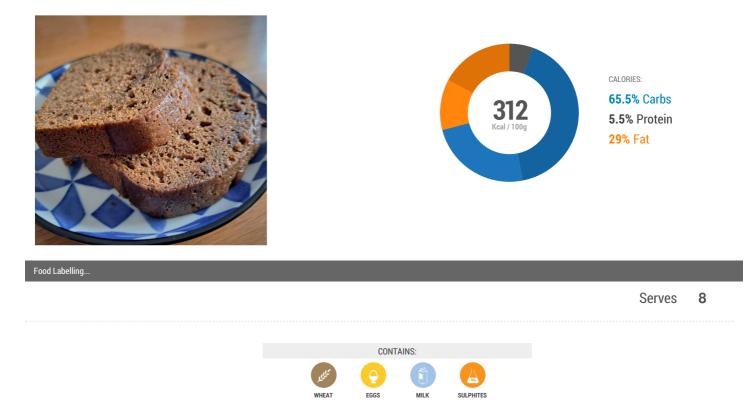
Sticky Jamaican Ginger Loaf Cake

Overview ...



Recipe Ingredients	Quantity:	Description:
350091 Brakes Plain Flour	200g	0.07x Each
33583 Sysco Classic Ground Ginger (22 Jul 2023)	20g	0.04x Each
33581 Sysco Classic Ground Cassia Cinnamon (22 Jul 2023)	6g	0.01x Each
33710 Sysco Classic Ground Mixed Spice (22 Jul 2023)	6g	0.01x Each
2063 - 2063 Noel's Chinese Stem Ginger in Syrup 1.05kg BRAKES	80g	0.08x Each
33596 Sysco Classic Bicarbonate of Soda (22 Jul 2023)	3.8g	0x Each
70219 - 70219 Brakes Fresh Whole Milk BRAKES	125ml	0.06x Each
314 - 314 Lyle's Black Treacle 7.257kg BRAKES	85g	0.01x Each
26941 - 26941 Brakes Golden Syrup BRAKES	85g	0.01x Each
350103 - 350103 Tate & Lyle Mississippi Inspired Dark Soft Brown Cane Sugar 3kg BRAKES	85g	0.03x Each
71128 - 71128 Brakes Salted Butter BRAKES	85g	0.34x Each
105674 - 105674 Brakes 15 Dozen British Fresh Free Range Large Eggs BRAKES	57g	1 x Each

Products / Pack Sizes ..

1 Serving



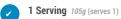
Sustainability & Foodprint...

Cool Production 3 0.24kg 200g 350091 Brakes Plain Flour 3 0.24kg 20.0g 35583 Syace Classic Ground Ginger (22 Jul 2023) 3 0.00kg 6.00g 3710 Syace Classic Ground Mixed Spice (22 Jul 2023) 4 0.00kg 6.00g 3710 Syace Classic Ground Mixed Spice (22 Jul 2023) 4 0.00kg 8.0.0g 2063 Noel's Chinese Stem Ginger in Syrup 1.05kg 3 0.00kg 3.75g 3596 Sysce Classic Bicarbonate of Soda (22 Jul 2023) 4 0.00kg 8.5.0g 14 Lyle's Black Treacle 7.257kg 6 0.03kg 8.5.0g 350103 Tate & Lyle Mississippi Inspired Dark Soft Brown Ca. 0.08kg 8.5.0g 1128 Brakes Salted Butter 0 0.20kg 8.5.0g 3596 Sysce Classic Ground Ginger (22 Jul 2023) 1 3.02kg 9 200g 3593 Sysce Classic Ground Cassia Cinnamon (22 Jul 2023) 1 3.02kg 8.5.0g 3128 Brakes Salted Butter 0 0.20kg 3.02kg 9 3591 Sysce Classic Ground Cassia Cinnamon (22 Jul 2023) 1 3.02kg 3.02kg 9 3581 Sysce Classic Ground Cassia Cinnamon (22 Jul 2023)	Component		Grade	Contribution
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Your Transport & Packaging:



Preparation:

Preheat the oven to 160oC Finely chop the stem ginger - retain 3 tablespoons of syrup for the glaze. Grease and line a 2lb loaf tin

Method:

1. Sift the flour and spices into a bowl, mix well.

2. Add the finely chopped stem ginger and toss to coat (this will help to stop the pieces sinking to the bottom when you bake).

- 3. Mix the bicarbonate of soda with the milk in a separate bowl or jug.
- 4. Heat the treacle, golden syrup, sugar, salt and butter over a low heat, stirring regularly, until melted.
- 5. Add this to the flour and beat vigorously until smooth.
- 6. Beat in the egg and then whisk in the milk until you have a smooth batter.
- 7. Pour the batter mix into the greased/lined loaf tin.
- 8. Bake in the oven for 1hr covering with foil for the last 30mins.
- 9. Remove from the oven and brush with the stem ginger syrup.
- 10. Allow to cool in the tin for 24hrs for the flavours to develop.
- 11. Slice and serve as required.

| Generated by Nutritics v5.94 on 1st Dec 2023. Last Modified 1st Dec 2023.