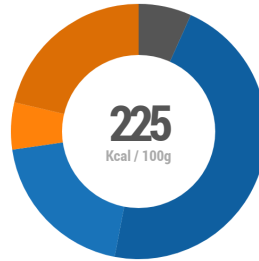
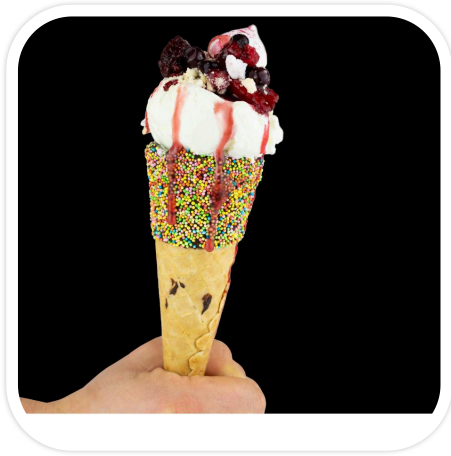


Pavlova ice cream waffle cone (website)

OVERVIEW ...



CALORIES:

66% Carbs

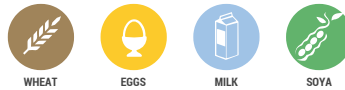
6.7% Protein

27.3% Fat

FOOD LABELLING...

Serves **1**

CONTAINS:



RECIPE INGREDIENTS ...

QUANTITY:

DESCRIPTION:

METHOD:

134284 Flower & White Rainbow Fruit Meringue Kisses.. - BRAKES

134284 MERINGUE KISSES

10g

0.1 x Each

N/A

261 Sysco Essentials White Vanilla Flavour Ice Cream.. - BRAKES

261 ICE CREAM

75g

0.05 x Each

unchanged

4111 Brakes Fruits of the Forest..

FRUITS OF THE FOREST

20g

unchanged

88422 Raspberry Decorating Coulis.. - BRAKES

88422 RASPBERRY DECORATING COULIS

5ml

0.01 x Each

N/A

150205 Nic Ice Springle Dipped Waffle Cone.. - BRAKES

150205 SPRINGLE DIPPED WAFFLE CONE

31g

1 x Each

N/A

PRODUCTS / PACK SIZES ...

1 Serving



🕒 141g / 319kcal

1.0

COOKING INSTRUCTIONS & NOTES

METHOD

Preparation:

Crush the meringue
Defrost the berries

Method:

1. Scoop the ice cream into the cone and leave an indent to place the berries and crushed meringue into.
2. Spoon on the berries and meringue
2. Drizzle with raspberry coulis - serve immediately!