Crème Fraîche.. - BRAKES | 20g | 0x Each |
| 113880 Premium Large Chives Bunch (19 Oct 2023).. | 5g | 0.1x Each |
| 148955 Radish (19 Oct 2023).. | 2g | 0x Each |
| 113885 Herb Bunched Coriander (19 Oct 2023).. | 5g | 0.1x Each |


Products / Pack Sizes ...


1 Serving



 **Product code**

 **Barcode**

 **242g** / **382kcal**

 **# 1**

Component

Grade

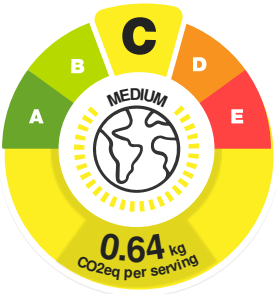
Contribution



Food Production

0.64kg

| | | | |
|-------|--|---|--------|
| 50.0g | 133524 Brakes Essentials Tuna Flakes in Brine | B | 0.11kg |
| 100g | 118707 Cooked New Potatoes (19 Oct 2023) | A | 0.06kg |
| 40.0g | 112826 Brakes Grated Monterey Jack (24 May 2023) | D | 0.34kg |
| 20.0g | 86274 Brakes Caramelised Red Onion Chutney | B | 0.03kg |
| 20.0g | 15946 Brakes Crème Fraîche | C | 0.09kg |
| 5.00g | 113880 Premium Large Chives Bunch (19 Oct 2023) | A | 0.00kg |
| 2.00g | 148955 Radish (19 Oct 2023) | A | 0.00kg |
| 5.00g | 113885 Herb Bunched Coriander (19 Oct 2023) | B | 0.01kg |



Water Usage

1388l

| | | | |
|-------|--|----|-------|
| 50.0g | 133524 Brakes Essentials Tuna Flakes in Brine | 1 | 4.40l |
| 100g | 118707 Cooked New Potatoes (19 Oct 2023) | 10 | 1119l |
| 40.0g | 112826 Brakes Grated Monterey Jack (24 May 2023) | 6 | 145l |
| 20.0g | 86274 Brakes Caramelised Red Onion Chutney | X | - |
| 20.0g | 15946 Brakes Crème Fraîche | 6 | 76.8l |
| 5.00g | 113880 Premium Large Chives Bunch (19 Oct 2023) | X | - |
| 2.00g | 148955 Radish (19 Oct 2023) | 2 | 1.57l |
| 5.00g | 113885 Herb Bunched Coriander (19 Oct 2023) | 9 | 41.4l |



foodprint



88% Data Quality Score



Your Transport & Packaging:



1 Serving 242g (serves 1)

Preparation:

Finely chop the chives

Finely slice the radish

Pick the coriander

Method:

1. Place the potatoes on a tray and put into the oven at 200oC for 5 minutes or until the skins are crisp
2. Mix together the cheese, chutney and tuna
3. In a separate bowl mix the chives and crème fraiche
4. Cut or score the potatoes and place into a gratin dish
5. Spoon the tuna mix over the potatoes
6. Place the dish back into the oven at 200oC for 3 mins
7. Garnish the dish with the chive crème fraiche, picked coriander and radish - serve